: Blue Community Silver HMO[™] 204

Coverage for: Individual/Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.bcbsnm.com/bb/ind/bb-shsh32cnninmp-nm-2020.pdf or by calling 1-866-236-1702. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/UG-Glossary-508-MM.pdf or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,100 Individual / \$3,300 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. In-Network Preventive Health, services with a copay, and some <u>prescription drugs</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$8,150 Individual / \$16,300 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	<u>Premiums</u> and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. Please call 1-866-236-1702 or see www.bcbsnm.com.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider in the plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider for the difference between the <u>provider's charge and what your plan pays (balance billing)</u>. Be aware your <u>network provider might use an out-of-network provider for some services (such as lab work)</u>. Check with your <u>provider before you get services</u>.</u>
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

			What You Will Pay			
	Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
		Primary care visit to treat an injury or illness	\$10/visit; <u>deductible</u> does not apply	Not Covered	Virtual Visits: \$10/visit. See your benefit booklet* for details.	
		<u>Specialist</u> visit	50% coinsurance	Not Covered	None	
	<u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge; <u>deductible</u> does not apply	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
	If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Freestanding Facility: 30% <u>coinsurance</u> Hospital: 50% <u>coinsurance</u>	Not Covered	Preauthorization may be required; see your	
If you have a test	Imaging (CT/PET scans, MRIs)	Freestanding Facility: 30% <u>coinsurance</u> Hospital: 50% <u>coinsurance</u>	Not Covered	benefit booklet* for details.		

^{*}For more information about limitations and exceptions, see the \underline{plan} or policy document at $\underline{www.bcbsnm.com/bb/ind/bb-shsh32cnninmp-nm-2020.pdf}$.

	What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Preferred generic drugs (Tier 1)	Retail - Preferred - \$5/prescription Participating - \$10/prescription Mail - \$15/prescription; deductible does not apply	Not Covered	Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. Specialty drugs limited to a 30-day supply. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available.
If you need drugs to treat your illness or condition	Non-preferred generic drugs (Tier 2)	Retail - Preferred - \$15/prescription Participating - \$25/prescription Mail - \$45/prescription; deductible does not apply	Not Covered	
More information about prescription drug coverage is available at www.bcbsnm.com/rx1	(Tier 3)	Preferred - 30% <u>coinsurance</u> Participating - 35% <u>coinsurance</u>	Not Covered	
	Non-preferred brand drugs (Tier 4)	Preferred - 35% <u>coinsurance</u> Participating - 40% <u>coinsurance</u>	Not Covered	
	Preferred <u>specialty drugs</u> (Tier 5)	45% <u>coinsurance</u>	Not Covered	
	Non-preferred <u>specialty drugs</u> (Tier 6)	50% coinsurance	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Freestanding Facility: \$600/visit plus 30% coinsurance Hospital: \$600/visit plus 50% coinsurance	Not Covered	Preauthorization may be required for non-emergency surgery. Abortion is not covered except in limited circumstances. Outpatient Infusion Therapy: Facility \$1,000 Physician in home, office, or infusion suite
	Physician/surgeon fees	\$200/visit plus 50% coinsurance	Not Covered	\$100; see your benefit booklet* for details.

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbsnm.com/bb/ind/bb-shsh32cnninmp-nm-2020.pdf</u>.

	What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need immediate	Emergency room care	Facility: \$1,000/visit plus 50% coinsurance Physician: 50% coinsurance	Facility: \$1,000/visit plus 50% coinsurance Physician: 50% coinsurance	None
If you need immediate medical attention	Emergency medical transportation	50% coinsurance	50% coinsurance	<u>Preauthorization</u> may be required for non-emergency transportation; see your benefit booklet* for details.
	<u>Urgent care</u>	\$15/visit; <u>deductible</u> does not apply	\$15/visit; <u>deductible</u> does not apply	None
If you have a hospital	Facility fee (e.g., hospital room)	\$850/visit plus 50% coinsurance	Not Covered	Preauthorization may be required, unless for
stay	Physician/surgeon fees	50% coinsurance	Not Covered	emergency.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	50% coinsurance for office visits; 30% coinsurance for other outpatient services	Not Covered	<u>Preauthorization</u> may be required; see your benefit booklet* for details.
	Inpatient services	\$850/visit plus 50% coinsurance	Not Covered	
If you are pregnant	Office visits	Primary Care: \$10 Specialist: 50% coinsurance	Not Covered	Copay applies to first prenatal visit (per pregnancy). Cost sharing does not apply for
	Childbirth/delivery professional services	50% coinsurance	Not Covered	<u>preventive services.</u> Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described
	Childbirth/delivery facility services	\$850/visit plus 50% coinsurance	Not Covered	elsewhere in the SBC (i.e. ultrasound).

