



# Pregnancy-Related and Family Planning Services

## Blue Cross Community Centennial<sup>SM</sup> • Provider Training • 2022

Such services are funded in part with the State of New Mexico. The benefit information provided is a brief summary, not a complete description of benefits. For more information contact the plan. Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, provider network, and/or copayments/coinsurance are subject to change. Blue Cross and Blue Shield of New Mexico complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

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# Pregnancy and Family Planning Services

- Pregnancy-related care and family planning services are Covered Services that do not require prior authorization. Members may self-refer for care.
- Family Planning includes pregnancy testing and counseling. Members may self-refer to **contracted and non-contracted** family planning providers in New Mexico. Family planning providers include PCPs, OB/GYNs, Planned Parenthood clinics and Department of Health clinics.
- Coverage due to pregnancy only: Some women are eligible for Medicaid because they are pregnant. Coverage is for pregnancy and postpartum period through 12 months after the date of delivery.



# Special Beginnings®

- Any pregnant member can register for Special Beginnings and is encouraged to be screened for Special Beginnings Care Coordination services.
- Registration for Special Beginnings includes general pregnancy education, access to important resources and information on how to obtain pregnancy related Value-Added Services.
- Special Beginnings Care Coordination services are available at no cost to BCBSNM members who have been screened and are determined to be an at-risk expectant mother.
- The BCBSNM Special Beginnings team is comprised of experienced Registered Nurses, Social Workers and Health Coordinators who strive to offer members access to, and coordinate, timely interventions by contracted providers during and after pregnancy.



# Special Beginnings

- In addition, the BCBSNM Special Beginnings team provides comprehensive Care Coordination to neonates with complex needs admitted directly to the Neonatal Intensive Care Unit after delivery and up to the first year of life.
- Please direct pregnant members to call **1-888-421-7781** if they have not already enrolled in the program.
- Providers can directly refer members to [NMCNTLSpecialBeginnings@bcbsnm.com](mailto:NMCNTLSpecialBeginnings@bcbsnm.com) or provide the email for a self-referral.
- Program information can also be found on the BCBSNM Special Beginnings website:
- [bcbsnmcommunications.com/special\\_beginnings/2054953/483419.html](https://bcbsnmcommunications.com/special_beginnings/2054953/483419.html)



# Reminders About Newborns

- When a child is born to a mother enrolled with Blue Cross Community Centennial, a Notification of Birth form must be submitted by the hospital or other Medicaid provider prior to or at the time of discharge, to ensure that Medicaid-eligible newborn infants are enrolled and medically covered as soon as possible.
- It is very important for the mother to call the New Mexico Human Services Department ISD caseworker to notify them of the newborn. (They should also call ISD if they have adopted a child or wish to place their child for adoption.)
- **Please do not submit claims for a newborn with the mother's identification (ID) number.**

