



**BlueCross BlueShield
of New Mexico**



HEDIS Measures for Quality

A PRESENTATION BY CLINICAL PRACTICE CONSULTANTS

Quality Improvement Department



- **Clinical Value Consultants and Clinical Practice Consultants**
 - Role is to engage providers with strategies to improve HEDIS measures
 - Outreach and education to providers can also impact health outcomes for members
 - Work to close gaps in care
 - Identify and address any barriers to care for members

What is a HEDIS Measure



- Measured every year during an audit
 - HEDIS (Healthcare Effectiveness Data and Information Set) – widely used set of performance measures in the managed care industry, developed and maintained by the National Committee for Quality Assurance (NCQA).
- The Quality Improvement (QI) Department develops programs for HEDIS
- Importance of meeting HEDIS:
 - Improve member health





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Timeliness of Prenatal and Postpartum Care



Prenatal & Postpartum Care (PPC)

Timeliness of Prenatal Care:

- A prenatal visit in the 1st trimester or within 42 calendar days of enrollment.
 - A physical OB exam
 - Prenatal care procedure such as OB panel or ultrasound of uterus
 - Complete OB history

Timeliness of Postpartum Care:

- A postpartum visit on or between 7 and 84 calendar days after delivery.
 - Pelvic exam
 - Perineal or cesarean incision check
 - Screening for depression, anxiety, tobacco use, substance use disorder, or preexisting mental health disorders
 - Glucose screening for women with gestational diabetes



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Well-Child Visits in the First 15 Months of Life

Childhood Immunization Status

Weight Assessment and Counseling for Nutrition
and Physical Activity for Children/Adolescents



Well Child Visits in the First 15 Months of Life (W30)

- Members who turned 15 months old and who had at least 6 well-child visits with a PCP prior to turning 15 months. Each well-child visit should include evidence of:
 - Health history
 - Physical developmental history
 - Mental developmental history
 - Physical exam
 - Health education/anticipatory guidance

Childhood Immunization Status (CIS)

- Members 2 years of age who had the following vaccines by their second birthday:
 - **Four** diphtheria, tetanus and acellular pertussis (DTaP)
 - **Three** polio (IPV)
 - **One** measles, mumps and rubella (MMR)
 - **Three** haemophilus influenza type B (HiB)
 - **Three** hepatitis B (HepB)
 - **One** chicken pox (VZV)
 - **Four** pneumococcal conjugate (PCV)

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC/Exercise):

- Members aged 3 through 17 years who had an outpatient visit with a PCP or OB/GYN with evidence of the following during the measurement year:
 - **Physical activity review/counseling:** Counseling and anticipatory guidance for physical activity
 - **Body Mass Index (BMI) percentile:** Measure height and weight, calculate BMI percentile
 - **Nutritional review/counseling:** Counseling and anticipatory guidance for nutrition



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Support for Providers

How Clinical Practice Consultants Support Providers

- *Review member data with provider for gaps in care*
- *Educate provider offices on proper documentation of visits for HEDIS measures*
- *Address any member barriers to care with focus on solutions*
- *Collaborate on strategy to increase member compliance to close gaps*

Online Resources:

<https://www.bcbsnm.com/pdf/cqir.pdf>



Collaboration and Engagement



- *Detailed review of population served and member gaps*
- *Share ideas for member-focused outreach*
- *In-depth discussion of tools and resources to track progress*

Contact us to schedule in-person or online engagement:

qualityinquiry@bcbsnm.com



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Questions?

THANK YOU!