

If a conflict arises between a Clinical Payment and Coding Policy ("CPCP") and any plan document under which a member is entitled to Covered Services, the plan document will govern. If a conflict arises between a CPCP and any provider contract pursuant to which a provider participates in and/or provides Covered Services to eligible member(s) and/or plans, the provider contract will govern. "Plan documents" include, but are not limited to, Certificates of Health Care Benefits, benefit booklets, Summary Plan Descriptions, and other coverage documents. BCBSNM may use reasonable discretion interpreting and applying this policy to services being delivered in a particular case. BCBSNM has full and final discretionary authority for their interpretation and application to the extent provided under any applicable plan documents.

Providers are responsible for submission of accurate documentation of services performed. Providers are expected to submit claims for services rendered using valid code combinations from Health Insurance Portability and Accountability Act ("HIPAA") approved code sets. Claims should be coded appropriately according to industry standard coding guidelines including, but not limited to: Uniform Billing ("UB") Editor, American Medical Association ("AMA"), Current Procedural Terminology ("CPT®"), CPT® Assistant, Healthcare Common Procedure Coding System ("HCPCS"), ICD-10 CM and PCS, National Drug Codes ("NDC"), Diagnosis Related Group ("DRG") guidelines, Centers for Medicare and Medicaid Services ("CMS") National Correct Coding Initiative ("NCCI") Policy Manual, CCI table edits and other CMS guidelines.

Claims are subject to the code edit protocols for services/procedures billed. Claim submissions are subject to claim review including but not limited to, any terms of benefit coverage, provider contract language, medical policies, clinical payment and coding policies as well as coding software logic. Upon request, the provider is urged to submit any additional documentation.

# **Preventive Services Policy**

**Policy Number: CPCP006** 

Version: 1.0

**Enterprise Clinical Payment and Coding Policy Committee Approval Date: August 18, 2022** 

Effective Date: September 1, 2022

**Definitions** 

The following acronyms have been utilized throughout this reimbursement policy

ACIP: Advisory Committee on Immunization Practices

CDC: Centers for Disease Control and Prevention

FDA: United States Food and Drug Administration

HRSA: Health Resources and Services Administration

PPACA: Patient Protection and Affordable Care Act of 2010

USPSTF: United States Preventive Services Task Force

## **Description**

Section 2713 of the Patient Protection and Affordable Care Act (PPACA) mandates that private health plans provide coverage of preventive services issued by the following agencies: The United States Preventive Services Task Force (USPSTF), the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and the Health Resources and Service Administration (HRSA) with respect to women's guidelines and guidelines for infants, children, and adolescents. These services are available at no cost-share when obtained by a member covered under a non-grandfathered plan. This applies to members belonging to individual, small group, large group, and self-insured plans. There is no copay, deductible or coinsurance, even if the individual or family deductible or out-of-pocket maximum has not been met as long as the member utilizes a provider in the plan's network.

Preventive care or preventive medicine refers to measures or services taken to promote health and early detection/prevention of disease(s) and injuries rather than treating them and/or curing them. Preventive care may include, but are not limited to, examinations and screening tests tailored to an individual's age, health, and family history.

PPACA does not mandate that preventive services be covered at no member cost-share when obtained out-of-network. Members that obtain preventive services out of their network will be subject to copay, deductible, and coinsurance.

Grandfathered plans are plans that have been in existence prior to March 23, 2010 and are exempt from the requirement of providing preventive services at no member cost share. Grandfathered plans have the opportunity to elect providing coverage of preventive services at no member cost share but are not required to do so.

The USPSTF applies a letter grade for each of the recommendations that are released. The grade definitions for USPSTF recommendations released after July 2012 are as follows <a href="https://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions">https://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions</a>

Following the recommendation of the USPTF coverage of Grade "A" and "B" recommendations is provided at no member cost share for members with a non-grandfathered health plan. The USPTF published recommendations can be found at

https://www.uspreventiveservicestaskforce.org/BrowseRec/Index

Grade	Definition
Α	The USPSTF recommends the service. There is high
_	certainty that the net benefit is substantial.
<b>B</b> The USPSTF recommends the service. There is high	
	certainty that the net benefit is moderate or there is
	moderate certainty that the net benefit is moderate to
	substantial.
C	The USPSTF recommends selectively offering or providing
	this service to individual patients based on professional
	judgment and patient preferences. There is at least
	moderate certainty that the net benefit is small.
The USPSTF recommends against the service. Ther	
	moderate or high certainty that the service has no net
	benefit or that the harms outweigh the benefits.
The USPSTF concludes that the current evidence is insufficient to assess the balance of benefits and harms	
	conflicting, and the balance of benefits and harms cannot
	be determined.

The ACIP publishes recommendations on the safe utilization of vaccines. ACIP's recommendations include immunization schedules for children and adolescents as well as adults which can be found at <a href="https://www.cdc.gov/vaccines/schedules/hcp/index.html">https://www.cdc.gov/vaccines/schedules/hcp/index.html</a>. Travel Immunizations such as, but not limited to, Japanese Encephalitis, Typhoid, Yellow Fever, and Small Pox are excluded from Preventive Service coverage. Other excluded vaccinations include Anthrax, Bacille Calmette Guerin for Tuberculosis (BCG), and Rabies which are not required by PPACA. Immunizations should be administered in accordance with the ACIP Recommended Child and Adult Immunization Schedules or in accordance with state law or regulations.

HRSA releases Women's Preventive Services guidelines that are aimed at improving women's health by recommending certain preventive services that should be obtained in the clinical setting. HRSA's list of recommendations can be obtained at <a href="https://www.hrsa.gov/womensguidelines2016/index.html">https://www.hrsa.gov/womensguidelines2016/index.html</a>

HRSA endorses preventive guidelines established by the American Academy of Pediatrics for the health and well-being of infants, children, and adolescents. These recommendations are referred to as Bright Futures and the comprehensive list of Bright Future's recommendations can be found at https://www.aap.org/en-us/Documents/practicet periodicity AllVisits.pdf

### **Reimbursement Information:**

Certain preventive care services may be considered eligible for coverage under the member's benefit plan as required by PPACA and/or an applicable state mandate. In general, these services include, but are not limited to, screenings, immunizations, and other types of care as recommended by the United States Federal Government.

These services are not subject to application of cost-sharing such as co-payments, co-insurance or deductibles when they are considered eligible for coverage and are provided by a network provider. In order for preventive claims to process at the preventive level with no member cost share, the claim must include a preventive diagnosis code, a preventive procedure code, meet medical policy review criteria, and fall within the guidelines issued by the USPSTF, ACIP, HRSA, or Bright Futures.

Health care providers (facilities, physicians and other health care professionals) are expected to exercise independent medical judgement in providing care to patients. This Preventive Services Reimbursement policy is not intended to impact care decisions or medical practice.

The following grid provides a list of the recommendations released by the USPSTF, ACIP, HRSA, or Bright Futures along with the corresponding procedure codes and diagnosis codes deemed to be preventive.

