

If a conflict arises between a Clinical Payment and Coding Policy ("CPCP") and any plan document under which a member is entitled to Covered Services, the plan document will govern. If a conflict arises between a CPCP and any provider contract pursuant to which a provider participates in and/or provides Covered Services to eligible member(s) and/or plans, the provider contract will govern. "Plan documents" include, but are not limited to, Certificates of Health Care Benefits, benefit booklets, Summary Plan Descriptions, and other coverage documents. BCBSNM may use reasonable discretion interpreting and applying this policy to services being delivered in a particular case. BCBSNM has full and final discretionary authority for their interpretation and application to the extent provided under any applicable plan documents.

Providers are responsible for submission of accurate documentation of services performed. Providers are expected to submit claims for services rendered using valid code combinations from Health Insurance Portability and Accountability Act ("HIPAA") approved code sets. Claims should be coded appropriately according to industry standard coding guidelines including, but not limited to: Uniform Billing ("UB") Editor, American Medical Association ("AMA"), Current Procedural Terminology ("CPT®"), CPT® Assistant, Healthcare Common Procedure Coding System ("HCPCS"), ICD-10 CM and PCS, National Drug Codes ("NDC"), Diagnosis Related Group ("DRG") guidelines, Centers for Medicare and Medicaid Services ("CMS") National Correct Coding Initiative ("NCCI") Policy Manual, CCI table edits and other CMS guidelines.

Claims are subject to the code edit protocols for services/procedures billed. Claim submissions are subject to claim review including but not limited to, any terms of benefit coverage, provider contract language, medical policies, clinical payment and coding policies as well as coding software logic. Upon request, the provider is urged to submit any additional documentation.

### **Preventive Services Policy**

Policy Number: CPCP006

Version: 1.0

Enterprise Clinical Payment and Coding Policy Committee Approval Date: September 26, 2022

Effective Date: October 1, 2022

Definitions

The following acronyms have been utilized throughout this reimbursement policy

- ACIP: Advisory Committee on Immunization Practices
- CDC: Centers for Disease Control and Prevention
- FDA: United States Food and Drug Administration
- HRSA: Health Resources and Services Administration

PPACA:	Patient Protection and Affordable Care Act of 2010
USPSTF:	United States Preventive Services Task Force

## Description

Section 2713 of the Patient Protection and Affordable Care Act (PPACA) mandates that private health plans provide coverage of preventive services issued by the following agencies: The United States Preventive Services Task Force (USPSTF), the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC), and the Health Resources and Service Administration (HRSA) with respect to women's guidelines and guidelines for infants, children, and adolescents. These services are available at no cost-share when obtained by a member covered under a non-grandfathered plan. This applies to members belonging to individual, small group, large group, and self-insured plans. There is no copay, deductible or coinsurance, even if the individual or family deductible or out-of-pocket maximum has not been met as long as the member utilizes a provider in the plan's network.

Preventive care or preventive medicine refers to measures or services taken to promote health and early detection/prevention of disease(s) and injuries rather than treating them and/or curing them. Preventive care may include, but are not limited to, examinations and screening tests tailored to an individual's age, health, and family history.

PPACA does not mandate that preventive services be covered at no member cost-share when obtained out-of-network. Members that obtain preventive services out of their network will be subject to copay, deductible, and coinsurance.

Grandfathered plans are plans that have been in existence prior to March 23, 2010 and are exempt from the requirement of providing preventive services at no member cost share. Grandfathered plans have the opportunity to elect providing coverage of preventive services at no member cost share but are not required to do so.

The USPSTF applies a letter grade for each of the recommendations that are released. The grade definitions for USPSTF recommendations released after July 2012 are as follows <u>https://www.uspreventiveservicestaskforce.org/Page/Name/grade-definitions</u>

Following the recommendation of the USPTF coverage of Grade "A" and "B" recommendations is provided at no member cost share for members with a non-grandfathered health plan. The USPTF published recommendations can be found at <u>https://www.uspreventiveservicestaskforce.org/BrowseRec/Index</u>

Grade	Definition
_	The USPSTF recommends the service. There is high
A	certainty that the net benefit is substantial.
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B	The USPSTF recommends the service. There is high
	certainty that the net benefit is moderate or there is
	moderate certainty that the net benefit is moderate to
	substantial.
C	The USPSTF recommends selectively offering or providing
C	this service to individual patients based on professional
	judgment and patient preferences. There is at least
	moderate certainty that the net benefit is small.
	The USPSTF recommends against the service. There is
D	_
	moderate or high certainty that the service has no net
	benefit or that the harms outweigh the benefits.
L 1	The USPSTF concludes that the current evidence is
•	insufficient to assess the balance of benefits and harms of
	the service. Evidence is lacking, of poor quality, or
	conflicting, and the balance of benefits and harms cannot
	be determined.
L	be determined.

The ACIP publishes recommendations on the safe utilization of vaccines. ACIP's recommendations include immunization schedules for children and adolescents as well as adults which can be found at <u>https://www.cdc.gov/vaccines/schedules/hcp/index.html</u>. Travel Immunizations such as, but not limited to, Japanese Encephalitis, Typhoid, Yellow Fever, and Small Pox are excluded from Preventive Service coverage. Other excluded vaccinations include Anthrax, Bacille Calmette Guerin for Tuberculosis (BCG), and Rabies which are not required by PPACA. Immunizations should be administered in accordance with the ACIP Recommended Child and Adult Immunization Schedules or in accordance with state law or regulations.

HRSA releases Women's Preventive Services guidelines that are aimed at improving women's health by recommending certain preventive services that should be obtained in the clinical setting. HRSA's list of recommendations can be obtained at <u>https://www.hrsa.gov/womensguidelines2016/index.html</u>

HRSA endorses preventive guidelines established by the American Academy of Pediatrics for the health and well-being of infants, children, and adolescents. These recommendations are referred to as Bright Futures and the comprehensive list of Bright Future's recommendations can be found at <u>https://www.aap.org/en-us/Documents/practicet\_periodicity\_AllVisits.pdf</u>

## **Reimbursement Information:**

Certain preventive care services may be considered eligible for coverage under the member's benefit plan as required by PPACA and/or an applicable state mandate. In general, these services include, but are not limited to, screenings, immunizations, and other types of care as recommended by the United States Federal Government.

These services are not subject to application of cost-sharing such as co-payments, co-insurance or deductibles when they are considered eligible for coverage and are provided by a network provider. In order for preventive claims to process at the preventive level with no member cost share, the claim

must include a preventive diagnosis code, a preventive procedure code, meet medical policy review criteria, and fall within the guidelines issued by the USPSTF, ACIP, HRSA, or Bright Futures.

Health care providers (facilities, physicians and other health care professionals) are expected to exercise independent medical judgement in providing care to patients. This Preventive Services Reimbursement policy is not intended to impact care decisions or medical practice.

The following grid provides a list of the recommendations released by the USPSTF, ACIP, HRSA, or Bright Futures along with the corresponding procedure codes and diagnosis codes deemed to be preventive.

