

Blue Cross Community Centennial[™]

Hand hygiene can prevent UTI!* Hand hygiene *before* and *after* any resident care

Use 60% alcohol-based hand sanitizer.



- Hand wash using soap and water for 20 seconds.
- Rinse hands under running water.
- •Dry your hands.



*Urinary Tract Infection (UTI) prevention steps:



Perform hand hygiene. Wear gloves when providing personal care such as toileting or catheter care.



When toileting, prompt or assist resident to wipe front to back. Prompt or assist resident to perform hand hygiene after toileting.



Dispose of used gloves after providing personal care. Perform hand hygiene. Wear new gloves as needed.

CAUTION: 60 % + alcohol-based hand sanitizers can be used for hand hygiene but are not effective against C. difficile or Norovirus.

Information presented in this deck is general education and does not replace your facility's protocols, policies or procedures, nor does it replace federal or state mandates or guidelines. Participants should follow their facilities' respective protocols, policy and procedures and comply with federal and state mandates and guidelines at all times.

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