#### **USPSTF Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
Abdominal Aortic Aneurysm Screening  USPSTF "B" Recommendation December 2019 The USPSTF recommends 1-time screening	76706	Procedure code 76706 is reimbursable as preventive when submitted with one of the following: Z13.6, Z87.891, Z72.0, Z00.00, Z00.01, F17.210, F17.200
for abdominal aortic aneurysm (AAA) with ultrasonography in men aged 65 to 75 years who have ever smoked.		
Unhealthy Alcohol Use in Adolescents and	99385, 99386, 99387,	Payable with a diagnosis code in
Adults: Screening and Behavioral Counseling	99395, 99396, 99397,	Diagnosis List 1
Interventions	99408, 99409, G0396, G0397,	
USPSTF "B" Recommendation November 2018	G0442, G0443	
The USPSTF recommends screening for		
unhealthy alcohol use in primary care settings		
for adults 18 years or older, including		
pregnant women, and providing persons		
engaged in risky or hazardous drinking with		
brief behavioral counseling interventions to		
reduce unhealthy alcohol use.		

Aspirin Use to Prevent Preeclampsia and Related Morbidity and Mortality: Preventive Medication  USPSTF "B" Recommendation September  2021  The USPSTF recommends the use of low-dose aspirin (81 mg/day) as preventive medication after 12 weeks of gestation in persons who are at high risk for preeclampsia.  Asymptomatic Bacteriuria in Adults	81007, 87086, 87088	For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.  Coverage includes generic aspirin 81 mg tablets with a prescription.  Payable with a Pregnancy
Screening  USPSTF "B" Recommendation September 2019 The USPSTF recommends screening for asymptomatic bacteriuria using urine culture in pregnant persons.		Diagnosis
BRCA-Related Cancer Risk Assessment, Genetic Testing  USPSTF "B" Recommendation August 2019 USPSTF recommends that primary care clinicians assess women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or who have an ancestry associated with breast cancer susceptibility 1 and 2 (BRCA1/2) gene mutations with an appropriate brief familial risk assessment tool. Women with a positive result on the risk assessment tool should receive genetic counseling and, if indicated after counseling, genetic testing.	81212, 81215, 81216, 81217, 81162, 81163, 81164, 81165, 81166, 81167, 96040, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, G0463, S0265, 81307, 81308	These services are subject to Medical Policy and prior authorization may be required  Procedure codes 81212, 81215-81217, 81162-81167, 81307 and 81308 are reimbursable as preventive when submitted with one of the following primary diagnosis codes: Z80.3, Z80.41, Z85.3, Z85.43  Procedure code 96040 is reimbursable as preventive when submitted with one of the following primary diagnosis codes: Z80.3 or Z80.41  All other procedure codes for BRCA are payable with a diagnosis in Diagnosis List 1
Breast Cancer Medications for Risk Reduction  USPSTF "B" Recommendations September 2019 The USPSTF recommends that clinicians offer to prescribe risk-reducing medications, such		For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

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as tamoxifen, raloxifene, or aromatase		
inhibitors, to women who are at increased		Coverage includes generic
risk for breast cancer and at low risk for		anastrozole 1 mg, raloxifene hcl
adverse medication effects.		60 mg, and tamoxifen citrate 10
		and 20 mg tablets when used for
		prevention in members ages 35
		and over with a prescription.
Breast Cancer Screening	77061, 77062, 77063,	Payable with a diagnosis code in
	77067	Diagnosis List 1
USPSTF "B" Recommendation January 2016		
The USPSTF recommends biennial screening		
mammography for women aged 50 to 74		
years.		
Refer also to HRSA's 'Breast Cancer Screening		
for Women at Average Risk' recommendation		
Breastfeeding Primary Care Interventions	99401, 99402, 99403,	Electric breast pumps limited to
	99404, 99411, 99412	one per benefit period. Hospital
<u>USPSTF "B" Recommendation October 2016</u>		Grade breast pumps are limited to
The USPSTF recommends providing	A4281, A4282,	rental only.
interventions during pregnancy and after	A4283, A4284,	
birth to support breastfeeding.	A4285, A4286,	Additional reimbursement
	E0602, E0603, E0604,	information available within the
Refer also to HRSA's 'Breastfeeding Services	S9443	"Breastfeeding Equipment and
and Supplies' recommendation		Supplies"
Cervical Cancer Screening	99385, 99386, 99387,	Payable with a diagnosis code in
	99395, 99396,99397	Diagnosis List 1
USPSTF "A" Recommendation August 2018		
The USPSTF recommends screening for	G0101, 88141,	
cervical cancer every 3 years with cervical	88142, 88143, 88147,	
cytology alone in women aged 21 to 29 years.	88148, 88150, 88152,	
For women aged 30 to 65 years, the USPSTF	88153, 88155, 88164,	
recommends screening every 3 years with	88165, 88166, 88167,	
cervical cytology alone, every 5 years with	88174, 88175,	
high-risk human papillomavirus (hrHPV)	G0123, G0124,	
testing alone, or every 5 years with hrHPV	G0141, G0143,	
testing in combination with cytology	G0144, G0145,	
(cotesting).	G0147, G0148,	
	P3000, P3001,	
Refer also to HRSA's 'Cervical Cancer	Q0091, 87623,	
Screening' recommendation	87624, 87625, S0610,	
	S0612, 0500T, 0096U	
Chlamydia Screening	86631, 86632, 87110,	Payable with a diagnosis code in
	87270, 87320, 87490,	Diagnosis List 1
<u>USPSTF "B" Recommendations September</u>	87491, 87492, 87801,	
2021	87810	
The USPSTF recommends screening for		

chlamydia in sexually active women age 24 years and younger and in women 25 years or older who are at increased risk for infection. **Colorectal Cancer Screening** 82270, 82274, Certain colorectal cancer G0328, 44388, screening services may be subject USPSTF "A" Recommendation May 2021 44389,44392, 44394, to medical policy criteria and may The USPSTF recommends screening for 44401, 44404, require prior authorization colorectal cancer in all adults aged 50 to 75 45378,45380, 45381,45384, Modifier 33 or PT may be applied years. 45385,45388, G0105, Payable with a diagnosis in Diagnosis List 1 USPSTF "B" Recommendation May 2021 G0106, G0120, G0121, G0122,45330, The USPSTF recommends screening for colorectal cancer in adults aged 45 to 49 45331, 45333, 45335, In the instance that a polyp is 45338,45346, 74263, removed during a preventive years. 88304, 88305, colonoscopy, the colonoscopy as G0104, 99202, well as the removal of the polyp The risks and benefits of different screening 99203, 99204, 99205, and the labs and services related methods vary. 99211, 99212, 99213, to the colonoscopy are 99214, 99215, 99417, reimbursable at the preventive S0285, 00812, 00813 81528 Sedation procedure codes 99152, 99153, 99156, 99157, and G0500 will process at the preventive level when billed with a diagnosis of Z12.11 or Z12.12 Procedure code 74263 is reimbursable at the preventive level when billed with one of the following three diagnosis codes: Z00.00, Z12.11, Z12.12 Procedure code 81528 is reimbursable at the preventive level when billed with Z12.11 or Z12.12 for out of network claims. For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

