

## Step Therapy Programs for Members on the Balanced Drug List

| Drug Category*          | Prescription Drugs within the Category* |                 |
|-------------------------|---|-----------------|
|                         | Non-Specialty Step Therapy              |                 |
| Atypical Antipsychotics | Abilify                                 | Risperdal       |
|                         | Abilify Mycite                          | Risperidone ODT |
|                         | Caplyta                                 | Saphris         |
|                         | Clozapine ODT                           | Secuado         |
|                         | Clozaril                                | Seroquel        |
|                         | Fanapt                                  | Seroquel XR     |
|                         | Geodon                                  | Versacloz       |
|                         | Invega                                  | Vraylar         |
|                         | Lybalvi                                 | Zyprexa         |
|                         | Latuda                                  | Zyprexa Zydis   |
|                         | Rexulti                                 |                 |
| Depression              | Auvelity                                | Paxil           |
|                         | Bupropion ER 450 mg                     | Paxil CR        |
|                         | Celexa                                  | Pexeva          |
|                         | Citalopram                              | Pristiq         |
|                         | Cymbalta                                | Prozac          |
|                         | Desvenlafaxine ER tabs                  | Remeron         |
|                         | Drizalma Sprinkle                       | Remeron SolTab  |
|                         | Effexor                                 | Sertraline      |
|                         | Effexor XR                              | Trintellix      |
|                         | Fetzima                                 | Venlafaxine ER  |
|                         | Fluoxetine 60 mg tabs                   | Viibryd         |
|                         | Fluoxetine delayed release              | Wellbutrin      |
|                         | Forfivo XL                              | Wellbutrin SR   |
|                         | Lexapro                                 | Zoloft          |
| Gabapentin ER           | Gralise                                 | Horizant        |
| Insomnia                | Ambien                                  | Lunesta         |
|                         | Ambien CR                               | Quviviq         |
|                         | Belsomra                                | Rozerem         |
|                         | Dayvigo                                 | Silenor         |
|                         | Edluar                                  | Zolpimist       |
|                         | Intermezzo/ zolpidem                    |                 |
| Methotrexate Injectable | Otrexup                                 | RediTrex        |
|                         | Rasuvo                                  |                 |

| Topical Non-Steroidal | Diclofenac epolamine patch | Licart                          |
|-----------------------|----------------------------|---------------------------------|
| Anti-Inflammatory     | diclofenac solution        | Pennsaid/diclofenac 2% solution |
| Drug                  | Diclofono                  | Voltaren                        |
|                       | Flector                    |                                 |

If you have any questions, call the number listed on your member ID card.

\*Third-party brand names are the property of their respective owners. These programs are subject to change from time to time and additional drugs may be added to the categories listed. These are only examples of drug categories and specific medications for which a step therapy program may be included as part of your prescription drug benefit plan. If your drug is not on the Drug List, you, or your prescribing health care provider, can ask for an exception review. As part of the review, you may have to meet the drug's step therapy program criteria before your request may be approved. To start the review process, you can call the number on your Member ID card or ask your doctor to visit bcbsnm.com/provider.