At-a-Glance: Comparing the 2023 PPO & HDHP Medical Programs

| Medical Program Benefit Comparison | PPO Benefits & Cost Sharing | | HDHP + HSA Benefits & Cost-Sharing | |
|---|---|---|---|---|
| | Preferred Provider (In-Network) | Nonpreferred Provider (Out-of-Network) | Preferred Provider (In-Network) | Nonpreferred Provider (Out-of-Network) |
| Calendar Year Deductible – All services are subject to deductible unless otherwise indicated below. There is no individual deductible under family coverage on the HDHP plan. | \$300 Individual \$900 Family | \$500 Individual \$1,500 Family | \$1,500 Individual \$3,000 Family | \$3,000 Individual \$6,000 Family |
| | Family deductible is an aggregate of three times the Individual amount, PPO and Non-PPO deductibles do NOT cross apply. | | Family deductible is an aggregate of two times the Individual amount. | |
| Calendar Year Out-of-Pocket Limit – Does not include penalty amounts, if any, noncovered charges, Out-of-network inpatient facility copays, or amounts over the covered charges. Under PPO and HDHP | \$3,000 Individual \$9,000 Family | \$6,000 Individual \$18,000 Family | \$3,000 Individual \$6,000 Family | \$6,000 Individual \$12,000 Family |
| programs, the PPO and Non-PPO amounts do not cross-apply. After a member (or family) reaches the applicable out-of-pocket limit, the Medical Program pays 100 percent of most of that member's (or family's) covered charges for the rest of the year. | Out-of-Pocket limit includes deductible, percentage coinsurance, copays, and drug plan copays; but does not include: out-of-network inpatient hospital copay or residential treatment center copay. | | Out-of-Pocket limit includes deductible, percentage coinsurance and amounts paid by you under the drug plan. | |
| Lifetime Maximum Benefit Limit (per member) | Unlimited | Unlimited | Unlimited | Unlimited |
| Basic Hospital and Physician Services | | | | |
| Primary Preferred Provider (PPP) Office Visit/Exam Charge (Nonroutine); Office surgery and supplies | \$30/visit (deductible waived) | 40% after deductible | 10% after deductible | 40% after deductible |
| Therapeutic injections and diagnostic tests; Allergy care; Family planning surgery and injections | 10% after deductible | 40% after deductible | 10% after deductible | 40% after deductible |
| Specialist Provider Office Visit/Exam Charge (Nonroutine); Office surgery and supplies | \$45/visit (deductible waived) | 40% after deductible | 10% after deductible | 40% after deductible |
| Therapeutic injections and diagnostic test; Allergy care; Family planning surgery and injections | 10% after deductible | 40% after deductible | 10% after deductible | 40% after deductible |
| MDLIVE – Virtual Medical Visit | No Charge | N/A | 10% after deductible | N/A |
| Allergy Injections | No Charge | 40% after deductible | 10% after deductible | 40% after deductible |
| Routine/Preventive Care (Includes exams, physicals, checkups, lab | | | | |
| Well-Baby (Through Age 2) | No Charge | 40% (deductible waived) | No Charge | 40% (deductible waived) |
| Well-Child (3-18) Adult Physicals and Colonoscopies (Ages 19 and Older) | No Charge | 40% after deductible | No Charge | 40% after deductible |
| Lab, X-Ray, and other Testing | No Charge | 40% after deductible | No Charge | 40% after deductible |
| Inpatient Hospital Charges/Inpatient Surgery | 10% after deductible | \$250 + 40% after deductible | 10% after deductible | 40% after deductible |
| Inpatient Physician Medical Visits/Consultation | No Charge | 40% after deductible | 10% after deductible | 40% after deductible |
| Inpatient OB-GYN Maternity Delivery Global Fee | No Charge | 40% after deductible | 10% after deductible | 40% after deductible |
| Outpatient Hospital/Ambulatory Surgery Center | 10% after deductible | 40% after deductible | 10% after deductible | 40% after deductible |
| Emergency Room Facility Visit (Emergency condition only) | \$150/visit (deductible waived) | | 10% after In-Network deductible | |
| Physician and Other Professional Provider Charges | 10% after In-Network deductible | | 10% after In-Network deductible | |
| Independent Lab/X-Ray Facility | 10% after deductible | 40% after deductible | 10% after deductible | 40% after deductible |
| Infertility Treatment max. \$30,000 lifetime; includes GIFT, insemination, storage, egg retrieval, etc. NO coverage for retirees | 10% after deductible | 40% after deductible | 10% after deductible | 40% after deductible |
| Urgent Care Facility | \$30/visit (deductible waived) | 40% after deductible | 10% after deductible | 40% after deductible |
| Ancillary Services (Lab tests, X-Rays, Supplies, etc.) | 10% after deductible | 40% after deductible | 10% after deductible | 40% after deductible |