^{*}For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.bcbsnm.com/bb/ind/bb-shsh32cnninmp-nm-2020.pdf</u>.

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	50% <u>coinsurance</u>	Not Covered	100 visits/year. <u>Preauthorization</u> may be required.
If you need help recovering or have other special health needs	Rehabilitation services	\$10/therapist visit; 50% <u>coinsurance</u> for other <u>providers</u>	Not Covered	Copay applies to physical, occupational, and speech therapists in office or outpatient settings. Other <u>providers</u> includes, but is not
	Habilitation services	50% <u>coinsurance</u>	Not Covered	limited to, Chiropractors and Doctors of Oriental Medicine. <u>Preauthorization</u> may be required. See your benefit booklet* for detail
	Skilled nursing care	50% <u>coinsurance</u>	Not Covered	60 days/year. <u>Preauthorization</u> may be required.
	Durable medical equipment	50% coinsurance	Not Covered	Preauthorization may be required.
	Hospice services	50% coinsurance	Not Covered	riedutilotization illay be required.
	Children's eye exam	No Charge; <u>deductible</u> does not apply	Not Covered	One visit and one pair of glasses per year. See
If your child needs dental or eye care	Children's glasses	No Charge; <u>deductible</u> does not apply	Not Covered	your benefit booklet* for details.
	Children's dental check-up	Not Covered	Not Covered	Pediatric dental coverage can be purchased separately as a stand-alone policy.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (except where a pregnancy is the result Long-term care of rape or incest, or for a pregnancy which, as certified by a physician, places the woman in danger of death unless an abortion is performed) • Private-duty nursing

 - Routine eye care (Adult) Non-emergency care when traveling outside the
 Routine foot care (unless you are diabetic)

Cosmetic surgery

- U.S.
- Weight loss programs

- Dental Care (Routine dental for adults)
- Infertility treatment (except for diagnosis and medically indicated treatments for physical conditions causing infertility)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document)

- Acupuncture (max. 20 visits/year)
- Chiropractic care (max. 20 visits/year)
- Bariatric surgery (limited to one per lifetime, based on medical necessity)

 Hearing aids (up to age 21, limited to 1 item per hearing impaired ear every 3 years)

^{*}For more information about limitations and exceptions, see the plan or policy document at www.bcbsnm.com/bb/ind/bb-shsh32cnninmp-nm-2020.pdf.

Your Rights to Continue Coverage:

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-866-236-1702. You may also contact your state insurance department at 1-855-427-5674. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights:

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Blue Cross and Blue Shield of New Mexico (BCBSNM) Appeals Unit at 1-866-236-1702. You may also contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <u>www.dol.gov/ebsa/healthreform</u>.

Additionally, a consumer assistance program can help you file your appeal. Contact the New Mexico Superintendent of Insurance toll-free at 1-855-427-5674 or visit www.osi.state.nm.us.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-236-1702.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-236-1702.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-866-236-1702.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-236-1702.