### **USPSTF Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
Abdominal Aortic Aneurysm Screening <u>USPSTF "B" Recommendation December</u> <u>2019</u> The USPSTF recommends 1-time screening for abdominal aortic aneurysm (AAA) with ultrasonography in men aged 65 to 75 years who have ever smoked.	76706	Procedure code 76706 is reimbursable as preventive when submitted with one of the following: Z13.6, Z87.891, Z72.0, Z00.00, Z00.01, F17.210, F17.200
Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions	99385, 99386, 99387, 99395, 99396, 99397, 99408, 99409, G0396, G0397,	Payable with a diagnosis code in Diagnosis List 1
USPSTF "B" Recommendation November	G0442, G0443	
2018 The USPSTF recommends screening for unhealthy alcohol use in primary care settings for adults 18 years or older, including pregnant women, and providing persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce unhealthy alcohol use.		
Aspirin Use to Prevent Preeclampsia and Related Morbidity and Mortality: Preventive		For details about pharmacy benefit coverage, contact the
MedicationUSPSTF "B" Recommendation September2021The USPSTF recommends the use of low-doseaspirin (81 mg/day) as preventive medicationafter 12 weeks of gestation in persons who		number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.
are at high risk for preeclampsia.		Coverage includes generic aspirin
Asymptomatic Bacteriuria in Adults Screening	81007, 87086, 87088	81 mg tablets with a prescription. Payable with a Pregnancy Diagnosis

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USPSTF "B" Recommendation September		
2019 The UCDCTE recommended on the form		
The USPSTF recommends screening for		
asymptomatic bacteriuria using urine culture		
in pregnant persons.		
BRCA-Related Cancer Risk Assessment,	81212, 81215, 81216,	These services are subject to
Genetic Testing	81217, 81162, 81163,	Medical Policy and prior
-	81164, 81165, 81166,	authorization may be required
USPSTF "B" Recommendation August 2019	81167, 96040, 99385,	
USPSTF recommends that primary care	99386, 99387, 99395,	Procedure codes 81212, 81215-
clinicians assess women with a personal or	99396, 99397, 99401,	81217, 81162-81167, 81307 and
family history of breast, ovarian, tubal, or	99402, 99403, 99404,	81308 are reimbursable as
peritoneal cancer or who have an ancestry	G0463, S0265,	preventive when submitted with
associated with breast cancer susceptibility 1	81307, 81308	one of the following primary
and 2 (BRCA1/2) gene mutations with an		diagnosis codes:
appropriate brief familial risk assessment		Z80.3, Z80.41, Z85.3, Z85.43
tool. Women with a positive result on the risk		
assessment tool should receive genetic		Procedure code 96040 is
counseling and, if indicated after counseling,		reimbursable as preventive when
genetic testing.		submitted with one of the
		following primary diagnosis codes:
		Z80.3 or Z80.41
		All other precedure codes for
		All other procedure codes for BRCA are payable with a diagnosis
		in Diagnosis List 1
Breast Cancer Medications for Risk		For details about pharmacy
Reduction		benefit coverage, contact the
		number on the patient's BCBS
USPSTF "B" Recommendations September		member card. A patient's
2019		pharmacy benefit may be
The USPSTF recommends that clinicians offer		managed by a company other
to prescribe risk-reducing medications, such		than BCBS.
as tamoxifen, raloxifene, or aromatase		
inhibitors, to women who are at increased		Coverage includes generic
risk for breast cancer and at low risk for		anastrozole 1 mg, raloxifene hcl
adverse medication effects.		60 mg, and tamoxifen citrate 10
		and 20 mg tablets when used for
		prevention in members ages 35
		and over with a prescription.
Breast Cancer Screening	77061, 77062, 77063,	Payable with a diagnosis code in
LICOSTE "P" Decommondation longer 2016	77067	Diagnosis List 1
<u>USPSTF "B" Recommendation January 2016</u> The USPSTF recommends biennial screening		
-		
mammography for women aged 50 to 74		
years. Refer also to HRSA's 'Breast Cancer Screening		
for Women at Average Risk' recommendation		
jor women at Average hisk recommendation		

Proactfooding Drimons Core Internetion	00401 00402 00402	Flootric broost surgers listing to
Breastfeeding Primary Care Interventions	99401, 99402, 99403,	Electric breast pumps limited to
	99404, 99411, 99412	one per benefit period. Hospital
USPSTF "B" Recommendation October 2016		Grade breast pumps are limited to
The USPSTF recommends providing	A4281, A4282,	rental only.
interventions during pregnancy and after	A4283, A4284,	
birth to support breastfeeding.	A4285, A4286,	Additional reimbursement
	E0602, E0603, E0604,	information available within the
Refer also to HRSA's 'Breastfeeding Services	S9443	"Breastfeeding Equipment and
and Supplies' recommendation		Supplies"
Cervical Cancer Screening	99385, 99386, 99387,	Payable with a diagnosis code in
	99395, 99396,99397	Diagnosis List 1
USPSTF "A" Recommendation August 2018		
The USPSTF recommends screening for	G0101, 88141,	
cervical cancer every 3 years with cervical	88142, 88143, 88147,	
cytology alone in women aged 21 to 29 years.	88148, 88150, 88152,	
For women aged 30 to 65 years, the USPSTF	88153, 88155, 88164,	
recommends screening every 3 years with	88165, 88166, 88167,	
cervical cytology alone, every 5 years with	88174, 88175,	
high-risk human papillomavirus (hrHPV)	G0123, G0124,	
testing alone, or every 5 years with hrHPV	G0141, G0143,	
testing in combination with cytology	G0144, G0145,	
(cotesting).	G0147, G0148,	
	P3000, P3001,	
Refer also to HRSA's 'Cervical Cancer	Q0091, 87623,	
Screening' recommendation	87624, 87625, S0610,	
Screening recommendation	S0612, 0500T,0096U,	
	0354U	
Chlamydia Screening	86631, 86632, 87110,	Payable with a diagnosis code in
	87270, 87320, 87490,	Diagnosis List 1
USPSTF "B" Recommendations September	87491, 87492, 87801,	
2021	87810	
The USPSTF recommends screening for	0/010	
chlamydia in sexually active women age 24		
years and younger and in women 25 years or		
older who are at increased risk for infection.		
older who are at increased risk for infection.		
Colorectal Cancer Screening	82270, 82274,	Certain colorectal cancer
	G0328, 44388,	screening services may be subject
USPSTF "A" Recommendation May 2021	44389,44392, 44394,	to medical policy criteria and may
The USPSTF recommends screening for	44303,44332, 44334,	require prior authorization
colorectal cancer in all adults aged 50 to 75	45378,45380,	
years.	45381,45384,	Modifier 33 or PT may be applied
years.	45385,45388, G0105,	Payable with a diagnosis in
USPSTF "B" Recommendation May 2021	G0106, G0120,	Diagnosis List 1
The USPSTF recommends screening for	G0100, G0120, G0121, G0122,45330,	
colorectal cancer in adults aged 45 to 49	45331, 45333,45335,	In the instance that a polyp is
-	45338,45346, 74263,	removed during a preventive
years.		colonoscopy, the colonoscopy as
The visit and have fits of different second	88304, 88305,	
The risks and benefits of different screening	G0104, 99202,	well as the removal of the polyp and the labs and services related
methods vary.	99203, 99204, 99205, 99211, 99212, 99213,	to the colonoscopy are