		Coverage includes generic peg 3350-kcl-na bicarb-nacl-na sulfate solutions for members ages 45 and over with a prescription.
Congenital Hypothyroidism Screening	84443, 99381, S3620	
USPSTF "A" Recommendation March 2008 The USPSTF recommends screening for congenital hypothyroidism in newborns.		
Dental Caries in Children from Birth Through Age 5 Years Screening  USPSTF "B" Recommendation December 2021 The USPSTF recommends that primary care clinicians prescribe oral fluoride supplementation starting at age 6 months for children whose water supply is deficient in fluoride.  USPSTF "B" Recommendation December 2021 The USPSTF recommends that primary care clinicians apply fluoride varnish to the primary teeth of all infants and children starting at the age of primary tooth eruption.	99188	For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.  Prescription required for both over-the-counter (OTC) and prescription medications.
Depression Screening Adults  USPSTF "B" Recommendation January 2016 The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.	99385, 99386, 99387, 99395, 99396, 99397, 96160, 96161, G0444, 96127	Payable with a diagnosis code in Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or Z13.42
Depression in Children and Adolescents Screening  USPSTF "B" Recommendation February 2016 The USPSTF recommends screening for major depressive disorder (MDD) in adolescents aged 12 to 18 years. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective	99384, 99385, 99394, 99395, 96127, G0444	Payable with a diagnosis in Diagnosis List 1  Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or Z13.42

treatment, and appropriate follow-up.		
treatment, and appropriate follow-up.		
Refer also to Bright Futures 'Depression		
Screening' recommendation		
Falls Prevention in Community Dwelling	97110, 97112, 97116,	Procedure codes 97110, 97112,
Older Adults: Interventions	97150, 97161, 97162,	97116, 97150, 97161, 97162,
	97163, 97164, 97165,	97163, 97164, 97165, 97166,
USPSTF "B" Recommendation April 2018 The	97166, 97167, 97168,	97167, 97168, and 97530
USPSTF recommends exercise interventions	97530	reimbursable with a diagnosis of
to prevent falls in community-dwelling adults		Z91.81
aged 65 years or older who are at increased		
risk for falls.		
Folic Acid for the Prevention of Neural Tube		For details about pharmacy
Defects: Preventive Medication		benefit coverage, contact the
		number on the patient's BCBS
USPSTF "A" Recommendation January 2017		member card. A patient's
The USPSTF recommends that all women who		pharmacy benefit may be
are planning or capable of pregnancy take a		managed by a company other
daily supplement containing 0.4 to 0.8 mg		than BCBS.
(400 to 800 μg) of folic acid.		Prescription required for both
		over-the-counter (OTC) and
		prescription medications.
Gestational Diabetes: Screening	36415, 82947, 82948,	Payable with a pregnancy
	82950, 82951, 82952,	diagnosis
USPSTF "B" Recommendation August 2021	83036	
The USPSTF recommends screening for		
gestational diabetes in asymptomatic		
pregnant persons at 24 weeks of gestation or		
after.		
Refer also to HRSA's 'Gestational Diabetes'		
recommendation		
Consumb on Consuming	07004 07500 07504	Davidala vitala a disconsista da di
Gonorrhea Screening	87801, 87590, 87591, 87592, 87850	Payable with a diagnosis code in
USPSTF "B" Recommendation September	01332,01630	Diagnosis List 1
2021		
The USPSTF recommends screening for		
gonorrhea in sexually active women age 24		
years and younger and in women 25 years or		
older who are at increased risk for infection.		
Healthy Diet and Physical Activity for	99385, 99386, 99387,	
Cardiovascular Disease Prevention in Adults	99395, 99396, 99397,	
with Cardiovascular Risk Factors: Behavioral	G0438, G0439,	
Counseling	G0446, S9452, S9470,	

USPSTF "B" Recommendation November 2020 The USPSTF recommends offering or referring adults with cardiovascular disease risk factors to behavioral counseling interventions to promote a healthy diet and physical activity.	97802, 97803, 97804, G0270, G0271, 99078, 99401, 99402, 99403, 99404, 99411, 99412, G0473	
Healthy Weight and Weight Gain in Pregnancy: Behavioral Counseling Interventions  USPSTF "B" Recommendation May 2021 The USPSTF recommends that clinicians offer pregnant persons effective behavioral counseling interventions aimed at promoting healthy weight gain and preventing excess gestational weight gain in pregnancy.	99384, 99385, 99386, 99394, 99395, 99396, 99401, 99402, 99403, 99404, 99411, 99412	
Hepatitis B in Pregnant Women Screening  USPSTF "A" Recommendation July 2019 The USPSTF recommends screening for hepatitis B virus (HBV) infection in pregnant women at their first prenatal visit.	80055, 86706, 87340, 87341, 80074, 80076, G0499, 36415	Payable with a pregnancy diagnosis, or a diagnosis code in Diagnosis List 1
Hepatitis B Virus Infection Screening  USPSTF "B" Recommendation December  2020 The USPSTF recommends screening for hepatitis B virus (HBV) infection in adolescents and adults at increased risk for infection.	80055, 80074, 80076, 86706, 87340, 87341	Payable with a diagnosis code in Diagnosis List 1
Hepatitis C Screening  USPSTF "B" Recommendation March 2020 The USPSTF recommends screening for hepatitis C virus infection in adults aged 18 to 79 years.	86803, 86804, G0472	Payable with a pregnancy diagnosis, or a diagnosis code in Diagnosis List 1
High Blood Pressure Screening in Adults  USPSTF "A" Recommendation April 2021 The USPSTF recommends screening for high	93784, 93786, 93788, 93790, 99385, 99386, 99387, 99395, 99396, 99397, 99473, 99474	Procedure codes 93784, 93786, 93788, 93790, 99473, and 99474 are reimbursable at the preventive level when billed with

blood pressure in adults aged 18 years or older. The USPSTF recommends obtaining measurements outside of the clinical setting for diagnostic confirmation before starting treatment.		one of the following diagnosis codes: R03.0, R03.1, Z01.30, Z01.31
Human Immunodeficiency Virus (HIV) Infection Prevention Drug Pre-exposure Prophylaxis (PrEP)  USPSTF "A" Recommendation June 2019 The USPSTF recommends that clinicians offer preexposure prophylaxis (PrEP) with effective antiretroviral therapy to persons who are at high risk of HIV acquisition. See the Clinical Considerations section for information about identification of persons at high risk and selection of effective antiretroviral therapy.		Baseline and monitoring services related to PrEP medication are reimbursable at the reimbursable at the preventive level. Details about benefit coverage contact the number on the patient's BCBS card.  For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.  Coverage includes brand and/or generic Truvada (emtricitabine/tenofovir disoproxil fumarate) 200-300 mg tablets when used for prevention with a prescription. Refer to the member's drug list for coverage details.
Human Immunodeficiency Virus (HIV) Infection Screening for Non-Pregnant Adolescents and Adults  USPSTF "A" Recommendation June 2019 The USPSTF recommends that clinicians screen for HIV infection in adolescents and adults aged 15 to 65 years. Younger adolescents and older adults who are at increased risk should also be screened.	87389, 87390, 87391, 87806, G0432, G0433, G0435	Payable with a diagnosis code in Diagnosis List 1

