

## PROVIDER RESOURCE:

# Women’s Health

## Quality Health Standards—Working Together to Improve Patient Health

Blue Cross and Blue Shield of New Mexico (BCBSNM) appreciates the care and attention you provide to Blue Cross Community Centennial members. This tool contains a collection of women’s health guidelines, which promote best health practices, selected from the HEDIS® standardized performance measures. BCBSNM hopes this tool will convey a better understanding of the standards and key documenting points associated with each standard.

Care guidelines are located under the ‘Clinical Resources’ tab and educational opportunities are under the ‘Education & Reference’ tab at [bcbsnm.com/provider](http://bcbsnm.com/provider).

Members may be eligible for Centennial Rewards upon completion of healthy activities. For more information visit [centennialrewards.com](http://centennialrewards.com).

Measure	Guidelines	Documentation
<b>Breast Cancer Screening (BCS) Ages 40+</b>	<p>Women 40 years of age and older who had a mammogram to screen for breast cancer.</p> <ul style="list-style-type: none"> <li>• Women 40–49: The decision to start regular, biennial screening mammography should be discussed with patient</li> <li>• Women 50–74: Annual or biennial mammography</li> <li>• Women 75 and older: The decision to continue screening should be discussed with patient</li> </ul>	<ul style="list-style-type: none"> <li>• Date performed</li> <li>• Bilateral mastectomy clearly documented</li> <li>• Biopsies, breast ultrasounds and MRIs do not meet primary screening criteria</li> </ul>
<b>Cervical Cancer Screening (CCS) Ages 21–64</b>	<p>Women 21–64 years of age who were screened for cervical cancer.</p> <ul style="list-style-type: none"> <li>• Women 21–64: Cervical cytology performed every three years</li> <li>• Women 30–64: Cervical cytology/high-risk human papillomavirus (HPV) co-testing performed every five years.</li> <li>• Women 30–64: Cervical cytology/high-risk human papillomavirus (hrHPV) co-testing every five years.</li> </ul>	<ul style="list-style-type: none"> <li>• Date performed and the result</li> <li>• Hysterectomy with no residual cervix must be clearly documented</li> <li>• Cervical biopsy is considered diagnostic and does not meet screening criteria</li> </ul>

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Measure	Guidelines	Documentation
<p><b>Chlamydia Screening in Women (CHL)</b> Ages 16–24</p>	<p>Women 16–24 years of age who were identified as sexually active and who had at least one test for chlamydia during the year.</p> <ul style="list-style-type: none"> <li>• Annually screen all sexually active women age 24 and younger</li> <li>• Screen all women who are at increased risk</li> </ul>	<ul style="list-style-type: none"> <li>• Date performed</li> </ul>
<p><b>Prenatal and Postpartum Care (PPC)</b></p>	<p>Women who delivered a live birth and experienced:</p> <p><b>Timeliness of Prenatal Care:</b> A prenatal care visit from OB/GYN, midwife, or primary care practitioner (PCP) in the first trimester</p> <p><b>Postpartum Care:</b> A postpartum visit with an OB/GYN, midwife, or PCP on or between 7 and 84 days after delivery</p>	<p>With each visit, include provider name and credentials, date performed, and a note indicating one of the following:</p> <p><b>Timeliness of Prenatal Care:</b></p> <ul style="list-style-type: none"> <li>• A physical obstetrical exam <b>OR</b></li> <li>• Prenatal care procedure performed <b>OR</b></li> <li>• Complete OB history with EDD or LMP</li> </ul> <p>HEDIS added telephone visits, e-visits and virtual check-ins to the administrative specifications to the Timeliness of the Prenatal and Postpartum Care rate in the 2020-2021 publication.</p> <p><b>Postpartum Care:</b></p> <ul style="list-style-type: none"> <li>• Pelvic exam <b>OR</b></li> <li>• Assessment of weight, blood pressure, breasts, and abdomen <b>OR</b></li> <li>• Notation of postpartum care such as 'PP care,' 'six-week check,' <b>OR</b></li> <li>• Perineal or cesarean incision/wound check <b>OR</b></li> <li>• Screening for depression, anxiety, tobacco use, substance abuse disorder or preexisting mental health disorders</li> </ul>

The information in this document is being provided for educational purposes only and is not the provision of medical care or advice. Physicians and other health care providers are instructed to use their own best medical judgment based upon all available information and the condition of the patient in determining the best course of treatment.

Identified services are currently covered under the Blue Cross Community Centennial health plan. Future coverage is not guaranteed. Regardless of any benefit determination, the final decision regarding any treatment or service is between the patient and the health care provider. Additional limitations and requirements may apply.