

BlueCross BlueShield of New Mexico

Prior Authorization rules - Medicaio	Medical / Surgical (Non-Behavioral Health)	
PREAUTHORIZATION REQUIREMENTS* through Carelon (formally AIM®) - Effective 01/01/2024		
1. Radiology - members over 18	Utilizing the Carelon® Web Portal is the most efficient way to initiate a case, check status, review guidelines, view authorizations / eligibility and more url: https://guidelines.carelonmedicalbenefitsmanagement.com/ OR Call Carelon® Contact Center at 1-800-859-5299 Monday through Friday, 6 a.m. to 6 p.m., CT; and 9 a,m. to noon, CT on weekends and holidays	
*including Network Exceptions including Out of Plan or Out of Network (due to Network Adequacy)		
Note: For specific codes that apply, please access For a full list of services, visit the BCBSNM AIM webpage at BCBSNM.com/provider under Clinical Resources. Prior Authorization rules - Medicaid Medical / Surgical (Non-Behavioral Health) through Blue Cross Blue Shield New Mexico Centennial Care. Call toll free 1-866-689-1523 between 8 a.m. to 8 p.m. (Local Time) Monday through Friday except holidays.		
Netwo	rk Participation	
Out of network providers must seek prior authorization for all services. The exceptions are for emergency services, emergency ambulance services, stabilization, and services provided by I.H.S.		
	ion Requirements	
In cases of an emergency, notification is required withi		
Medical Necessity Medical necessity must be met for all services regardless if prior authorization is required. All services are subject to retrospective review and recoupment in accordance with State and Federal rules and regulations.		
Inpatient Facili	ity Admission Summary	
Prior authorization required for all planned (elective) ir and/or substance abuse). Elective admissions must hav	npatient hospital care (surgical, non-surgical, behavioral health e prior authorization <b>before</b> the admission occurs.	
All unplanned inpatient hospital care (surgical, non-surgical, behavioral health and/or substance abuse). Notification must be made within one business day of admission to the facility.		
All admissions to a skilled nursing facility, a long term a	cute care hospital (LTACH) or a rehabilitation facility.	
All residential treatment program admissions.		
Limitations Of Covered	d Benefits by Member Contract	
provided to Blue Cross Blue Shield New Mexico Cente defined in the Member Handbook, must be determin Claims received that do not have a benefit preauthor providers may not seek payment from the Blue Cross	uthorization requirements for non-emergency services ennial Care and Medicaid members. Medical necessity, as ed before a benefit preauthorization number will be issued. ization number may be denied. Independently contracted Blue Shield New Mexico Centennial Care and Medicaid nedical necessity definition in the Member Handbook and the	

Covered Service	Prior Authorization
Allergy care, including tests and serum	Please refer to the preauthorization grid for authorization
	requirements
Bariatric surgery	Yes
Breast Pumps and replacement supplies	No - Subject to benefit and DME dollar amount
Chemotherapy and radiation therapy	Yes, Please refer to the preauthorization grid for authorization requirements
Covered services provided in school-based health clinics	No
DME - Medical supplies	Please refer to the preauthorization grid for authorization requirements
Emergency dental care	No
Diabetes self-management services	Please refer to the preauthorization grid for authorization requirements
Dialysis services	Yes, Out of network, Out of State, CPT code 90999, Chronic dialysis procedures over 3 times a week.
Ground and air ambulance	Ground - No
	Air - No
Hearing services and devices	Yes, Please refer to the preauthorization grid for
	authorization requirements.
Home birthing	Notification is required
Home health care and intravenous services	Yes, Please refer to the preauthorization grid for authorization requirements.
Hospice	Please refer to the preauthorization grid for authorization requirements
Hospital services (inpatient, outpatient, and skilled	Please refer to the preauthorization grid for authorization
nursing)	requirements
Injections	Please refer to the preauthorization grid for authorization
	requirements
Laboratory, X-ray, EKGs, medical imaging services, and other diagnostic tests	Please refer to the preauthorization grid for authorization requirements
Long Term Services and Supports	Long Term Services and Supports require pre-assessment, eligibility determination and service planning. This process is completed with the member's care/service coordinator and the treatment team. Once service planning is complete, the authorization process is completed according to State guidelines and requirements. Eligibility is limited to members qualified due to waiver status or eligibility established after evaluation.
Nursing facilities	Yes
Nutritional counseling services	Please refer to the preauthorization grid for authorization requirements
Minor surgeries	Please refer to the preauthorization grid for authorization requirements
Office visits to PCPs or specialists, including dieticians, nurse practitioners, and physician assistants	Νο
Orthotics and Prosthesis	Please refer to the preauthorization grid for authorization requirements
Covered Service	Prior Authorization

Personal care services and private duty nursing (home- or	Yes
school-based) for children under age 21, who qualify under the EPSDT program	If your child is disabled, he or she may qualify for more
	services. Please call Customer Service and ask to speak
	with a Care Coordinator/Case Manager for more
	information.
PET, MRA, MRI, and CT scans	Please refer to the preauthorization grid for authorization requirements
Pharmaceutical Gender Reassignment Services	Yes
	Please refer to the preauthorization grid for authorization
Podiatry (foot and ankle) services	requirements
Pregnancy-related and maternity services	No
Pregnancy-related ultrasound (TX only)	Members are permitted to have three ultrasounds without preauthorization
Primary Gender Reassignment (Male-to-Female or	
Female-to-Male) Chest and/or Genital Surgeries	Yes
Routine physicals, children's preventive health programs,	N1
and Tot-to-Teen checkups	No
Second opinions (in network)	No
Surgery, including pre-and post-operative care: assistant surgeon, anesthesiologist, organ transplants	Please refer to the preauthorization grid for authorization requirements; all transplants and pre-transplant evaluation require prior authorization
Special rehabilitation services, such as: physical therapy, occupational therapy, speech therapy, cardiac rehabilitation, pulmonary rehabilitation	Please refer to the preauthorization grid for authorization requirements

## Summary of Behavioral Health Services

Covered Service	Prior Authorization
Applied Behavioral Analysis (ABA)	Prior Authorization only required for:
	Adaptive Behavior Treatment by Protocol (97153) and
	Speciality Care: Adaptive Behavior Treatment with Protocol
	Modification (0373T)
Assertive Community Treatment	No
Behavioral Management	No
Community Support Services	No
Days Awaiting Placement	Yes, service only only available for members up to age 21
Day Treatment Program	No
	Prior auth only required for episodes of care beyond 45
Partial Hospitalization	days
Developmental Testing	No
Early, Periodic Screen, Diagnostic and Treatment Services	No
Inpatient Psychiatric Services	Yes
Inpatient Substance Abuse Services	Yes
Intensive Outpatient Program	No
	Yes
Group Home	
Residential Treatment Services (Children and	Yes, service only available for members up to age 21
Adolescents)	

Accrediated Residential Treatment for Substance Abuse (Adults)	Yes
Psychosocial Rehabilitation Program	No
Standard office visits to mental health specialists, which	
could include counselors, social workers, psychiatrists, or	
psychologists	No
	Yes, service only available for member up to age 21
Sub Acute Residential	
Psychological/Neuropsychological Testing	No
Recovery Services	No
Respite Care (up to age 21)	Yes, for services beyond annual limit of 30 days or 720
	hours
School Based Counseling	No
Telehealth Services	No
Treatment Foster Care I & II	Yes
Covered Service	Prior Authorization
	Yes
Value Added Service - Transitional Living	
Value Added Service - Electoconvulsive Therapy	No
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