

At-a-Glance: Comparing the 2026 PPO & HDHP Medical Programs

Medical Program Benefit Comparison	PPO Benefits & Cost Sharing		HDHP + HSA Benefits & Cost-Sharing	
	Preferred Provider (In-Network)	Nonpreferred Provider (Out-of-Network)	Preferred Provider (In-Network)	Nonpreferred Provider (Out-of-Network)
Calendar Year Deductible – All services are subject to deductible unless otherwise indicated below. There is no individual deductible under family coverage on the HDHP plan.	\$500 Individual \$1,500 Family	\$500 Individual \$1,500 Family	\$1,700 Individual \$3,400 Family	\$3,400 Individual \$6,800 Family
	Family deductible is an aggregate of three times the Individual amount, PPO and Non-PPO deductibles do NOT cross apply.		Family deductible is an aggregate of two times the Individual amount.	
Calendar Year Out-of-Pocket Limit – Does not include penalty amounts, if any, noncovered charges, Out-of-network inpatient facility copays, or amounts over the covered charges. Under PPO and HDHP programs, the PPO and Non-PPO amounts do not cross-apply. After a member (or family) reaches the applicable out-of-pocket limit, the Medical Program pays 100 percent of most of that member's (or family's) covered charges for the rest of the year.	\$3,000 Individual \$9,000 Family	\$6,000 Individual \$18,000 Family	\$4,500 Individual \$9,000 Family	\$9,000 Individual \$18,000 Family
	Out-of-Pocket limit includes deductible, percentage coinsurance, copays, and drug plan copays; but does not include: out-of-network inpatient hospital copay or residential treatment center copay.		Out-of-Pocket limit includes deductible, percentage coinsurance and amounts paid by you under the drug plan.	
Lifetime Maximum Benefit Limit (per member)	Unlimited	Unlimited	Unlimited	Unlimited
Basic Hospital and Physician Services				
Primary Preferred Provider (PPP)				
Office Visit/Exam Charge (Nonroutine); Office surgery and supplies	\$30/visit (deductible waived)	40% after deductible	20% after deductible	40% after deductible
Therapeutic injections and diagnostic tests; Allergy care; Family planning surgery and injections	20% after deductible	40% after deductible	20% after deductible	40% after deductible
Specialist Provider Office Visit/Exam Charge (Nonroutine); Office surgery and supplies	\$45/visit (deductible waived)	40% after deductible	20% after deductible	40% after deductible
Therapeutic injections and diagnostic test; Allergy care; Family planning surgery and injections	20% after deductible	40% after deductible	20% after deductible	40% after deductible
MDLIVE – Virtual Medical Visit	No Charge (deductible waived)	N/A	No Charge (deductible waived)	N/A
Allergy Injections	No Charge	40% after deductible	20% after deductible	40% after deductible
Routine/Preventive Care (Includes exams, physicals, checkups, lab tests, immunizations, colonoscopies, etc.)				
Well-Baby (Through Age 2)	No Charge	40% (deductible waived)	No Charge	40% (deductible waived)
Well-Child (3-18)	No Charge	40% after deductible	No Charge	40% after deductible
Adult Physicals and Colonoscopies (Ages 19 and Older)	No Charge	40% after deductible	No Charge	40% after deductible
Lab, X-Ray, and other Testing	No Charge	40% after deductible	No Charge	40% after deductible
Inpatient Hospital Charges/Inpatient Surgery	20% after deductible	\$250 + 40% after deductible	20% after deductible	40% after deductible
Inpatient Physician's Medical visit or Consultation; Routine Inpatient OB/Gyn Global Delivery Fee (includes pre-natal/post-natal care); Inpatient Newborn Male Circumcision	No Charge	40% after deductible	20% after deductible	40% after deductible
Inpatient Surgeon, Anesthesiologist, Radiologist, Pathologist, and Assistant Surgeon (including maternity services that are not part of OB/Gyn global delivery fee and complications of pregnancy)	20% after deductible	40% after deductible	20% after deductible	40% after deductible
Outpatient Hospital/Ambulatory Surgery Center	20% after deductible	40% after deductible	20% after deductible	40% after deductible
Emergency Room Facility Visit (Emergency condition only)	\$150/visit (deductible waived)		20% after In-Network deductible	
Physician and Other Professional Provider Charges	20% after In-Network deductible		20% after In-Network deductible	
Independent Lab/X-Ray Facility	20% after deductible	40% after deductible	20% after deductible	40% after deductible
Infertility Treatment max. \$30,000 lifetime; includes GIFT, insemination, storage, egg retrieval, etc. NO coverage for retirees	20% after deductible	40% after deductible	20% after deductible	40% after deductible