Г	1	
	99214, 99215, 99417,	reimbursable at the preventive
	S0285, 00812, 00813	level.
	81528	
		Sedation procedure codes 99152,
		99153, 99156, 99157, and G0500
		will process at the preventive level
		when billed with a diagnosis of
		Z12.11 or Z12.12
		Procedure code 74263 is
		reimbursable at the preventive
		level when billed with one of the
		following three diagnosis codes:
		Z00.00, Z12.11, Z12.12
		Procedure code 81528 is
		reimbursable at the preventive
		level when billed with Z12.11 or
		Z12.12 for out of network claims.
		For details about pharmacy
		benefit coverage, contact the
		number on the patient's BCBS
		member card. A patient's
		pharmacy benefit may be
		managed by a company other
		than BCBS.
		Coverage includes generic peg
		3350-kcl-na bicarb-nacl-na sulfate
		solutions for members ages 45
		and over with a prescription.
Congenital Hypothyroidism Screening	84443, 99381, S3620	
USPSTF "A" Recommendation March 2008		
The USPSTF recommends screening for		
congenital hypothyroidism in newborns.		
Dental Caries in Children from Birth Through	99188	For details about pharmacy
Age 5 Years Screening		benefit coverage, contact the
0		number on the patient's BCBS
USPSTF "B" Recommendation December		member card. A patient's
2021		pharmacy benefit may be
The USPSTF recommends that primary care		managed by a company other
clinicians prescribe oral fluoride		than BCBS.
supplementation starting at age 6 months for		
children whose water supply is deficient in		
fluoride.		Prescription required for both
		over-the-counter (OTC) and
USPSTF "B" Recommendation December		prescription medications.
2021		
The USPSTF recommends that primary care		

clinicians apply fluoride varnish to the		
primary teeth of all infants and children		
starting at the age of primary tooth eruption.		
Depression Screening Adults USPSTF "B" Recommendation January 2016	99385, 99386, 99387, 99395, 99396, 99397, 96160, 96161,	Payable with a diagnosis code in Diagnosis List 1
The USPSTF recommends screening for depression in the general adult population, including pregnant and postpartum women. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.	G0444, 96127	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or Z13.42
Depression in Children and Adolescents Screening	99384, 99385, 99394, 99395, 96127, G0444	Payable with a diagnosis in Diagnosis List 1
<u>USPSTF "B" Recommendation February 2016</u> The USPSTF recommends screening for major depressive disorder (MDD) in adolescents aged 12 to 18 years. Screening should be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.		Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or Z13.42
<i>Refer also to Bright Futures 'Depression Screening' recommendation</i>		
Falls Prevention in Community Dwelling Older Adults: InterventionsUSPSTF "B" Recommendation April 2018 The USPSTF recommends exercise interventions to prevent falls in community-dwelling adults aged 65 years or older who are at increased risk for falls.	97110, 97112, 97116, 97150, 97161, 97162, 97163, 97164, 97165, 97166, 97167, 97168, 97530	Procedure codes 97110, 97112, 97116, 97150, 97161, 97162, 97163, 97164, 97165, 97166, 97167, 97168, and 97530 reimbursable with a diagnosis of Z91.81
Folic Acid for the Prevention of Neural Tube Defects: Preventive Medication		For details about pharmacy benefit coverage, contact the number on the patient's BCBS
<u>USPSTF "A" Recommendation January 2017</u> The USPSTF recommends that all women who are planning or capable of pregnancy take a daily supplement containing 0.4 to 0.8 mg (400 to 800 µg) of folic acid.		member card. A patient's pharmacy benefit may be managed by a company other than BCBS.
		Prescription required for both over-the-counter (OTC) and prescription medications.
Gestational Diabetes: Screening	36415, 82947, 82948, 82950, 82951, 82952,	Payable with a pregnancy diagnosis
USPSTF "B" Recommendation August 2021	83036	-

USPSTF "B" Recommendation December 2020		
Hepatitis B Virus Infection Screening	80055, 80074, 80076, 86706, 87340, 87341	Payable with a diagnosis code in Diagnosis List 1
Hepatitis B in Pregnant Women Screening <u>USPSTF "A" Recommendation July 2019</u> The USPSTF recommends screening for hepatitis B virus (HBV) infection in pregnant women at their first prenatal visit.	80055, 86706, 87340, 87341, 80074, 80076, G0499, 36415	Payable with a pregnancy diagnosis, or a diagnosis code in Diagnosis List 1
Healthy Weight and Weight Gain in Pregnancy: Behavioral Counseling Interventions USPSTF "B" Recommendation May 2021 The USPSTF recommends that clinicians offer pregnant persons effective behavioral counseling interventions aimed at promoting healthy weight gain and preventing excess gestational weight gain in pregnancy.	99384, 99385, 99386, 99394, 99395, 99396, 99401, 99402, 99403, 99404, 99411, 99412	
Integration of the initial of the initial producted in the initial product of the initial prod	87801, 87590, 87591, 87592, 87850 99385, 99386, 99387, 99395, 99396, 99397, G0438, G0439, G0446, S9452, S9470, 97802, 97803, 97804, G0270, G0271, 99078, 99401, 99402, 99403, 99404, 99411, 99412, G0473	Payable with a diagnosis code in Diagnosis List 1
The USPSTF recommends screening for gestational diabetes in asymptomatic pregnant persons at 24 weeks of gestation or after. <i>Refer also to HRSA's 'Gestational Diabetes'</i>		

The USPSTF recommends screening for hepatitis B virus (HBV) infection in adolescents and adults at increased risk for infection.		
Hepatitis C Screening <u>USPSTF "B" Recommendation March 2020</u> The USPSTF recommends screening for hepatitis C virus infection in adults aged 18 to 79 years.	86803, 86804, G0472	Payable with a pregnancy diagnosis, or a diagnosis code in Diagnosis List 1
High Blood Pressure Screening in Adults <u>USPSTF "A" Recommendation April 2021</u> The USPSTF recommends screening for high blood pressure in adults aged 18 years or older. The USPSTF recommends obtaining measurements outside of the clinical setting for diagnostic confirmation before starting treatment.	93784, 93786, 93788, 93790, 99385, 99386, 99387, 99395, 99396, 99397, 99473, 99474	Procedure codes 93784, 93786, 93788, 93790, 99473, and 99474 are reimbursable at the preventive level when billed with one of the following diagnosis codes: R03.0, R03.1, Z01.30, Z01.31
Human Immunodeficiency Virus (HIV) Infection Prevention Drug Pre-exposure Prophylaxis (PrEP) <u>USPSTF "A" Recommendation June 2019</u> The USPSTF recommends that clinicians offer preexposure prophylaxis (PrEP) with effective antiretroviral therapy to persons who are at high risk of HIV acquisition. See the Clinical Considerations section for information about identification of persons at high risk and selection of effective antiretroviral therapy.		Baseline and monitoring services related to PrEP medication are reimbursable at the reimbursable at the preventive level. Details about benefit coverage contact the number on the patient's BCBS card. For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS. Coverage includes brand and/or generic Truvada (emtricitabine/ tenofovir disoproxil fumarate) 200-300 mg tablets when used for prevention with a prescription. Refer to the member's drug list for coverage details.

