



BlueCross BlueShield of New Mexico



## Virtual Visits: Get 24/7 Care, Anywhere

**Call your doctor's office first. They also may offer telehealth consultations by phone or online video.**

With Virtual Visits, the doctor is always in. Get 24/7 non-emergency care from a board-certified doctor by phone, online video or mobile app from the privacy and comfort of your own home.

Don't risk crowded waiting rooms, expensive urgent care or ER bills, or waiting weeks or more to see a doctor, when you can speak with a Virtual Visits doctor within minutes.

Powered by  
**MDLIVE**



Virtual Visits, provided by Blue Cross and Blue Shield of New Mexico (BCBSNM) and powered by MDLIVE®, are a convenient alternative for treatment of more than 80 health conditions, including:

- Allergies
- Cold/Flu
- Fever
- Headaches
- Nausea
- Sinus infections

**Virtual Visit doctors can even send an e-prescription to your local pharmacy.**



**Activate your MDLIVE account today:**

- **Call MDLIVE at 888-858-5074**
- **Go to [MDLIVE.com/bcbsnm](https://MDLIVE.com/bcbsnm)**
- **Text BCBSNM to 635-483**
- **Download the MDLIVE app**

Virtual Visits may not be available on all plans. Non-emergency medical service in Montana and New Mexico is limited to interactive online video. Non-emergency medical service in Arkansas and Idaho is limited to interactive online video for initial consultation.

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