TRIAD 2026 BCBSNM-Administered Medical Programs: ACTIVE EMPLOYEES & NON-MEDICARE RETIREES

Medical Program Benefit Comparison	PPO Benefits & Cost Sharing		HDHP + HSA Benefits & Cost-Sharing	
	Preferred Provider (In-Network)	Nonpreferred Provider (Out-of-Network)	Preferred Provider (In-Network)	Nonpreferred Provider (Out-of-Network)
Urgent Care Facility	\$30/visit (deductible waived)	40% after deductible	20% after deductible	40% after deductible
Ancillary Services (Lab tests, X-Rays, Supplies, etc.)	20% after deductible	40% after deductible	20% after deductible	40% after deductible
Hospice Care Facility (Respite care limited to 10 days for every 6-month period)	20% (deductible waived)	40% (deductible waived)	20% after deductible	40% after deductible
Short-Term Rehabilitation, Outpatient and Office (Includes physical, occupational, and speech therapy; each therapy is limited to 30 visits /calendar year) Acupuncture/Spinal Manipulation/Naprapathy (Acupuncture is limited to 20 visits /calendar year; Spinal manipulation/Naprapathy has a separate combined limit of 20 visits /calendar year)	\$45/visit (deductible waived)	40% after deductible	20% after deductible	40% after deductible
Office Chemotherapy/Radiation Therapy	\$45/visit (deductible waived)	40% after deductible	20% after deductible	40% after deductible
Behavioral Health: Mental Health/Chemical Dependency Including Autism/ABA				
Office	No Charge	40% after deductible	No charge after deductible	40% after deductible
MDLIVE – Virtual Behavioral Health Visit	No Charge	N/A	No charge after deductible	N/A
Other Outpatient Treatments; Intensive Outpatient Programs and Outpatient Suboxone Treatment	No Charge	40% after deductible	No charge after deductible	40% after deductible
Inpatient; Partial Hospitalization	No Charge	\$250 + 40% after deductible	No charge after deductible	40% after deductible
Related Inpatient Physician Claims	No Charge	40% after deductible	No charge after deductible	40% after deductible
Residential Treatment Center, Includes Physician	No Charge	\$250 + 40% after deductible	No charge after deductible	40% after deductible
PRESCRIPTION DRUGS, INSULIN, VACCINES, DIABETIC SUPPLIES, ENTERAL NUTRITION, SPECIAL MEDICAL FOODS** ADMINISTERED BY EXPRESS SCRIPTS				
Retail Pharmacy/Specialty Pharmacy Programs (Up to a 30-day supply or 180 units, whichever is less. Some drugs require preauthorization before coverage will be available, Benefits include flu, pneumococcal, and shingles vaccines for which no copayment is required.)	\$10/generic \$50/brand-name on Formulary \$70/brand-name drug not on Formulary and for special medical foods/enteral nutrition*		You pay 20% of covered charges after the deductible is met.*	
Mail-Order Program (Up to a 90-day supply or 540 units, whichever is less)				
Specialty Pharmacy Drugs				
	15% of covered charge up to a maximum copayment of \$125 per prescription			
*If you require a brand-name drug for which there is a generic equivalent, you will pay the difference in cost plus the generic drug copayment. You must use a participating pharmacy.	Charges payable under the drug plan are not subject to the medical plan deductible.		Deductible and out-of-pocket limit provisions apply to charges payable under the drug plan.	

**Prescription drugs and other items covered under the drug plan must be purchased at a pharmacy that participates in the Retail Pharmacy, Specialty Pharmacy or Mail-Order Program.

This document is a basic comparison of the non-Medicare TRIAD medical programs for 2026. It is not a complete overview, and additional exclusions and limitations will apply. This document highlights the major differences among the programs in order to assist you with making a decision about which program best suits your and your family's health care needs. To obtain more details about each plan please refer to the Summary of Benefits provided for each Medical Program available on your benefits homepage <http://int.lanl.gov/employees/benefits/>.

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