Refer also to HRSA's 'HIV Screening and		
Counseling' recommendation		
Refer also to Bright Future's 'STI/HIV		
Screening' recommendation		
Human Immunodeficiency Virus (HIV)	36415, 80081, 86689,	Payable with a pregnancy
Infection Screening for Pregnant Women	86701, 86702, 86703,	diagnosis or a diagnosis code in
	87389, 87390, 87391,	Diagnosis List 1
USPSTF "A" Recommendation June 2019	87806, G0432,	
The USPSTF recommends that clinicians	G0433, G0435,	
screen all pregnant persons, , including those	G0475	
who present in labor or at delivery whose HIV		
status is unknown.		
Refer also to HRSA's 'HIV Screening and		
Counseling' recommendation		
Refer also to Bright Future's 'STI/HIV		
Screening' recommendation		
Intimate Partner Violence, Elder Abuse, and	99202, 99203, 99204,	Payable with a diagnosis code in
Abuse of Vulnerable Adults Screening	99205, 99211, 99212,	Diagnosis List 1
USPSTF "B" Recommendation October 2018	99213, 99214, 99215,	
The U.S. Preventive Services Task Force	99384, 99385,	
(USPSTF) recommends that clinicians screen	99386,99387, 99394,	
for intimate partner violence in women of	99395, 99396, 99397,	
reproductive age and provide or refer women	99401, 99402, 99403,	
who screen positive to ongoing support services.	99404, 99411, 99412,	
Services.	99417, S0610, S0612, S0613	
Latent Tuberculosis Infection Screening	86480, 86481, 86580	Payable with a diagnosis code in
<b>6</b>		Diagnosis List 1
USPSTF "B" Recommendation September		
2016		
The USPSTF recommends screening for latent		
tuberculosis infection (LTBI) in populations at		
increased risk.		
Lung Cancer Screening	G0296, 71271	Subject to medical policy criteria
	30230, 71271	and may require preauthorization
USPSTF "B" Recommendation March 2021		
The USPSTF recommends annual screening		Eff. 01/01/2021 procedure code
for lung cancer with low-dose computed		71271 is reimbursable at the
tomography (LDCT) in adults aged 50 to 80		preventive level if it meets
years who have a 20 pack-year smoking		medical policy criteria and is billed
history and currently smoke or have quit		with one of the following

within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung surgery.		diagnosis codes: F17.200, F17.201, F17.210, F17.211, F17.220, F17.221, F17.290, F17.291, Z12.2, Z87.891
Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions  USPSTF "B" Recommendation September 2018 The USPSTF recommends that clinicians offer or refer adults with a body mass index (BMI) of 30 or higher (calculated as weight in kilograms divided by height in meters squared) to intensive, multicomponent behavioral interventions.	97802, 97803, 97804, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, 99078, G0447, G0473	
Obesity in Children and Adolescents Screening  USPSTF "B" Recommendation June 2017 The USPSTF recommends that clinicians screen for obesity in children and adolescents 6 years and older and offer them or refer them to comprehensive, intensive behavioral interventions to promote improvement in weight status.	97802, 97803, 99383, 99384, 99385, 99393, 99401, 99402, 99403, 99404, 99411, 99412, G0446, G0447, G0473	
Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum Preventive Medication  USPSTF "A" Recommendation January 2019 The USPSTF recommends prophylactic ocular topical medication for all newborns to prevent gonococcal ophthalmia neonatorum.		When billed under inpatient medical
Osteoporosis Screening  USPSTF "B" Recommendation June 2018 The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in women 65 years and older.  The USPSTF recommends screening for	76977, 77078, 77080, 77081, 78350, 78351, G0130,	Payable with a diagnosis code in Diagnosis List 1

osteoporosis with bone measurement testing to prevent osteoporotic fractures in postmenopausal women younger than 65 years who are at increased risk of osteoporosis, as determined by a formal clinical risk assessment tool.	00205 00206 00207	Development of the second size
Perinatal Depression: Preventive Interventions  USPSTF "B" Recommendation February 2019 The USPSTF recommends that clinicians provide or refer pregnant and postpartum persons who are at increased risk of perinatal depression to counseling interventions	99385,99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 96160, 96161, G0444	Payable with a diagnosis code in Diagnosis List 1
Phenylketonuria in Newborns Screening  USPSTF "A" Recommendation March 2008 The USPSTF recommends screening for phenylketonuria in newborns.	84030, 99381, S3620	Procedure codes 84030 and S3620 reimbursable at the preventive level for children 0-90 days old
USPSTF "B" Recommendation August 2021 The USPSTF recommends screening for prediabetes and type 2 diabetes in adults aged 35 to 70 years who have overweight or obesity. Clinicians should offer or refer patients with prediabetes to effective preventive interventions.	82947, 82948, 82950, 82951, 83036, 82952, 97802, 97803, 97804, 99401, 99402, 99403, 99404, G0270, G0271, G0447, G0473, S9470	Payable with a diagnosis code in Diagnosis List 1
Preeclampsia Screening  USPSTF "B" Recommendation April 2017 The USPSTF recommends screening for preeclampsia in pregnant women with blood pressure measurements throughout pregnancy.		Preeclampsia screening is done through routine blood pressure measurements
Rh(D) Incompatibility Screening  USPSTF "A" Recommendation February 2004 The USPSTF strongly recommends Rh(D) blood typing and antibody testing for all pregnant women during their first visit for pregnancy-related care.	80055, 86850, 86870, 86900, 86901, 36415	Payable with a pregnancy diagnosis

USPSTF "B" Recommendation February 2004 The USPSTF recommends repeated Rh(D) antibody testing for all unsensitized Rh(D)- negative women at 24 to 28 weeks' gestation, unless the biological father is known to be Rh(D)-negative.		
Sexually Transmitted Infections Behavioral Counseling  USPSTF "B" Recommendation August 2020 The USPSTF recommends behavioral counseling for all sexually active adolescents and for adults who are at increased risk for sexually transmitted infections (STIs).  Refer also to HRSA's 'Sexually Transmitted Infections Counseling' recommendation	99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, G0445	
Sickle Cell Disease (Hemoglobinopathies) in Newborns Screening  USPSTF "A" Recommendation September 2007 The USPSTF recommends screening for sickle cell disease in newborns.	83020, 83021, 83030, 83033, 83051, 85004, 85013, 85014, 85018, 85025, 85027, 99381, G0306, G0307, S3620, S3850	
Skin Cancer Counseling  USPSTF "B" Recommendation March 2018 The USPSTF recommends counseling young adults, adolescents, children, and parents of young children about minimizing exposure to ultraviolet (UV) radiation for persons aged 6 months to 24 years with fair skin types to reduce their risk of skin cancer.	There are no procedure codes specific to skin cancer counseling.	
Statin Use for the Primary Prevention of Cardiovascular Disease in Adults Preventive Medication  USPSTF "B" Recommendation November 2016 The USPSTF recommends that adults without a history of cardiovascular disease (CVD) (i.e., symptomatic coronary artery disease or ischemic stroke) use a low- to moderate-dose	80061, 82465, 83700, 83718, 83719, 83721, 84478	For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.  Coverage includes atorvastatin 10 mg and 20 mg, lovastatin 20 mg