Human Immunodeficiency Virus (HIV)Infection Screening for Non-PregnantAdolescents and AdultsUSPSTF "A" Recommendation June 2019The USPSTF recommends that cliniciansscreen for HIV infection in adolescents andadults aged 15 to 65 years. Youngeradolescents and older adults who are atincreased risk should also be screened.Refer also to HRSA's 'HIV Screening andCounseling' recommendationRefer also to Bright Future's 'STI/HIVScreening' recommendation	87389, 87390, 87391, 87806, G0432, G0433, G0435	Payable with a diagnosis code in Diagnosis List 1
Human Immunodeficiency Virus (HIV)Infection Screening for Pregnant WomenUSPSTF "A" Recommendation June 2019The USPSTF recommends that cliniciansscreen all pregnant persons, , including thosewho present in labor or at delivery whose HIVstatus is unknown.Refer also to HRSA's 'HIV Screening andCounseling' recommendationRefer also to Bright Future's 'STI/HIVScreening' recommendation	36415, 80081, 86689, 86701, 86702, 86703, 87389, 87390, 87391, 87806, G0432, G0433, G0435, G0475	Payable with a pregnancy diagnosis or a diagnosis code in Diagnosis List 1
Intimate Partner Violence, Elder Abuse, and Abuse of Vulnerable Adults Screening <u>USPSTF "B" Recommendation October 2018</u> The U.S. Preventive Services Task Force (USPSTF) recommends that clinicians screen for intimate partner violence in women of reproductive age and provide or refer women who screen positive to ongoing support services. Latent Tuberculosis Infection Screening	99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99384, 99385, 99386,99387, 99394, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, 99417, S0610, S0612, S0613 86480, 86481, 86580	Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1
<u>USPSTF "B" Recommendation September</u> <u>2016</u> The USPSTF recommends screening for latent tuberculosis infection (LTBI) in populations at increased risk.		Diagnosis List 1

Lung Cancer Screening <u>USPSTF "B" Recommendation March 2021</u> The USPSTF recommends annual screening for lung cancer with low-dose computed tomography (LDCT) in adults aged 50 to 80 years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years. Screening should be discontinued once a person has not smoked for 15 years or develops a health problem that substantially limits life expectancy or the ability or willingness to have curative lung	G0296, 71271	Subject to medical policy criteria and may require preauthorization Eff. 01/01/2021 procedure code 71271 is reimbursable at the preventive level if it meets medical policy criteria and is billed with one of the following diagnosis codes: F17.200, F17.201, F17.210, F17.211, F17.220, F17.221, F17.290, F17.291, Z12.2, Z87.891
surgery. Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral Interventions USPSTF "B" Recommendation September 2018 The USPSTF recommends that clinicians offer or refer adults with a body mass index (BMI) of 30 or higher (calculated as weight in kilograms divided by height in meters squared) to intensive, multicomponent behavioral interventions.	97802, 97803, 97804, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 99411, 99412, 99078, G0447, G0473	
Obesity in Children and Adolescents Screening USPSTF "B" Recommendation June 2017 The USPSTF recommends that clinicians screen for obesity in children and adolescents 6 years and older and offer them or refer them to comprehensive, intensive behavioral interventions to promote improvement in weight status.	97802, 97803, 99383, 99384, 99385, 99393, 99401, 99402, 99403, 99404, 99411, 99412, G0446, G0447, G0473	
Ocular Prophylaxis for Gonococcal Ophthalmia Neonatorum Preventive Medication USPSTF "A" Recommendation January 2019 The USPSTF recommends prophylactic ocular topical medication for all newborns to prevent gonococcal ophthalmia neonatorum.		When billed under inpatient medical
Osteoporosis Screening <u>USPSTF "B" Recommendation June 2018</u> The USPSTF recommends screening for osteoporosis with bone measurement testing	76977, 77078, 77080, 77081, 78350, 78351, G0130,	Payable with a diagnosis code in Diagnosis List 1

Rh(D) Incompatibility Screening <u>USPSTF "A" Recommendation February 2004</u> The USPSTF strongly recommends Rh(D) blood typing and antibody testing for all pregnant women during their first visit for pregnancy-related care.	80055, 86850, 86870, 86900, 86901, 36415	Payable with a pregnancy diagnosis
Preeclampsia Screening <u>USPSTF "B" Recommendation April 2017</u> The USPSTF recommends screening for preeclampsia in pregnant women with blood pressure measurements throughout pregnancy.		Preeclampsia screening is done through routine blood pressure measurements
Prediabetes and Type 2 Diabetes Screening <u>USPSTF "B" Recommendation August 2021</u> The USPSTF recommends screening for prediabetes and type 2 diabetes in adults aged 35 to 70 years who have overweight or obesity. Clinicians should offer or refer patients with prediabetes to effective preventive interventions.	82947, 82948, 82950, 82951, 83036, 82952, 97802, 97803, 97804, 99401, 99402, 99403, 99404, G0270, G0271, G0447, G0473, S9470	Payable with a diagnosis code in Diagnosis List 1
Phenylketonuria in Newborns Screening <u>USPSTF "A" Recommendation March 2008</u> The USPSTF recommends screening for phenylketonuria in newborns.	84030, 99381, S3620	Procedure codes 84030 and S3620 reimbursable at the preventive level for children 0-90 days old
Perinatal Depression: Preventive Interventions <u>USPSTF "B" Recommendation February 2019</u> The USPSTF recommends that clinicians provide or refer pregnant and postpartum persons who are at increased risk of perinatal depression to counseling interventions	99385,99386, 99387, 99395, 99396, 99397, 99401, 99402, 99403, 99404, 96160, 96161, G0444	Payable with a diagnosis code in Diagnosis List 1
to prevent osteoporotic fractures in women 65 years and older. The USPSTF recommends screening for osteoporosis with bone measurement testing to prevent osteoporotic fractures in postmenopausal women younger than 65 years who are at increased risk of osteoporosis, as determined by a formal clinical risk assessment tool.		

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USPSTF "B" Recommendation February 2004		
The USPSTF recommends repeated Rh(D)		
antibody testing for all unsensitized Rh(D)-		
negative women at 24 to 28 weeks' gestation,		
unless the biological father is known to be		
Rh(D)-negative.		
Sexually Transmitted Infections Behavioral	99384, 99385, 99386,	
Counseling	99387, 99394, 99395,	
LICECTE (ID) December detien August 2020	99396, 99397, 99401,	
USPSTF "B" Recommendation August 2020	99402, 99403, 99404,	
The USPSTF recommends behavioral	99411, 99412, G0445	
counseling for all sexually active adolescents		
and for adults who are at increased risk for		
sexually transmitted infections (STIs).		
Refer also to HRSA's 'Sexually Transmitted		
Infections Counseling' recommendation		
injections counseling recommendation		
Sickle Cell Disease (Hemoglobinopathies) in	83020, 83021, 83030,	
Newborns Screening	83033, 83051, 85004,	
	85013, 85014, 85018,	
USPSTF "A" Recommendation September	85025, 85027, 99381,	
<u>2007</u>	G0306, G0307,	
The USPSTF recommends screening for sickle	S3620, S3850	
cell disease in newborns.		
Skin Cancer Counseling	There are no	
	procedure codes	
USPSTF "B" Recommendation March 2018	specific to skin	
The USPSTF recommends counseling young	cancer counseling.	
adults, adolescents, children, and parents of		
young children about minimizing exposure to		
ultraviolet (UV) radiation for persons aged 6		
months to 24 years with fair skin types to		
reduce their risk of skin cancer.		
Statin Use for the Primary Prevention of	80061, 82465, 83700,	For details about pharmacy
Cardiovascular Disease in Adults Preventive	83718, 83719, 83721,	benefit coverage, contact the
Medication	84478	number on the patient's BCBS
		member card. A patient's
USPSTF "B" Recommendation August 2022		pharmacy benefit may be
The USPSTF recommends that clinicians		managed by a company other
prescribe a statin for the primary prevention		than BCBS.
of CVD for adults aged 40 to 75 years who		
have 1 or more CVD risk factors (i.e.		Coverage includes atorvastatin 10
dyslipidemia, diabetes, hypertension, or		mg and 20 mg, lovastatin 20 mg
smoking) and an estimated 10-year risk of a		and 40 mg tablets, pravastatin 10
cardiovascular event of 10% or greater.		mg, 20 mg, 40 mg, and 80 mg
		tablets for members ages 40 – 75
		years of age with a prescription.
		Jears of age with a prescription.

