



BlueCross BlueShield of New Mexico



ICD-10-CM Z Codes for Social Determinants of Health

To help track and address our members' social needs, we encourage you to document their social needs using Social Determinants of Health ICD-10-CM Z codes on the claims you submit to Blue Cross and Blue Shield of New Mexico. Any clinician can document a person's social needs, including physicians, nurses, social workers, community health workers, case managers or other providers.

What Are Social Determinants of Health?

Social determinants of health refer to the economic, social, and environmental conditions beyond clinical care – as well as the systems, cultures, and technologies – that influence a person's overall health and well-being. These non-medical drivers directly impact individuals' ability to achieve their best possible health outcomes.

Using Social Determinants of Health ICD-10-CM Z Codes

Social determinants of health can influence a patient's ability or willingness to follow a recommended treatment. That's why adopting a "whole-person" approach to care is essential. Capturing ICD-10-CM Z code data allows us to better understand each patient's unique social needs and connect them with the appropriate resources and support.

What You Can Do

- **Educate** staff on the need to screen, document and code data on patients' social determinants of health needs.
- **Ask** about social determinants of health needs. Patients may not know to discuss non-medical issues with health care providers and may need to be prompted.
- **Document** any social determinants of health needs and assign the appropriate ICD-10-CM code to report on claims.

To learn more, see the Centers for Medicare & Medicaid Services' **"Using Z Codes."**



Z55 – Problems related to education and literacy		Z62 – Problems related to upbringing	
Z55.5	Less than a high school diploma	Z62.2	Upbringing away from parents
Z55.6	Problems related to health literacy	Z62.23	Child in custody of non-parental relative
Z56 – Problems related to employment and unemployment		Z62.24	Child in custody of non-relative guardian
Z57 – Occupational exposure to risk factors		Z62.8	Other specified problems related to upbringing
Z58 – Problems related to physical environment		Z62.814	Personal history of child financial abuse
Z58.6	Inadequate drinking-water supply	Z62.815	Personal history of intimate partner abuse in childhood
Z58.8	Other problems related to physical environment	Z62.820	Parent-biological child conflict
Z58.81	Basic services unavailable in physical environment	Z62.823	Parent-step child conflict
Z58.89	Other problems related to physical environment	Z62.83	Non-parental relative or guardian-child conflict
Z59 – Problems related to housing and economic circumstances		Z62.831	Non-parental relative-child conflict
Z59.0	Homelessness unspecified	Z62.832	Non-relative guardian-child conflict
Z59.01	Sheltered homelessness	Z62.833	Group home staff-child conflict
Z59.02	Unsheltered homelessness	Z62.892	Runaway (from current living environment)
Z59.1	Inadequate housing	Z62.898	Other specified problems related to upbringing
Z59.11	Inadequate housing environmental temperature	Z63 – Other problems related to primary support group, including family circumstances	
Z59.12	Inadequate housing utilities	Z64 – Problems related to certain psychosocial circumstance	
Z59.19	Other inadequate housing	Z65 – Problems related to other psychosocial circumstances	
Z59.4	Lack of adequate food		
Z59.41	Food insecurity		
Z59.48	Other specified lack of adequate food		
Z60 – Problems related to social environment			

Source: American Hospital Association **ICD-10-CM Coding for Social Determinants of Health**

The material presented here is for informational/educational purposes only, is not intended to be medical advice or a definitive source for coding claims and is not a substitute for the independent medical judgment of a physician or other health care provider. Health care providers are encouraged to exercise their own independent medical judgment based upon their evaluation of their patients' conditions and all available information, and to submit claims using the most appropriate code(s) based upon the medical record documentation and coding guidelines and reference materials. References to other third-party sources or organizations are not a representation, warranty or endorsement of such organization.

The information provided does not constitute coding or legal advice.