statin for the prevention of CVD events and mortality when all of the following criteria are met: 1) they are aged 40 to 75 years; 2) they have 1 or more CVD risk factors (i.e., dyslipidemia, diabetes, hypertension, or smoking); and 3) they have a calculated 10-year risk of a cardiovascular event of 10% or greater.		and 40 mg tablets, pravastatin 10 mg, 20 mg, 40 mg, and 80 mg tablets for members ages 40 – 75 years of age with a prescription.
Identification of dyslipidemia and calculation of 10-year CVD event risk requires universal lipids screening in adults aged 40 to 75 years.		
Syphilis Infection in Nonpregnant Adults and Adolescents Screening	86592, 86780, 0065U	Payable with a diagnosis code in Diagnosis List 1
USPSTF "A" Recommendation June 2016 The USPSTF recommends screening for syphilis infection in persons who are at increased risk for infection.		
Syphilis Infection in Pregnant Women Screening	80055, 80081, 86592, 86593, 86780, 0065U, 36415	Payable with a pregnancy diagnosis or a diagnosis code in Diagnosis List 1
USPSTF "A" Recommendation September 2018 The USPSTF recommends early screening for syphilis infection in all pregnant women.	3333,33123	
Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions	99401, 99402, 99403, 99404, 99406, 99407, G9016, S9453	For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's
USPSTF "A" Recommendation January 2021 The USPSTF recommends that clinicians ask all adults about tobacco use, advise them to stop using tobacco, and provide behavioral		pharmacy benefit may be managed by a company other than BCBS.
interventions and U.S. Food and Drug Administration (FDA)—approved pharmacotherapy for cessation to adults who use tobacco.		Two 90-day treatment regimens per benefit period. The 90-day treatments are at the discretion of the provider working with the member
USPSTF "A" Recommendation January 2021 The USPSTF recommends that clinicians ask all pregnant women about tobacco use, advise them to stop using tobacco, and provide behavioral interventions for cessation		Prescription required for both over-the-counter (OTC) and prescription medications.
to pregnant women who use tobacco.		Coverage includes:

	00401 00402 00402	<ul> <li>Generic bupropion hcl (smoking deterrent) ER 12hr 150 mg tablets</li> <li>Generic nicotine polacrilex 2 mg and 4 mg gum</li> <li>Generic nicotine polacrilex 2 mg and 4 mg lozenges</li> <li>Generic nicotine 24hr 7 mg, 14 mg, and 21 mg transdermal patches</li> <li>Generic varenicline tartrate 0.5 mg and 1 mg tablets</li> <li>Brand Nicotine Transdermal Systems</li> <li>Brand Nicotrol Inhaler</li> <li>Brand Nicotrol Nasal Spray</li> </ul>
Tobacco Use in Children and Adolescents Primary Care Interventions  USPSTF "B" Recommendation April 2020 The USPSTF recommends that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents.	99401, 99402, 99403, 99404, 99406, 99407, G9016, S9453	Refer to Preventive Services Recommendation for Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions
Screening for Unhealthy Drug Use  USPSTF "B" Recommendation June 2020 The USPSTF recommends screening by asking questions about unhealthy drug use in adults age 18 years or older. Screening should be implemented when services for accurate diagnosis, effective treatment, and appropriate care can be offered or referred.	99385, 99386, 99387, 99395, 99396, 99397, 99408, 99409, G0396, G0397	Payable with a diagnosis code in Diagnosis List 1
Vision Screening in Children  USPSTF "B" Recommendation September 2017	99172, 99173, 0333T	

The USPSTF recommends vision screening at least once in all children aged 3 to 5 years to	
detect amblyopia or its risk factors.	

General Lab Panel	80050, 80053	Payable with a diagnosis code in
These lab codes could be multiple Preventive		Diagnosis List 1
Services recommendations		

## **HRSA Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
Anxiety Screening  HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends screening for anxiety in adolescent and adult women, including those who are pregnant or postpartum.	96127, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, G0444	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or Z13.42
Breast Cancer Screening for Women at Average Risk  HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends that average-risk women initiate mammography screening no earlier than age 40 and no later than age 50. Screening mammography should occur at least biennially and as frequently as annually. Screening should continue through at least age 74 and age alone should not be the basis to discontinue screening. These screening recommendations are for women at average risk of breast cancer. Women at increased risk should also undergo periodic mammography screening, however, recommendations for additional services are beyond the scope of this recommendation	77061, 77062, 77063, 77065, 77066, 77067, G0279	Payable with a diagnosis code in Diagnosis List 1

Screening' recommendation		
Breastfeeding Services and Supplies	E0602, E0603,	Electric breast pumps limited to
	E0604, A4281,	one per benefit period. Hospital
HRSA Recommendation December 2019	A4282, A4283,	Grade breast pumps are limited to
The Women's Preventive Services Initiative	A4284, A4285,	rental only.
recommends comprehensive lactation support	A4286, S9443,	
services (including counseling, education, and	99401, 99402,	Additional reimbursement
breastfeeding equipment and supplies) during	99403, 99404,	information available within the
the antenatal, perinatal, and the postpartum	99411, 99412,	"Breastfeeding Equipment and
period to ensure the successful initiation and	99347, 99348,	Supplies" Coverage
maintenance of breastfeeding.	99349, 99350	
Refer also to USPSTF's 'Breastfeeding Primary		
Care Interventions' recommendation		
Cervical Cancer Screening	0096U, 0500T,	Payable with a diagnosis code in
	87623, 87624,	Diagnosis List 1
HRSA Recommendation December 2019	87625, 88141,	
The Women's Preventive Services Initiative	88142, 88143,	
recommends cervical cancer screening for	88147, 88148,	
average-risk women aged 21 to 65 years. For	88150, 88152,	
women aged 21 to 29 years, the Women's	88153, 88155,	
Preventive Services Initiative recommends	88164, 88165,	
cervical cancer screening using cervical	88166, 88167,	
cytology (Pap test) every 3 years. Cotesting	88174, 88175,	
with cytology and human papillomavirus	99385, 99386,	
testing is not recommended for women	99387, 99395,	
younger than 30 years. Women aged 30 to 65	99396, 99397,	
years should be screened with cytology and	G0101, G0123,	
human papillomavirus testing every 5 years or	G0124, G0141,	
cytology alone every 3 years. Women who are	G0143, G0144,	
at average risk should not be screened more	G0145, G0147,	
than once every 3 years.	G0148, G0476,	
	P3000, P3001,	
Refer also to USPSTF 'Cervical Cancer	Q0091, S0610,	
Screening' recommendation	S0612	
Contraceptive Methods and Counseling	57170, 58300,	Contraception methods that
	58301, 58600,	require a prescription may be
HRSA Recommendation December 2019	58605, 58611,	covered under the patient's
The Women's Preventive Services Initiative	58615, 58661,	medical or pharmacy benefit. For
recommends that adolescent and adult	58565, 58670,	details about pharmacy benefit
women have access to the full range of	58671, 58340,	coverage for contraception,
female-controlled contraceptives to prevent	74740, 88302,	contact the number on the
unintended pregnancy and improve birth	88305, 96372,	patient's BCBS member card. A
outcomes. Contraceptive care should include	11976, 11981,	patient's pharmacy benefit may be
contraceptive counseling, initiation of	11982, 11983,	

