



BlueCross BlueShield
of New Mexico

Blue Door
Neighborhood CenterSM

**Join Us
This July!**

Summer is in the air.

Join us this July as we come together to promote health, safety, and well-being in our community.

UV Safety 101	Lunch and Learn – Community Safety	
July 1 10 a.m. – 2 p.m.	July 10 11:30 a.m. – 12:30 p.m. in English	July 17 11:30 a.m. – 12:30 p.m. in Spanish
Learn the basics of UV safety and how to protect your skin this summer.	July is National Minority Mental Health Awareness Month. Learn about Albuquerque Community Safety responders and how they de-escalate crises, provide support and connect people to resources.	



Blue Door Neighborhood Center

3925 Las Estancias Way
Building 9, Suite A
Albuquerque, NM 87121
505-816-5100

Scan QR code
to register



Image(s) may have been created or enhanced using artificial intelligence tools.

Blue Cross and Blue Shield of New Mexico, a Division of Health Care Service Corporation,
a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

494520.0626



BlueCross BlueShield
of New Mexico

Blue Door
Neighborhood CenterSM

¡Acompáñenos este julio!

Se acerca el verano.

Acompáñenos este julio para promover juntos la salud, la seguridad y el bienestar en nuestra comunidad.

Protección contra los rayos ultravioleta	Almuerzo y aprendizaje – Seguridad comunitaria	
1 de julio de 10:00 a. m. a 2:00 p. m.	10 de julio de 11:30 a. m. a 12:30 p. m. (en inglés)	17 de julio de 11:30 a. m. a 12:30 p. m. (en español)
Conozca los aspectos básicos de la seguridad contra los rayos UV y cómo proteger la piel este verano.	Julio es el Mes Nacional de la Concientización sobre la Salud Mental de las Minorías. Infórmese sobre el personal de Albuquerque Community Safety y cómo este maneja crisis, brinda apoyo y conecta a las personas con recursos.	



Blue Door Neighborhood Center

3925 Las Estancias Way
Building 9, Suite A
Albuquerque, NM 87121
505-816-5100

Escanee el
código QR
para inscribirse.





BlueCross BlueShield
of New Mexico

Blue Door
Neighborhood CenterSM

Summer Fun for Families

Bring the whole family out for fun, engaging activities this July!

Enjoy hands-on cooking and interactive story time designed to inspire learning, creativity and connection.

Kids Cook!	Story Time With Blue Bear
July 7 1 – 2:30 p.m.	July 29 12:30 - 2:30 p.m.
Participate in this family-friendly class that combines hands-on cooking with nutrition and health education. Registration is required.	Bring your children ages 0-12 for stories, songs, lunch and fun. Books from local authors will be provided. Registration is required to receive lunch.



Blue Door Neighborhood Center

3925 Las Estancias Way
Building 9, Suite A
Albuquerque, NM 87121
505-816-5100

Scan QR code
to register



Image(s) may have been created or enhanced using artificial intelligence tools.

Blue Cross and Blue Shield of New Mexico, a Division of Health Care Service Corporation,
a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

494546.0626