Syphilis Infection in Nonpregnant Adults and Adolescents Screening         USPSTF "A" Recommendation June 2016         The USPSTF recommends screening for syphilis infection in persons who are at increased risk for infection.	86592, 86780, 0065U	Payable with a diagnosis code in Diagnosis List 1
Syphilis Infection in Pregnant Women         Screening         USPSTF "A" Recommendation September         2018         The USPSTF recommends early screening for         syphilis infection in all pregnant women.	80055, 80081, 86592, 86593, 86780, 0065U, 36415	Payable with a pregnancy diagnosis or a diagnosis code in Diagnosis List 1
Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions USPSTF "A" Recommendation January 2021 The USPSTF recommends that clinicians ask all adults about tobacco use, advise them to stop using tobacco, and provide behavioral interventions and U.S. Food and Drug Administration (FDA)–approved pharmacotherapy for cessation to adults who use tobacco. USPSTF "A" Recommendation January 2021 The USPSTF recommends that clinicians ask all pregnant women about tobacco use, advise them to stop using tobacco, and provide behavioral interventions for cessation to pregnant women who use tobacco.	99401, 99402, 99403, 99404, 99406, 99407, G9016, S9453	For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS. Two 90-day treatment regimens per benefit period. The 90-day treatments are at the discretion of the provider working with the member Prescription required for both over-the-counter (OTC) and prescription medications. Coverage includes: Generic bupropion hcl (smoking deterrent) ER 12hr 150 mg tablets Generic nicotine polacrilex 2 mg and 4 mg gum Generic nicotine 24hr 7 mg, 14 mg, and 21 mg transdermal patches

		<ul> <li>Generic varenicline tartrate 0.5 mg and 1 mg tablets</li> <li>Brand Nicotine Transdermal Systems</li> <li>Brand Nicotrol Inhaler</li> <li>Brand Nicotrol Nasal Spray</li> </ul>
Tobacco Use in Children and Adolescents Primary Care InterventionsUSPSTF "B" Recommendation April 2020 The USPSTF recommends that primary care clinicians provide interventions, including education or brief counseling, to prevent initiation of tobacco use among school-aged children and adolescents.	99401, 99402, 99403, 99404, 99406, 99407, G9016, S9453	Refer to Preventive Services Recommendation for Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions
Screening for Unhealthy Drug Use <u>USPSTF "B" Recommendation June 2020</u> The USPSTF recommends screening by asking questions about unhealthy drug use in adults age 18 years or older. Screening should be implemented when services for accurate diagnosis, effective treatment, and appropriate care can be offered or referred.	99385, 99386, 99387, 99395, 99396, 99397, 99408, 99409, G0396, G0397	Payable with a diagnosis code in Diagnosis List 1
Vision Screening in Children <u>USPSTF "B" Recommendation September</u> <u>2017</u> The USPSTF recommends vision screening at least once in all children aged 3 to 5 years to detect amblyopia or its risk factors.	99172, 99173, 0333T	

General Lab Panel	80050, 80053	Payable with a diagnosis code in
These lab codes could be multiple Preventive		Diagnosis List 1
Services recommendations		

## **HRSA Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
Anxiety Screening HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends screening for anxiety in adolescent and adult women, including those who are pregnant or postpartum.	96127, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, G0444	Procedure code 96127 is only reimbursable at the preventive level when billed with a diagnosis of Z00.129, Z13.31, Z13.32, Z13.39, Z13.41, or Z13.42
Breast Cancer Screening for Women at Average Risk <u>HRSA Recommendation December 2019</u> The Women's Preventive Services Initiative recommends that average-risk women initiate mammography screening no earlier than age 40 and no later than age 50. Screening mammography should occur at least biennially and as frequently as annually. Screening should continue through at least age 74 and age alone should not be the basis to discontinue screening. These screening recommendations are for women at average risk of breast cancer. Women at increased risk should also undergo periodic mammography screening, however, recommendations for additional services are beyond the scope of this recommendation	77061, 77062, 77063, 77065, 77066, 77067, G0279	Payable with a diagnosis code in Diagnosis List 1
Breastfeeding Services and SuppliesHRSA Recommendation December 2019The Women's Preventive Services Initiativerecommends comprehensive lactation supportservices (including counseling, education, andbreastfeeding equipment and supplies) duringthe antenatal, perinatal, and the postpartumperiod to ensure the successful initiation andmaintenance of breastfeeding.Refer also to USPSTF's 'Breastfeeding PrimaryCare Interventions' recommendation	E0602, E0603, E0604, A4281, A4282, A4283, A4284, A4285, A4286, S9443, 99401, 99402, 99403, 99404, 99411, 99412, 99347, 99348, 99349, 99350	Electric breast pumps limited to one per benefit period. Hospital Grade breast pumps are limited to rental only. Additional reimbursement information available within the "Breastfeeding Equipment and Supplies" Coverage
Cervical Cancer Screening HRSA Recommendation December 2019	0096U, 0500T, 87623, 87624, 87625, 88141,	Payable with a diagnosis code in Diagnosis List 1

