

Child and Adolescent Well-Care Visits

Blue Cross and Blue Shield of New Mexico (BCBSNM) collects quality data from our providers to measure and improve the quality of care our members receive. Child and Adolescent Well-Care Visits (WCV) is one aspect of care we measure in our quality programs. Quality measures evaluate a prior calendar year performance.

What We Measure

We capture the percentage of members in each age category who had at least one comprehensive well-care visit with a primary care provider (PCP) or an OB/GYN practitioner during the measurement year:

- 3-11 years
- 12-17 years
- 18-21 years
- Total

WCV is a Healthcare Effectiveness Data and Information Set (HEDIS®) measure. See the **National Committee for Quality Assurance (NCQA) website** for more details.

Why It Matters

Access to primary care is important for the health and well-being of children and adolescents. High-quality primary care services have been found to significantly reduce children's non-urgent emergency department visits. Consistent care from a PCP can deliver screening, appropriate treatment and preventative services. Learn more from **NCQA**.

Eligible Population

Members ages 3 to 21 years within the measurement year are included in this measure.

Exclusions: Members receiving hospice care are excluded from this measure. Also exclude visits to specialists.

Tips to Consider

- Use gap lists to help manage your total population.
- Call and/or send letters to advise members and caregivers of the need for a visit.
- Explain why the preventive/ambulatory visit is important for assessing growth and development, and for providing immunizations and anticipatory guidance on diet, activity and safety.
- Consider caregivers' work schedule as a barrier to visits and offer extended evening or weekend hours.

How to Document

WCV data is collected through claims data only. There is no chart review.

For more information, see NCQA's HEDIS Measures and Technical Resources.



Questions?

Contact your BCBSNM Network Representative.



The above material is for informational purposes only and is not a substitute for the independent medical judgment of a physician or other health care provider. Physicians and other health care providers are encouraged to use their own medical judgment based upon all available information and the condition of the patient in determining the appropriate course of treatment. The fact that a service or treatment is described in this material is not a guarantee that the service or treatment is a covered benefit and members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any service or treatment is between the member and their health care provider.

HEDIS is a registered trademark of NCQA. Use of this resource is subject to NCQA's copyright, <u>found here</u>. The NCQA HEDIS measure specification has been adjusted pursuant to NCQA's Rules for Allowable Adjustments of HEDIS. The adjusted measure specification may be used only for quality improvement purposes.

Blue Cross®, Blue Shield® and the Cross and Shield Symbols are registered service marks of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. Blue Cross and Blue Shield of New Mexico, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association 485347.0621