contraceptive use, and follow-up care (e.g., management, and evaluation as well as changes to and removal or discontinuation of the contraceptive method). The Women's Preventive Services Initiative recommends that the full range of female-controlled U.S. Food and Drug Administration-approved contraceptive methods, effective family planning practices, and sterilization procedures be available as part of contraceptive care. The full range of contraceptive methods for women currently identified by the U.S. Food and Drug Administration include: (1) sterilization surgery for women, (2) surgical sterilization via implant for women, (3) implantable rods, (4) copper intrauterine devices, (5) intrauterine devices with progestin (all durations and doses), (6) the shot or injection, (7) oral contraceptives (combined pill), 8) oral contraceptives (progestin only, and), (9) oral contraceptives (extended or continuous use), (10) the contraceptive patch, (11) vaginal contraceptive rings, (12) diaphragms, (13) contraceptive sponges, (14) cervical caps, (15) female condoms, (16) spermicides, and (17) emergency contraception (levonorgestrel), and (18) emergency contraception (ulipristal acetate), and additional methods as identified by the FDA. Additionally, instruction in fertility awareness-based methods, including the lactation amenorrhea method, although less effective, should be provided for women desiring an alternative method.

A4261, A4264, A4266, A4268, A4269, J1050, J7296, J7297, J7298, J7300, J7301, J7303, J7304, J7306, J7307, S4981, S4989, managed by a company other than BCBS.

Visits pertaining to contraceptive counseling, initiation of contraceptive use, and follow-up care may also apply to procedure codes under HRSA's 'Well-Woman' recommendation

Procedure code 58340 reimbursable at the preventive level only when accompanied with modifier 33 or one of the following diagnosis codes: Z30.2, Z30.40, Z30.42, Z30.49, Z98.51,

Procedure codes 11981, 11982, and 11983 (are covered only when FDA approved contraceptive implant insertion or removal are performed) are reimbursable at the preventive level when billed with one of the following diagnosis codes: Z30.013, Z30.017, Z30.018, Z30.019, Z30.09, Z30.40, Z30.42, Z30.46, Z30.49, Z30.8, Z30.9

Procedure code 58661 reimbursable at the preventive level with a diagnosis of Z30.2

For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.

Prescription required for both over-the-counter (OTC) and prescription medications. For the list of contraceptive methods that may be covered, visit your health plan website.

Diabetes Mellitus Screening after Pregnancy	82947, 82948,	Payable with a diagnosis code in
Diabetes Menitus Scieening after Fregueticy	82950, 82951,	Diagnosis List 1
HRSA Recommendation	83036	Diagnosis List I
December 2019	03030	
The Women's Preventive Services Initiative		
recommends women with a history of		
gestational diabetes mellitus (GDM) who are		
not currently pregnant and who have not		
been previously diagnosed with type 2		
diabetes mellitus should be screened for		
diabetes mellitus. Initial testing should ideally		
occur within the first year postpartum and can		
be conducted as early as 4–6 weeks		
postpartum. Women with a negative initial		
postpartum screening test result should be		
rescreened at least every 3 years for a		
minimum of 10 years after pregnancy. For		
women with a positive postpartum screening		
test result, testing to confirm the diagnosis of		
diabetes is indicated regardless of the initial		
test (e.g., oral glucose tolerance test, fasting		
plasma glucose, or hemoglobin A1c). Repeat		
testing is indicated in women who were		
screened with hemoglobin A1c in the first 6		
months postpartum regardless of the result.		
<b>Gestational Diabetes</b>	82947, 82948,	Payable with a pregnancy
	82950, 82951,	diagnosis
HRSA Recommendation December 2019	83036	
The Women's Preventive Services Initiative		
recommends screening pregnant women for		
gestational diabetes mellitus after 24 weeks of		
gestation (preferably between 24 and 28		
weeks of gestation) in order to prevent		
adverse birth outcomes. Screening with a 50 g		
oral glucose challenge test (followed by a 3-		
hour 100 g oral glucose tolerance test if		
results on the initial oral glucose challenge		
test are abnormal) is preferred because of its		
high sensitivity and specificity. The Women's		
Preventive Services Initiative suggests that		
women with risk factors for diabetes mellitus		
be screened for preexisting diabetes before 24		
weeks of gestation—ideally at the first		
•		İ
prenatal visit, based on current clinical best		
prenatal visit, based on current clinical best practices.		
prenatal visit, based on current clinical best practices.		

Mellitus Screening' recommendation		
Human Immune-Deficiency Virus Counseling & Screening  HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends prevention education and risk assessment for human immunodeficiency virus (HIV) infection in adolescents and women at least annually throughout the lifespan. All women should be tested for HIV at least once during their lifetime. Additional screening should be based on risk, and screening annually or more often may be appropriate for adolescents and women with an increased risk of HIV infection. Screening for HIV is recommended for all pregnant women upon initiation of prenatal care with retesting during pregnancy based on risk factors. Rapid HIV testing is recommended for pregnant women who present in active labor with an undocumented HIV status. Screening during pregnancy enables prevention of vertical transmission.  Refer also to USPSTF's 'Human Immunodeficiency Virus (HIV) Infection Screening for Pregnant and Non-Pregnant Adolescents and Adults' recommendation  Refer also to Bright Future's 'STI/HIV' Screening' recommendations	36415, 86689, 86701, 86702, 86703, 87389, 87390, 87391, 87806, G0432, G0433, G0435, G0475	Payable when billed with a diagnosis code in on Diagnosis List 1
Interpersonal and Domestic Violence Screening  HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends screening adolescents and women for interpersonal and domestic violence at least annually, and, when needed, providing or referring for initial intervention services. Interpersonal and domestic violence includes physical violence, sexual violence, stalking and psychological aggression (including coercion), reproductive coercion, neglect, and the threat of violence, abuse, or both. Intervention services include, but are	99401, 99402, 99403, 99404, 99411, 99412, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417	

not limited to, counseling, education, harm reduction strategies, and referral to appropriate supportive services.  Sexually Transmitted Infections Counseling  HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends directed behavioral counseling by a health care provider or other appropriately trained individual for sexually active adolescent and adult women at an increased risk for sexually transmitted infections (STIs). The Women's Preventive Services Initiative recommends that health care providers use a woman's sexual history and risk factors to help identify those at an increased risk of STIs. Risk factors may include age younger than 25, a recent history of an STI, a new sex partner, multiple partners, a partner with concurrent partners, a partner with an STI, and a lack of or inconsistent condom use. For adolescents and women not identified as high risk, counseling to reduce the risk of STIs should be considered, as determined by clinical judgement. Refer also to USPSTF's 'Sexually Transmitted'	99401, 99402, 99403, 99404, 99411, 99412, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, G0445	
Urinary Incontinence Screening  HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends screening women for urinary incontinence annually. Screening should ideally assess whether women experience urinary incontinence and whether it impacts their activities and quality of life. The Women's Preventive Services Initiative recommends referring women for further evaluation and treatment if indicated. The Women's Preventive Services Initiative recommends screening women for urinary incontinence as a preventive service. Factors associated with an increased risk for urinary incontinence include increasing parity,	There are no procedure codes specific to this service. This service would be part of the preventive office visit.	Payable with a diagnosis code in Diagnosis List 1

incontinence in women. Although minimum screening intervals are unknown, given the prevalence of urinary incontinence, the fact that many women do not volunteer symptoms, and the multiple, frequently-changing risk factors associated with incontinence, it is reasonable to conduct annually.  Well-Woman Visits  HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends that women receive at least one preventive care visit per year beginning in	99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, G0101, G0438, G0439, 99078,	Labs administered as part of a normal pregnancy reimbursable at the preventive level when billed with a pregnancy diagnosis
adolescence and continuing across the lifespan to ensure that the recommended	99401, 99402, 99403, 99404, 99411, 99412,	