	1	1
The Women's Preventive Services Initiative	88142, 88143,	
recommends cervical cancer screening for	88147, 88148,	
average-risk women aged 21 to 65 years. For	88150, 88152,	
women aged 21 to 29 years, the Women's	88153, 88155,	
Preventive Services Initiative recommends	88164, 88165,	
cervical cancer screening using cervical	88166, 88167,	
cytology (Pap test) every 3 years. Cotesting	88174, 88175,	
with cytology and human papillomavirus	99385, 99386,	
testing is not recommended for women	99387, 99395,	
younger than 30 years. Women aged 30 to 65	99396, 99397,	
years should be screened with cytology and	G0101, G0123,	
human papillomavirus testing every 5 years or	G0124, G0141,	
cytology alone every 3 years. Women who are	G0143, G0144,	
at average risk should not be screened more	G0145, G0147,	
than once every 3 years.	G0148, G0476,	
	P3000, P3001,	
Refer also to USPSTF 'Cervical Cancer	Q0091, S0610,	
Screening' recommendation	S0612	
	50012	
Contraceptive Methods and Counseling	57170, 58300,	Contraception methods that
	58301, 58600,	require a prescription may be
HRSA Recommendation December 2019	58605, 58611,	covered under the patient's
The Women's Preventive Services Initiative	58615, 58661,	medical or pharmacy benefit. For
recommends that adolescent and adult	58565, 58670,	details about pharmacy benefit
women have access to the full range of	58671, 58340,	coverage for contraception,
female-controlled contraceptives to prevent	74740, 88302,	contact the number on the
unintended pregnancy and improve birth	88305, 96372,	patient's BCBS member card. A
outcomes. Contraceptive care should include	11976, 11981,	patient's pharmacy benefit may be
contraceptive counseling, initiation of	11982, 11983,	managed by a company other
contraceptive coursening, initiation of contraceptive use, and follow-up care (e.g.,	A4261, A4264,	than BCBS.
management, and evaluation as well as	A4266, A4268,	than bebs.
-	A4269, J1050,	Visits pertaining to contraceptive
changes to and removal or discontinuation of	J7296, J7297, J7298,	
the contraceptive method). The Women's		counseling, initiation of
Preventive Services Initiative recommends	J7300, J7301, J7303,	contraceptive use, and follow-up
that the full range of female-controlled U.S.	J7304, J7306, J7307,	care may also apply to procedure
Food and Drug Administration-approved	S4981, S4989,	codes under HRSA's 'Well-Woman'
contraceptive methods, effective family		recommendation
planning practices, and sterilization		
procedures be available as part of		Procedure code 58340
contraceptive care. The full range of		reimbursable at the preventive
contraceptive methods for women currently		level only when accompanied with
identified by the U.S. Food and Drug		modifier 33 or one of the
Administration include: (1) sterilization		following diagnosis codes: Z30.2,
surgery for women, (2) surgical sterilization via		Z30.40, Z30.42, Z30.49, Z98.51,
implant for women, (3) implantable rods, (4)		
copper intrauterine devices, (5) intrauterine		Procedure codes 11981, 11982,
devices with progestin (all durations and		and 11983 (are covered only when
doses), (6) the shot or injection, (7) oral		FDA approved contraceptive
contraceptives (combined pill), 8) oral		implant insertion or removal are
contraceptives (progestin only, and), (9) oral		performed) are reimbursable at
contraceptives (extended or continuous use),		the preventive level when billed
	1	

(10) the contraceptive patch, (11) vaginal contraceptive rings, (12) diaphragms, (13) contraceptive sponges, (14) cervical caps, (15) female condoms, (16) spermicides, and (17) emergency contraception (levonorgestrel), and (18) emergency contraception (ulipristal acetate), and additional methods as identified by the FDA. Additionally, instruction in fertility awareness-based methods, including the lactation amenorrhea method, although less effective, should be provided for women desiring an alternative method.		<ul> <li>with one of the following diagnosis codes: Z30.013, Z30.017, Z30.018, Z30.019, Z30.09, Z30.40, Z30.42, Z30.46, Z30.49, Z30.8, Z30.9</li> <li>Procedure code 58661 reimbursable at the preventive level with a diagnosis of Z30.2</li> <li>For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.</li> <li>Prescription required for both over-the-counter (OTC) and prescription medications. For the list of contraceptive methods that may be covered, visit your health plan website.</li> </ul>
Diabetes Mellitus Screening after Pregnancy <u>HRSA Recommendation</u> <u>December 2019</u> The Women's Preventive Services Initiative recommends women with a history of gestational diabetes mellitus (GDM) who are not currently pregnant and who have not been previously diagnosed with type 2 diabetes mellitus should be screened for diabetes mellitus. Initial testing should ideally occur within the first year postpartum and can be conducted as early as 4–6 weeks postpartum. Women with a negative initial postpartum screening test result should be rescreened at least every 3 years for a minimum of 10 years after pregnancy. For women with a positive postpartum screening test result, testing to confirm the diagnosis of diabetes is indicated regardless of the initial test (e.g., oral glucose tolerance test, fasting plasma glucose, or hemoglobin A1c). Repeat testing is indicated in women who were screened with hemoglobin A1c in the first 6 months postpartum regardless of the result.	82947, 82948, 82950, 82951, 83036	Payable with a diagnosis code in Diagnosis List 1

02047 02040	Develop with a presence of
	Payable with a pregnancy
	diagnosis
83036	
36415 86689	Payable when billed with a
	diagnosis code in on Diagnosis List
	-
	82947, 82948, 82950, 82951, 83036 36415, 86689, 86701, 86702, 86703, 87389, 87390, 87391, 87806, G0432, G0433, G0435, G0475

Refer also to Bright Future's 'STI/HIV'		
Screening' recommendations		
Interpersonal and Domestic Violence Screening HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends screening adolescents and women for interpersonal and domestic violence at least annually, and, when needed, providing or referring for initial intervention services. Interpersonal and domestic violence includes physical violence, sexual violence, stalking and psychological aggression (including coercion), reproductive coercion, neglect, and the threat of violence, abuse, or both. Intervention services include, but are not limited to, counseling, education, harm reduction strategies, and referral to appropriate supportive services.	99401, 99402, 99403, 99404, 99411, 99412, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, 99202, 99203, 99204, 99205, 99211, 99212, 99213, 99214, 99215, 99417	
Sexually Transmitted Infections Counseling <u>HRSA Recommendation December 2019</u> The Women's Preventive Services Initiative recommends directed behavioral counseling by a health care provider or other appropriately trained individual for sexually active adolescent and adult women at an increased risk for sexually transmitted infections (STIs). The Women's Preventive Services Initiative recommends that health care providers use a woman's sexual history and risk factors to help identify those at an increased risk of STIs. Risk factors may include age younger than 25, a recent history of an STI, a new sex partner, multiple partners, a partner with concurrent partners, a partner with an STI, and a lack of or inconsistent condom use. For adolescents and women not identified as high risk, counseling to reduce the risk of STIs should be considered, as determined by clinical judgement. <i>Refer also to USPSTF's 'Sexually Transmitted</i> <i>Infections Behavioral Counseling'</i> <i>recommendation</i>	99401, 99402, 99403, 99404, 99411, 99412, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, G0445	
Urinary Incontinence Screening	There are no procedure codes	Payable with a diagnosis code in Diagnosis List 1

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HRSA Recommendation December 2019 The Women's Preventive Services Initiative recommends screening women for urinary incontinence annually. Screening should ideally assess whether women experience urinary incontinence and whether it impacts their activities and quality of life. The Women's Preventive Services Initiative recommends referring women for further evaluation and treatment if indicated. The Women's Preventive Services Initiative recommends screening women for urinary incontinence as a preventive service. Factors associated with an increased risk for urinary incontinence include increasing parity, advancing age, and obesity; however, these factors should not be used to limit screening. Several screening tools demonstrate fair to high accuracy in identifying urinary incontinence in women. Although minimum screening intervals are unknown, given the prevalence of urinary incontinence, the fact	specific to this service. This service would be part of the preventive office visit.	
	99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397, G0101, G0438, G0439, 99078, 99401, 99402, 99403, 99404, 99411, 99412,	Labs administered as part of a normal pregnancy reimbursable at the preventive level when billed with a pregnancy diagnosis
and many services necessary for prenatal and interconception care are obtained. The primary purpose of these visits should be the delivery and coordination of recommended preventive services as determined by age and risk factors.	99408, 99409, G0396, G0442, G0443, G0444	