About These Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$1,100
Specialist coinsurance	50%
Hospital (facility) copay/coins.	\$850 + 50%
Other <u>coinsurance</u>	50%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800	
In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$1,100	
Copayments	\$900	
Coinsurance	\$5,000	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$7,060	

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$1,100
Specialist coinsurance	50%
Hospital (facility) copay/coins.	\$850 + 50%
Other coinsurance	50%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

Total Example Cost	\$7,400	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$1,100	
Copayments	\$200	
Coinsurance	\$1,700	
What isn't covered		
Limits or exclusions	\$60	
The total Joe would pay is	\$3,060	

Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,100
Specialist coinsurance	50%
Hospital (facility) copay/coins.	\$850 + 50%
Other coinsurance	50%

This EXAMPLE event includes services like:

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Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

l otal Example Cost	\$1,900
n this example, Mia would pay:	
Cost Sharing	
Deductibles	\$1,100
Copayments	\$300
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$1,600

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984.

Español Spanish	Si usted o alguien a quien usted está ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984.
العربية Arabic	إن كان لديك أو لدى شخص تساعده أسئلة، فلديك الحق في الحصول ىلع المساعدة والمعلومات الضرورية بلغتك من دون اية تكلفة اللتحدث مع مترجم فوري، اتصل ىلع الرم 6984-710-855.
繁體中文 Chinese	如果您,或您正在協助的對象,對此有疑問,您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員,請撥電話 號碼 855-710-6984。
Français French	Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 855-710-6984.
Deutsch German	Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-6984 an.
ગુજરાતી Gujarati	જો તમને અથવા તમે મદદ કરી રહ્યા હોય એવી કોઈ બીજી વ્યક્તિને એસ.બી.એમ. કાયર્કમ્ બાબતે પ્રશ્નો હોય, તો તમને વિના ખચેર્, તમારી ભાષામાં મદદ અને માહિતી મેળવવાનો હક્ક છે. દુભાષિયા સાથે વાત કરવા માટે આ નંબર 855-710-6984 પર કૉલ કરો.
हिंदी Hindi	यिद आपके, या आप जिसकी सहायता कर रहे हैं उैसके, प्रश्न हैं, तो आपके अपनी भाषा म निःशुल्क सहायता और जानकारी प्राप्त करन का अधिकार है। किसी अनवादक स बात करन क लिए 855-710-6984 पर कॉल करें।.
Italiano Italian	Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il numero 855-710-6984.
한국어 Korean	만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그러한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-710-6984 로 전화하십시오.
Diné Navajo	T'áá ni, éí doodago ła'da bíká anánílwo'ígíí, na'ídíłkidgo, ts'ídá bee ná ahóóti'i' t'áá níík'e níká a'doolwoł dóó bína'ídíłkidígíí bee nił h odoonih. Ata'dahalne'ígíí bich'į' hodíílnih kwe'é 855-710-6984.
فارس <i>ی</i> Persian	اگر شما، یا کسی که شما به او کمک می کنید، سؤالی داشته باشید، حق این را دارید که به زبان خود، به طور رایگان کمک و اطلاعات دریافت نمایید جهت گفتگو با یک مترجم شهافی، با شماره تمسا حاصل نمایید 6984-710-858
Polski Polish	Jeśli Ty lub osoba, której pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 855-710-6984.
Русский Russian	Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984.
Tagalog Tagalog	Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984.
ار دو Urdu	اگر آپ کو، یا کسی ایسے نرد کو جس کسی آپ مدد کررہے ہیں، کوئی سروال درپیش ہے تو، آپ کو اپنی زبان میں مغتمدد اور معلومات حاصل کرنے کا حق ہے۔ مترجم سے بنات کرنے کے لئےے، 854-710-858 پر کنال کریں.
Tiếng Việt Vietnamese	Nếu quý vị, hoặc người mà quý vị giúp đỡ, có câu hỏi, thì quý vị có quyền được giúp đỡ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, gọi 855-710-6984.

Health care coverage is important for everyone.

We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To receive language or communication assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator Phone: 855-664-7270 (voicemail)

300 E. Randolph St. TTY/TDD: 855-661-6965 35th Floor Fax: 855-661-6960

Chicago, Illinois 60601 Email: CivilRightsCoordinator@hcsc.net

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services Phone: 800-368-1019 200 Independence Avenue SW TTY/TDD: 800-537-7697

Room 509F, HHH Building 1019 Complaint Portal: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf Complaint Forms: http://www.hhs.gov/ocr/office/file/index.html