# **ACIP Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
COVID-19 Vaccine	91300, 91301,	
	0001A, 0002A,	
	0003A, 0011A,	
	0012A, 0013A	
DTaP Vaccine	90696, 90698, 90700,	
	90702, 90723	

Hepatitis A Vaccine	90632, 90633, 90634,	
	90636	
Hepatitis B Vaccine	90739, 90740, 90743, 90744, 90746, 90747, 90748	Hepatitis B Vaccination is payable at the preventive level for newborns under 90 days of age when obtained in the inpatient setting from an in-network provider
Haemophilus Influenzae Type B (Hib) Vaccine	90647, 90648	
Human Papillomavirus Vaccine (HPV)	90649, 90650, 90651	Payable with a diagnosis code in Diagnosis List 1
Influenza Vaccine	90630, 90653, 90654, 90655, 90656, 90657, 90658, 90660, 90661,90662, 90666, 90667, 90668, 90672, 90673, 90674, 90682, 90685, 90686, 90687, 90688, 90689, 90694, 90756 Q2034, Q2035, Q2036, Q2037, Q2038, Q2039	
Measles, Rubella, Congenital Rubella Syndrome, and Mumps (MMR)	90707	
Measles, Mumps, Rubella, and Varicella (MMRV)	90710	
Meningococcal Vaccine	90644, 90733, 90734, 90619, 90620, 90621	
Pneumococcal Vaccine	90670, 90677, 90732	
Polio Vaccine	90713	
Rotavirus Vaccine	90680, 90681	

Tetanus Toxoid, Reduced Diphtheria Toxoid and Acellular Pertussis Vaccine (Tdap/Td)	90714, 90715	
Varicella Vaccine	90716	
Zoster (Shingles) Vaccine	90736, 90750	
Immunization Administration	90460, 90461, 90471, 90472, 90473, 90474, 90749	

# **Bright Futures Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
Alcohol Use and Drug Use Assessment	99408, 99409	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		
Recommends alcohol and drug use		
assessments for adolescents between the		
ages of 11 to 21 years		
Anemia Screening in Children	85014, 85018	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		
Recommends anemia screening for children		For details about pharmacy
under the age of 21 years of age		benefit coverage, contact the number on the patient's BCBS member card. A patient's
		pharmacy benefit may be managed by a company other than BCBS.
		Prescription required for both over-the-counter (OTC) and
		prescription medications.
		Coverage provided for members
		up to 1 year of age.
Cervical Dysplasia Screening	Q0091	Payable with a diagnosis code in Diagnosis List 1
Bright Futures		3 - 1 - 1
Recommends cervical dysplasia screening for		
adolescents age 21 years of age		

Critical Congonital Heart Defeat Corponing	94760	
Critical Congenital Heart Defect Screening	94760	
Bright Futures Recommends screening for critical congenital heart disease using pulse oximetry for newborns after 24 hours of age, before discharge from the hospital		
Depression Screening  Bright Futures Recommends depression screening for adolescents between the ages of 11 to 21 years  Refer also to USPSTF's 'Depression in Children and Adolescents Screening' recommendation	96110	Payable with a diagnosis code in Diagnosis List 1
Developmental Screening / Autism Screening Bright Futures Recommends developmental/autism screening for infants and young children between the ages of 9 months and 30 months	96110	Payable with a diagnosis code in Diagnosis List 1
Dyslipidemia Screening  Bright Futures Recommends dyslipidemia screening for children and adolescents between the ages of 24 months and 21 years of age	80061, 82465, 83718, 84478	Payable with a diagnosis code in Diagnosis List 1
Hearing Screening  Bright Futures Recommends hearing screenings for children and adolescents from birth through 21 years of age	92558, 92567, 92551, 92650, 92651, 92652, 92653, V5008	Procedure codes 92558, 92567, 92551, V5008 are payable at the preventive level only when billed with diagnosis codes Z01.10, Z01.118, and Z01.11 for ages 22 and under.  Eff. 01/01/2021 CPT codes 92650, 92651, 92652, 92653 may be payable at the preventive level only when billed with diagnosis codes Z01.10, Z01.118, and Z01.11 through ages 22 and under, if meeting Medical Policy criteria.

Hematocrit or Hemoglobin  Bright Futures	36415, 36416, 85014, 85018	Payable with a diagnosis code in Diagnosis List 1
Recommends hematocrit or hemoglobin screening for children and adolescents between the ages of four months and 21 years of age		
HIV Screening	87389, 87390, 87391, 87806, G0432, G0433, G0435	Payable with a diagnosis code in Diagnosis List 1
Lead Screening	36415, 36416, 83655	Payable with a diagnosis code in Diagnosis List 1
Bright Futures Recommends screening children between the ages of six months and six years for lead		
Maternal Depression Screening	99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, G0444	
Newborn Bilirubin	82247, 82248, 88720	Payable with a diagnosis in Diagnosis List 1
Newborn Blood Screening	S3620	Payable with a diagnosis code in Diagnosis List 1
Oral Health  Bright Futures	99211, 99212, 99188, 99381, 99382, 99383, 99384	Payable with a diagnosis code in Diagnosis List 1
Recommends oral health risk assessments beginning at six months of age		
Prenatal Visit	99401, 99402, 99403, 99404	Payable with a diagnosis code in Diagnosis List 1
Preventive Medicine Services: New Patients	99381, 99382, 99383, 99384, 99385	Payable with a diagnosis code in Diagnosis List 1
Preventive Medicine Services: Established Patients	99391, 99392, 99393, 99394, 99395	Payable with a diagnosis code in Diagnosis List 1
STI/HIV Screening	86631, 86632, 86701, 86703, 87081, 87110,	Payable with a diagnosis code in Diagnosis List 1
Bright Futures Recommends screening for all sexually active patients	87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801, 87810, 87850, 36415	
Refer also to USPSTF's 'Human	, ,	

Immunodeficiency Virus (HIV) Infection Screening for Pregnant and Non-Pregnant Adolescents and Adults' recommendations Refer also to HRSA's 'Sexually Transmitted Infections Counseling' recommendation		
Tuberculosis Testing  Bright Futures Recommends tuberculosis testing if the risk assessment is positive	86580, 99211	Payable with a diagnosis code in Diagnosis List 1
Vision Screening  Bright Futures Recommends vision screening for newborns through age 21 years	99173	Payable with a diagnosis code in Diagnosis List 1

Many of the services listed above may be performed for indications other than preventive care. In these situations, services may be covered by another provision of the individual's benefit plan and subject to applicable cost sharing.