## **ACIP Recommendations:**

Service:	Procedure	Additional
	Code(s):	Reimbursement Criteria:
COVID-19 Vaccine	91300, 91301, 0001A, 0002A, 0003A, 0011A, 0012A, 0013A	
DTaP Vaccine	90696, 90698, 90700, 90702, 90723	
Hepatitis A Vaccine	90632, 90633, 90634, 90636	
Hepatitis B Vaccine	90739, 90740, 90743, 90744, 90746, 90747, 90748, 90759	Hepatitis B Vaccination is payable at the preventive level for newborns under 90 days of age when obtained in the inpatient setting from an in-network provider
Haemophilus Influenzae Type B (Hib) Vaccine	90647, 90648	
Human Papillomavirus Vaccine (HPV)	90649, 90650, 90651	Payable with a diagnosis code in Diagnosis List 1
Influenza Vaccine	90630, 90653, 90654, 90655, 90656, 90657, 90658, 90660, 90661,90662, 90666, 90667, 90668, 90672, 90673, 90674, 90682, 90685, 90686, 90687, 90688, 90689, 90694, 90756 Q2034, Q2035, Q2036, Q2037, Q2038, Q2039	
Measles, Rubella, Congenital Rubella Syndrome, and Mumps (MMR)	90707	
Measles, Mumps, Rubella, and Varicella (MMRV)	90710	
Meningococcal Vaccine	90644, 90733, 90734, 90619, 90620, 90621	

Pneumococcal Vaccine	90670, 90677, 90732	
Polio Vaccine	90713	
Rotavirus Vaccine	90680, 90681	
Tetanus Toxoid, Reduced Diphtheria Toxoid and Acellular Pertussis Vaccine (Tdap/Td)	90714, 90715	
Varicella Vaccine	90716	
Zoster (Shingles) Vaccine	90736, 90750	
Immunization Administration	90460, 90461, 90471, 90472, 90473, 90474, 90749	

## Bright Futures Recommendations:

Service:	Procedure	Additional
	Code(s):	<b>Reimbursement Criteria:</b>
Alcohol Use and Drug Use Assessment <u>Bright Futures</u> Recommends alcohol and drug use assessments for adolescents between the ages of 11 to 21 years	99408, 99409	Payable with a diagnosis code in Diagnosis List 1
Anemia Screening in Children Bright Futures Recommends anemia screening for children under the age of 21 years of age	85014, 85018	<ul> <li>Payable with a diagnosis code in Diagnosis List 1</li> <li>For details about pharmacy benefit coverage, contact the number on the patient's BCBS member card. A patient's pharmacy benefit may be managed by a company other than BCBS.</li> <li>Prescription required for both over-the-counter (OTC) and prescription medications. Coverage provided for members up to 1 year of age.</li> </ul>
Cervical Dysplasia Screening Bright Futures Recommends cervical dysplasia screening for	Q0091	Payable with a diagnosis code in Diagnosis List 1

adolescents age 21 years of age		
Critical Congenital Heart Defect Screening	94760	
Bright Futures Recommends screening for critical congenital heart disease using pulse oximetry for newborns after 24 hours of age, before discharge from the hospital		
Depression Screening	96110	Payable with a diagnosis code in
Bright Futures Recommends depression screening for adolescents between the ages of 11 to 21 years Refer also to USPSTF's 'Depression in Children and Adolescents Screening' recommendation		Diagnosis List 1
Developmental Screening / Autism	96110	Payable with a diagnosis code in
Screening <u>Bright Futures</u> Recommends developmental/autism screening for infants and young children between the ages of 9 months and 30 months		Diagnosis List 1
Dyslipidemia Screening	80061, 82465, 83718, 84478	Payable with a diagnosis code in Diagnosis List 1
Bright Futures Recommends dyslipidemia screening for children and adolescents between the ages of 24 months and 21 years of age	04470	
Hearing Screening	92558, 92567, 92551,	Procedure codes 92558, 92567,
<u>Bright Futures</u> Recommends hearing screenings for children and adolescents from birth through 21 years of age	92650, 92651, 92652, 92653, V5008	92551, V5008 are payable at the preventive level only when billed with diagnosis codes Z01.10, Z01.118, and Z01.11 for ages 22 and under.
		Eff. 01/01/2021 CPT codes 92650, 92651, 92652, 92653 may be payable at the preventive level only when billed with diagnosis codes Z01.10, Z01.118, and Z01.11 through ages 22 and under, if meeting Medical Policy criteria.
Hematocrit or Hemoglobin	36415, 36416, 85014, 85018	Payable with a diagnosis code in Diagnosis List 1
<u>Bright Futures</u>	03010	

Recommends hematocrit or hemoglobin		
screening for children and adolescents		
between the ages of four months and 21		
years of age		
years of age		
HIV Screening	87389, 87390, 87391,	Payable with a diagnosis code in
5	87806, G0432,	Diagnosis List 1
	G0433, G0435	
Lead Screening	36415, 36416, 83655	Payable with a diagnosis code in
		Diagnosis List 1
Bright Futures		
Recommends screening children between the		
ages of six months and six years for lead		
Maternal Depression Screening	99384, 99385, 99386,	
Waternal Depression Screening	99387, 99394, 99395,	
	99396, 99397, G0444	
	55550, 55557, 60444	
Newborn Bilirubin	82247, 82248, 88720	Payable with a diagnosis in
		Diagnosis List 1
Newborn Blood Screening	S3620	Payable with a diagnosis code in
		Diagnosis List 1
Oral Health	99211, 99212, 99188,	Payable with a diagnosis code in
	99381, 99382, 99383,	Diagnosis List 1
Bright Futures	99384	
Recommends oral health risk assessments		
beginning at six months of age		
		Doughlo with a diagnosis code in
Prenatal Visit	99401, 99402, 99403,	Pavable with a diagnosis code in
Prenatal Visit	99401, 99402, 99403, 99404	Payable with a diagnosis code in Diagnosis List 1
Prenatal Visit		Diagnosis List 1
Prenatal Visit Preventive Medicine Services: New Patients		, .
	99404	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1
	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1
Preventive Medicine Services: New Patients Preventive Medicine Services: Established	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients STI/HIV Screening	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active patients	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active patients Refer also to USPSTF's 'Human	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active patients Refer also to USPSTF's 'Human Immunodeficiency Virus (HIV) Infection	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active patients Refer also to USPSTF's 'Human	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients         Preventive Medicine Services: Established         Patients         STI/HIV Screening         Bright Futures         Recommends screening for all sexually active patients         Refer also to USPSTF's 'Human Immunodeficiency Virus (HIV) Infection Screening for Pregnant and Non-Pregnant	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in
Preventive Medicine Services: New Patients Preventive Medicine Services: Established Patients STI/HIV Screening Bright Futures Recommends screening for all sexually active patients Refer also to USPSTF's 'Human Immunodeficiency Virus (HIV) Infection Screening for Pregnant and Non-Pregnant	99404 99381, 99382, 99383, 99384, 99385 99391, 99392, 99393, 99394, 99395 86631, 86632, 86701, 86703, 87081, 87110, 87210, 87270, 87320, 87490, 87491, 87590, 87591, 87800, 87801,	Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in Diagnosis List 1 Payable with a diagnosis code in

Tuberculosis Testing <u>Bright Futures</u> Recommends tuberculosis testing if the risk assessment is positive	86580, 99211	Payable with a diagnosis code in Diagnosis List 1
Vision Screening Bright Futures Recommends vision screening for newborns through age 21 years	99173	Payable with a diagnosis code in Diagnosis List 1

Many of the services listed above may be performed for indications other than preventive care. In these situations, services may be covered by another provision of the individual's benefit plan and subject to applicable cost sharing.

