



# Keeping Seniors Healthy and Active

Complimentary membership program for adults over the age of 60.

# WE WELCOME ALL INSURANCE PLAN MEMBERS.

You do not need to be a Blue Cross and Blue Shield of New Mexico member to become a Blue 60Plus member or attend events.



## Knowing and caring about our communities

Blue Cross and Blue Shield of New Mexico (BCBSNM) has a long tradition of commitment to the well being of the communities we serve. Promoting health and wellness is one our core business goals, and it drives our community involvement. We're dedicated to helping New Mexico be a healthier place to live, work and play.

## Join the fun - Membership is free!

The **Blue 60Plus** program is designed to keep seniors healthy through wellness lectures, preventive health screenings, and social activities.

## Members enjoy:

- Lectures on health and wellness.
- Tips and materials for keeping healthy
- VIP invitations to health screenings and health fairs
- A complimentary gift just for signing up



#### **Questions?**

For more information, please call the **Blue 60Plus Coordinator** at **505-816-4454** or email **blue60plus@bcbsnm.com**.



Mail to:

Blue 60 Plus<sup>SM</sup> Membership Application

Blue Cross and Blue Shield of New Mexico 5701 Balloon Fiesta Parkway NE Albuquerque, NM 87113

# Sign up today and receive a complimentary gift! (Please Print)

Today's Date:	
First Name:	
Last Name:	
Date of Birth:	Sex: 🗌 Male 🗎 Female
Address:«	
City:	
State:	Zip:
E-mail:	
Home Phone:	
Cell Phone:	
Were you referred to Blue 60Plus by a friend? □ Yes □ No If so, please list person's name:	
Are you a Blue Cross and Blue Shield of New Me: □ Yes □ No	xico member?
If not, would you like information about Blue Cross and Blue Shield of New Mexico prod∟ □ Yes □ No	ucts?