

Examples of Self-administered Specialty Medications

The following are some conditions that self-administered specialty medications may be used to treat. This list is not all-inclusive and is subject to change.

Visit www.bcbsnm.com for a more complete and up-to-date list.

Condition	Sample Medications**
Blood Modifiers	Aranesp, Epogen, Neulasta, Neupogen, Procrit
Cancer (oral)	Gleevec, Nexavar, Sprycel, Sutent, Tykerb
Growth Hormones	Genotropin, Humatrope, Norditropin, Omnitrope, Tev-Tropin
Hepatitis C	Copegus, Infergen, Intron-A, Pegasys, PegIntron
Multiple Sclerosis	Avonex, Betaseron, Copaxone, Rebif
Rheumatoid Arthritis/Psoriasis	Enbrel, Humira, Kineret, Raptiva

Specialty medications also include drugs for various other conditions including cystic fibrosis, hemophilia, infertility, lung disorders and pulmonary arterial hypertension.



BlueCross BlueShield of New Mexico

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Contact Triessent

To order or transfer a specialty medication, or for more information, call:

Triessent: (888) 216-6710

Monday through Friday, 8 a.m. to 7 p.m. Eastern time

If you have questions about your coverage for self-administered specialty medications, call the Customer Service number on the back of your member ID card.



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To assist members who require self-administered specialty medications, Blue Cross and Blue Shield of New Mexico (BCBSNM) has arranged for a specialty pharmacy program called Triessent[®] *.

Specialty medications are generally prescribed to treat chronic, complex medical conditions, such as multiple sclerosis, hemophilia, hepatitis C and rheumatoid arthritis.

Specialty medications are typically given by injection or infusion, but may be taken by mouth. These drugs often require careful adherence to treatment plans and have special handling or storage requirements and may not be stocked by retail pharmacies.

Support in Managing Your Condition

Through Triessent, you can have your covered specialty medication delivered directly to you, if it is a self-administered drug, or to your doctor's office.

When you choose to obtain your covered specialty medication through Triessent, you receive services designed to help in managing your therapy – at no additional charge – including:

- Coordination of coverage between you, your doctor and BCBSNM
- Convenient delivery of medication to you or your physician's office
- Educational materials about your particular condition and information about managing potential medication side effects
- Syringes, sharps containers and other supplies with every shipment for self-injectable medications
- 24/7/365 customer service phone access

Ordering Through Triessent

Coverage for self-administered specialty medications is usually provided through your prescription drug benefit. To begin using Triessent, call (888) 216-6710. If you currently use a self-administered specialty medication, you can have your existing prescription transferred to Triessent. If you have a new prescription for a self-administered specialty medication, Triessent can provide you further information about submitting the prescription or having your doctor do so.

Triessent is a registered trademark of Prime Therapeutics LLC.

*Triessent is a specialty pharmacy program offered by Prime Therapeutics LLC, a pharmacy benefit management company which also maintains its own mail order pharmacy. Blue Cross and Blue Shield of New Mexico contracts with Prime Therapeutics to provide pharmacy benefit management and mail order pharmacy services and to administer this specialty pharmacy program. The Triessent program uses one or more contracting specialty pharmacies to fill prescriptions and provide certain program services. Blue Cross and Blue Shield of New Mexico, as well as several other independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime Therapeutics.

Please note that some members may not have coverage for self-administered specialty medications. In addition, the list of specialty medications may include drugs that are not covered under your benefit because of specific exclusions. Check your benefit booklet for details, or call the Customer Service number on the back of your member ID card with questions.

Receiving Specialty Medications

Since many specialty medications have unique shipping or handling requirements, all shipments are arranged with you through Triessent. Medications are shipped in plain, secure, tamper-resistant packaging.

Prior to your scheduled refill date, you may be contacted to:

- Confirm your medication, dosage and the delivery location
- Review any prescription changes your doctor may have ordered
- Discuss any side effects you may be experiencing

If you need assistance, you can reach Triessent at (888) 216-6710.

Call Triessent at (888) 216-6710 to order. Have your member ID card and the following information ready:

- Name, address, phone number
- Name of medication
- For existing prescriptions, your current pharmacy's name and phone number, and the prescription number
- Physician's name, phone and fax numbers



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