Z00.00	Z00.01	Z00.110	Z00.111	Z00.121	Z00.129	Z00.8
Z01.411	Z01.419	Z02.83	Z11.1	Z11.3	Z11.4	Z11.51
Z11.7	Z12.11	Z12.12	Z12.2	Z12.31	Z12.39	Z12.4
Z12.5	Z13.0	Z13.1	Z13.220	Z13.31	Z13.32	Z13.4
Z13.41	Z13.42	Z13.5	Z13.6	Z13.820	Z20.2	Z20.6
Z23	Z30.011	Z30.012	Z30.013	Z30.014	Z30.015	Z30.016
Z30.017	Z30.018	Z30.019	Z30.02	Z30.09	Z30.40	Z30.41
Z30.42	Z30.430	Z30.431	Z30.432	Z30.433	Z30.44	Z30.45
Z30.46	Z30.49	Z30.8	Z30.9	Z32.2	Z71.41	Z71.51
Z71.6	Z71.7	Z71.82	Z71.83	Z86.32	Z97.5	R73.03

#### Diagnosis List 1

#### **Breastfeeding Equipment & Supplies**

Non-grandfathered plans provide coverage of manual, electric, and hospital grade breast pumps along with breastfeeding supplies at the preventive level.

**Manual breast pumps** utilize procedure code E0602 and are available for purchase and covered at the preventive level when obtained In-Network, Out of Network, or from Retail providers. Sales tax is excluded from retail purchases.

**Electric breast pumps** utilize procedure code E0603 and must be rented or purchased from an In-Network provider or a contracted durable medical equipment supplier. The models of breast pumps being provided at the preventive level are up to the individual provider's discretion. If a member chooses to obtain an upgraded model, they may be balance billed the difference between the allowance of the standard model and the cost of the upgraded model. Members are allowed one electric breast pump per benefit period.

\*Note: Retail providers such as Target, Wal-Mart, or online vendor are not licensed medical providers and therefore are considered Out of Network. Out of network coverage will follow the

out of network benefit level for preventive services. This may include cost sharing and sales tax is excluded. \*

**Hospital grade breast pumps** utilize procedure code E0604 and are only covered when rented In-Network or from an In-Network durable medical equipment supplier. Hospital grade breast pump coverage is up to the purchase price of \$1,000.00 or 12 months, whichever comes first. At the end of coverage, the unit must be returned to the durable medical equipment supplier. Members are allowed one breast pump per benefit period.

Breast pumps obtained from Out of Network providers are reimbursable at the Out of Network level.

The following breast pump supplies are reimbursable at the preventive level. Some limitations and restrictions may apply based on the group coverage for preventive services.

- A4281- Tubing for breast pump, replacement, spare membranes, replacements
- A4282- Adapter for breast pump, replacement
- A4283- Cap for breast pump bottle, replacement
- A4284- Breast shield and splash protector for use with breast pump, replacement
- A4285- Polycarbonate bottle for use with breast pump, replacement
- A4286- Locking ring for breast pump, replacement

## Differentiating Preventive Care versus Diagnostic Care

The following types of services are considered Preventive:

- Screenings intended to prevent illness or identify issues before symptoms are evident
- Counseling intervention as defined by a specific preventive recommendation

Examples of preventive services:

- A 60-year-old woman obtains her biennial mammogram to screen for breast cancer
- A patient who has been identified as having cardiovascular disease risk factors is referred for nutritional counseling
- A 50-year-old patient obtains a colonoscopy to screen for colorectal cancer
- A 42-year-old patient goes to their doctor for their annual physical and receives a blood test to screen for abnormal blood glucose

The following types of services are considered Diagnostic:

- The diagnosis of existing symptoms or abnormalities
- Treatment for specific health conditions, ongoing care, or other tests to manage a health condition

Examples of diagnostic services:

• A 60-year-old woman obtains a mammogram after noticing a lump in her breast

- A patient diagnosed with diabetes is referred for nutritional counseling to manage their condition
- A patient goes to their doctor for their annual physical and receives a blood test to check iron and liver function, and a urinalysis is requested

### Limitations and Exclusions

- 1. <u>Services not reimbursable at the preventive level may be reimbursable under another portion of the medical plan.</u>
- 2. Breastfeeding equipment and supplies not listed underneath the "Breastfeeding Equipment and Supplies" section. This includes, but is not limited to
  - a. Batteries
  - b. Breastfeeding ointments, creams
  - c. Breast milk storage supplies including bags, freezer packs, etc.
  - d. Breast pump cleaning supplies
  - e. Breast pump traveling cases
  - f. Infant scales
  - g. Nursing bras
  - h. Nursing covers, scarfs
- Immunizations that are not published in the Center for Disease Control's Morbidity and Mortality Weekly Report (MMWR) and/or are not on the list of "Vaccines Licensed for Use in the United States" by the United States Food and Drug Administration (FDA).
- 4. Prescription coverage may vary depending on the terms and conditions of the plans. A prescription may be required for coverage under the pharmacy benefit. The plan may also require that the generic drug be tried first before the brand version. Age limits, restrictions, and other requirements may apply. Members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 5. For OTC purchases, members will need to obtain a prescription from their provider and take it to the pharmacy to be filled.
- 6. Exceptions may apply, members can verify their pharmacy benefits by calling the customer service number on the back of their ID card.
- 7. If there is a medication not included, the member should consult their doctor for therapeutic alternatives first before submitting coverage exceptions to BCBS.

Each benefit plan, summary plan description or contract defines which services are covered, which services are excluded, and which services are subject to dollar caps or other limitations, conditions or exclusions. Members and their providers have the responsibility for consulting the member's benefit plan, summary plan description or contract to determine if there are any exclusions or other benefit limitations applicable to this service or supply. If there is a discrepancy between a MEDICAL POLICY and a member's benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract, the benefit plan, summary plan description or contract will govern.

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Approval Date	Description
06/23/2017	New policy, replaces medical policy ADM1001.030
07/14/2017	Removed codes 99174 and 99177.
12/06/2017	Coding and USPSTF updates
04/30/2018	Coding and USPSTF updates
07/12/2018	Coding and USPSTF updates
12/27/2018	Coding and USPSTF updates
09/26/2019	Coding and USPSTF updates
10/14/2019	HPV vaccine update
12/30/2019	Disclaimer, Coding and USPSTF updates
04/20/2020	Recommendation updates
06/08/2020	Disclaimer, Coding, Links, and recommendation updates
09/09/2020	Coding and recommendation updates
12/21/2020	Coding and recommendation updates, drug information updates and
	disclaimers
1/12/2021	Coding updates
9/22/2021	Coding and recommendation updates, drug information updates
12/16/2021	Coding and USPSTF updates

# **Policy Update History:**

03/23/2022	Coding and recommendation updates
06/01/2022	Coding and recommendation updates
07/29/2022	Diagnosis List 1 updates
09/09/2022	Coding and recommendation updates

The Plan makes no endorsement, representations or warranties regarding any products or services offered by independent third-party vendors such as Target and Wal-Mart. These vendors are solely responsible for the products and services they offer. If you have any questions about the products or services offered by such vendors, you should contact the vendor(s) directly.