



Medicaid Home Visiting Program (MHV)

Blue Cross and Blue Shield of New Mexico • Provider Training • 2025

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Medicaid Home Visiting

Medicaid Home Visiting (MHV) is an evidenced- based home visiting program for eligible pregnant women that focuses on pre-natal care, post-partum care and early childhood development.

Service	Description
Prenatal Home Visits	The MHV Program provides prenatal home visit services to expectant mothers during their pregnancy.
Postpartum Home Visits	The MHV Program provides postpartum home visiting services to Medicaid eligible mothers during their sixty (60) days of the postpartum period.
Infant/Child Home Visits	The MHV Program provides home visiting services to newborn infants born to MHV Program beneficiaries, with services continuing up to age five (5), depending on the specific home visiting program in which the family is enrolled.



Description of Service Prenatal Home Visits

- Available for eligible pregnant individuals during their pregnancy.
- Monitoring for high blood pressure or other complications of pregnancy
- Education on diet and nutrition
- Stress management
- Prevention and education of sexually transmitted disease (STD)
- Alcohol and other substance misuse screening and counseling
- Depression screening
- Domestic and intimate partner violence screening and education

Postpartum Home Visits

- Education on diet and nutrition
- Stress Management
- Prevention and education of sexually transmitted disease (STD)
- Tobacco use screening and cessation education
- Alcohol and other substance misuse screening and counseling
- Depression screening
- Domestic and intimate partner violence screening and education
- Breast feeding support and Education
- Guidance and education on wellness and preventive services
- Medical assessment of the postpartum mother and infant
- Maternal-infant safety assessment and education (safe sleep education)
- Counseling regarding postpartum recovery, family planning, and needs of a newborn
- Assistance establishing primary care provider, including scheduling of postpartum/newborn visit schedule
- Parenting skills and confidence building

Infant and Children Home Visits

- Breastfeeding support and education (must be referred to a lactation consultant, not a covered service under MHV)
- Child development screening and major developmental milestones from birth to age five (5), depending on the specific home visiting program in which the family is enrolled.
- Parenting skills and confidence building

Provider Qualifications and Enrollment

- 1. All MHV providers must be actively enrolled with Medicaid
 - □ Provider Type 317 "Nurse Agency, Home Visiting, EPSDT Personal Care"
 - ☐ Specialty 202 "Home Visiting Agency"
- 2. Initiate contract with Blue Cross and Blue Shield of New Mexico (BCBSNM)
 - How to Join the BCBSNM Provider Networks
- 3. Once contract is complete, you will be assigned a BCBSNM Provider Relations Representative
 - If you have questions on who your assigned BCBSNM Provider Relations Representative is, visit our website at https://www.bcbsnm.com/provider/contact-us under Network Services Contact List.
 - You will be offered to participate in on-boarding orientation/training within 30 days of your contract effective date.
- 4. Claims are to be submitted through a clearing house of choice or directly through Availity
 - Information on <u>Electronic Claim Submission via Availity Essentials</u> can be found on our BCBSNM Provider Website
 - For information on manual claims submissions, providers can reference BCBSNM's <u>A Guide</u> for Completing the CMS-1500 Form

Medicaid Home Visiting

Medicaid Home Visiting Delivery Models

Nurse Family Partnership (NFP)

The services delivered under the NFP national program standards are for first-time parents only. The NFP services begin no later than 28 weeks of pregnancy and are suspended once the child reaches two years of age.

The primary goals and outcomes of the NFP program are to:

- Improve pregnancy outcomes by promoting health related behaviors.
- Improve child health, development, and safety by promoting pregnancy planning, educational achievement, and employment.
- Enhance families' material support by providing links with needed health and social services.
- Promote supportive relationships among family and friends.

Parents as Teachers (PAT)

The PAT evidence-based program services adhere to the national model and curriculum. The PAT model recommends that services begin prenatally and may continue until the child reaches five years of age or kindergarten entry.

The primary goals and outcomes of the PAT program are to:

- Provide parents with knowledge about child development.
- Children's developmental delays and health problems are detected early.
- Parents improve their parenting knowledge and skills.
- Primary child abuse and neglect is prevented.
- Children enter kindergarten ready to learn, and the achievement gap is narrowed.

Additional Medicaid Home Visiting models are expected to be implemented by HCA in 2025. Training will be updated accordingly.

MHV Billing and Claims Requirements

- MHV Providers submit a professional claim type using the approved procedure codes, modifiers and ICD diagnosis codes.
- The BCBSNM contract requires providers to initially submit accurate, complete claims within 180 days of the date of service.
- The agency cannot bill for both mother and child for a single visit; however, an agency may bill for two separate patients for two separate services, one for the pregnant mother and one for the infant.
- If the visit is intended to serve more than one child, services may be billed for each participating child and should follow the guidelines of the service model.

Code	Modifier	MHV Code Description
		Prenatal care, at-risk enhanced service package (including
H1005		management, coordination, education, follow-up home visit)
	U1	Nurse Home Visitor (NFP)
	U2	Non-Nurse Home Visitor (PAT)
	U3 UA	Clinician AND Case Manager (Child First)
	U3 UB	Clinician ALONE (Child First)
	U3 UC	Case Manager ALONE (Child First)
	U4	Family Connect
	U5	Healthy Families of America
	U6	Safe Care Augmented
S5111		Home Care Training, Family per session
	U1	Nurse Home Visitor (NFP)
	U2	Non-Nurse Home Visitor (PAT)
	U3 UA	Clinician AND Case Manager (Child First)
	U3 UB	Clinician ALONE (Child First)
	U3 UC	Case Manager ALONE (Child First)
	U4	Family Connect
	U5	Healthy Families of America
	U6	Safe Care Augmented
		Infant Home Visit; Patient education, non-physician provider, individual,
S9445		per session (must be billed under the infant)
	U1	Nurse Home Visitor (NFP)
		Non-Nurse Home Visitor (PAT)
		Clinician AND Case Manager (Child First)
		Clinician ALONE (Child First)
		Case Manager ALONE (Child First)
		Family Connect
		Healthy Families of America
	U6	Safe Care Augmented