#### **Diagnosis List 1**

Z00.00	Z00.01	Z00.110	Z00.111	Z00.121	Z00.129	Z00.8
Z01.411	Z01.419	Z02.83	Z11.1	Z11.3	Z11.4	Z11.51
Z11.7	Z12.11	Z12.12	Z12.2	Z12.31	Z12.39	Z12.4
Z12.5	Z13.0	Z13.1	Z13.220	Z13.31	Z13.32	Z13.4
Z13.41	Z13.42	Z13.5	Z13.6	Z13.820	Z20.2	Z20.6
Z23	Z30.011	Z30.012	Z30.013	Z30.014	Z30.015	Z30.016
Z30.017	Z30.018	Z30.019	Z30.02	Z30.09	Z30.40	Z30.41
Z30.42	Z30.430	Z30.431	Z30.432	Z30.433	Z30.44	Z30.45
Z30.46	Z30.49	Z30.8	Z30.9	Z32.2	Z71.41	Z71.51
Z71.6	Z71.7	Z71.82	Z71.83	Z86.32	Z97.5	R73.03

# **Breastfeeding Equipment & Supplies**

Non-grandfathered plans provide coverage of manual, electric, and hospital grade breast pumps along with breastfeeding supplies at the preventive level.

**Manual breast pumps** utilize procedure code E0602 and are available for purchase and covered at the preventive level when obtained In-Network, Out of Network, or from Retail providers. Sales tax is excluded from retail purchases.

**Electric breast pumps** utilize procedure code E0603 and must be rented or purchased from an In-Network provider or a contracted durable medical equipment supplier. The models of breast pumps being provided at the preventive level are up to the individual provider's discretion. If a member chooses to obtain an upgraded model, they may be balance billed the difference between the allowance of the standard model and the cost of the upgraded model. Members are allowed one electric breast pump per benefit period.

\*Note: Retail providers such as Target, Wal-Mart, or online vendor are not licensed medical providers and therefore are considered Out of Network. Out of network coverage will follow the out of network benefit level for preventive services. This may include cost sharing and sales tax is excluded. \*

Hospital grade breast pumps utilize procedure code E0604 and are only covered when rented In-Network or from an In-Network durable medical equipment supplier. Hospital grade breast pump coverage is up to the purchase price of \$1,000.00 or 12 months, whichever comes first. At the end of coverage, the unit must be returned to the durable medical equipment supplier. Members are allowed one breast pump per benefit period.

Breast pumps obtained from Out of Network providers are reimbursable at the Out of Network level.

The following breast pump supplies are reimbursable at the preventive level. Some limitations and restrictions may apply based on the group coverage for preventive services.

- A4281- Tubing for breast pump, replacement, spare membranes, replacements
- A4282- Adapter for breast pump, replacement
- A4283- Cap for breast pump bottle, replacement
- A4284- Breast shield and splash protector for use with breast pump, replacement
- A4285- Polycarbonate bottle for use with breast pump, replacement
- A4286- Locking ring for breast pump, replacement

#### Differentiating Preventive Care versus Diagnostic Care

The following types of services are considered Preventive:

- Screenings intended to prevent illness or identify issues before symptoms are evident
- Counseling intervention as defined by a specific preventive recommendation

### Examples of preventive services:

- A 60-year-old woman obtains her biennial mammogram to screen for breast cancer
- A patient who has been identified as having cardiovascular disease risk factors is referred for nutritional counseling

- A 50-year-old patient obtains a colonoscopy to screen for colorectal cancer
- A 42-year-old patient goes to their doctor for their annual physical and receives a blood test to screen for abnormal blood glucose

The following types of services are considered Diagnostic:

- The diagnosis of existing symptoms or abnormalities
- Treatment for specific health conditions, ongoing care, or other tests to manage a health condition

### Examples of diagnostic services:

- A 60-year-old woman obtains a mammogram after noticing a lump in her breast
- A patient diagnosed with diabetes is referred for nutritional counseling to manage their condition
- A patient goes to their doctor for their annual physical and receives a blood test to check iron and liver function, and a urinalysis is requested

#### <u>Limitations and Exclusions</u>

- 1. <u>Services not reimbursable at the preventive level may be reimbursable under another portion of</u> the medical plan.
- 2. Breastfeeding equipment and supplies not listed underneath the "Breastfeeding Equipment and Supplies" section. This includes, but is not limited to
  - a. Batteries
  - b. Breastfeeding ointments, creams
  - c. Breast milk storage supplies including bags, freezer packs, etc.
  - d. Breast pump cleaning supplies
  - e. Breast pump traveling cases
  - f. Infant scales
  - g. Nursing bras
  - h. Nursing covers, scarfs
- 3. Immunizations that are not published in the Center for Disease Control's Morbidity and Mortality Weekly Report (MMWR) and/or are not on the list of "Vaccines Licensed for Use in the United States" by the United States Food and Drug Administration (FDA).
- 4. Prescription coverage may vary depending on the terms and conditions of the plans. A prescription may be required for coverage under the pharmacy benefit. The plan may also require that the generic drug be tried first before the brand version. Age limits, restrictions, and other requirements may apply. Members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 5. For OTC purchases, members will need to obtain a prescription from their provider and take it to the pharmacy to be filled.
- 6. Exceptions may apply, members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.

7. If there is a medication not included, the member should consult their doctor for therapeutic alternatives first before submitting coverage exceptions to BCBS.

Each benefit plan, summary plan description or contract defines which services are covered, which services are excluded, and which services are subject to dollar caps or other limitations, conditions or exclusions. Members and their providers have the responsibility for consulting the member's benefit plan, summary plan description or contract to determine if there are any exclusions or other benefit limitations applicable to this service or supply. If there is a discrepancy between a MEDICAL POLICY and a member's benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract will govern.

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# **Policy Update History:**

Approval Date	Description
06/23/2017	New policy, replaces medical policy ADM1001.030
07/14/2017	Removed codes 99174 and 99177.
12/06/2017	Coding and USPSTF updates
04/30/2018	Coding and USPSTF updates
07/12/2018	Coding and USPSTF updates
12/27/2018	Coding and USPSTF updates
09/26/2019	Coding and USPSTF updates
10/14/2019	HPV vaccine update
12/30/2019	Disclaimer, Coding and USPSTF updates
04/20/2020	Recommendation updates
06/08/2020	Disclaimer, Coding, Links, and recommendation updates
09/09/2020	Coding and recommendation updates
12/21/2020	Coding and recommendation updates, drug information updates and
	disclaimers
1/12/2021	Coding updates
9/22/2021	Coding and recommendation updates, drug information updates
12/16/2021	Coding and USPSTF updates
03/23/2022	Coding and recommendation updates
06/01/2022	Coding and recommendation updates
07/29/2022	Diagnosis List 1 updates

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