TRIAD 2023 BCBSNM-Administered Medical Programs: ACTIVE EMPLOYEES & NON-MEDICARE RETIREES

| Medical Program Benefit Comparison | PPO Benefits & Cost Sharing | | HDHP + HSA Benefits & Cost-Sharing | | | |
|--|---|---|---|---|--|--|
| | Preferred Provider (In-Network) | Nonpreferred Provider (Out-of-Network) | Preferred Provider (In-Network) | Nonpreferred Provider (Out-of-Network) | | |
| Hospice Care Facility | | | | | | |
| (Respite care limited to 10 days for every 6-month period) | 10% (deductible waived) | 40% (deductible waived) | 10% after deductible | 40% after deductible | | |
| Short-Term Rehabilitation, Outpatient and Office | | | | | | |
| (Includes physical, occupational, and speech therapy; each therapy is | | | | | | |
| limited to 20 visits /calendar year) | | | | | | |
| Acupuncture/Spinal Manipulation/Naprapathy | \$45/visit (deductible waived) | 40% after deductible | 10% after deductible | 40% after deductible | | |
| (Acupuncture is limited to 20 visits/calendar year; Spinal | | | | | | |
| manipulation/Naprapathy has a separate combined limit of 20 visits/calendar year) | | | | | | |
| Office Chemotherapy/Radiation Therapy | \$45/visit (deductible waived) | 40% after deductible | 10% after deductible | 40% after deductible | | |
| Behavioral Health: Mental Health/Chemical Dependency Including Autism/ABA | | | | | | |
| Office | \$30/visit (deductible waived) | 40% after deductible | 10% after deductible | 40% after deductible | | |
| MDLIVE – Virtual Behavioral Health Visit | No Charge | N/A | 10% after deductible | N/A | | |
| Other Outpatient Treatments; Intensive Outpatient Programs and | 10% after deductible | 40% after deductible | 10% after deductible | 40% after deductible | | |
| Outpatient Suboxone Treatment | , | | | | | |
| Inpatient; Partial Hospitalization | 10% after deductible | \$250 + 40% after deductible | 10% after deductible | 40% after deductible | | |
| Related Inpatient Physician Claims | 10% after deductible | 40% after deductible | 10% after deductible | 40% after deductible | | |
| Residential Treatment Center, Includes Physician | 10% after deductible | \$250 + 40% after deductible | 10% after deductible | 40% after deductible | | |
| PRESCRIPTION DRUGS, INSULIN, VACCINES, DIABETIC SUPPLIES, ENTERAL NUTRITION, SPECIAL MEDICAL FOODS** ADMINISTERED BY EXPRESS SCRIPTS | | | | | | |
| Retail Pharmacy/Specialty Pharmacy Programs | \$7 /g | eneric | | | | |
| (Up to a 30-day supply or 180 units, whichever is less. Some drugs require | \$35/brand-name on Formulary \$55/brand-name drug not on Formulary and for special medical foods/enteral nutrition* | | You pay 20% of covered charges after the deductible is met.* | | | |
| preauthorization before coverage will be available, Benefits include flu, | | | | | | |
| pneumococcal, and shingles vaccines for which no copayment is required.) | | | | | | |
| Mail-Order Program | Two copayments as listed above* | | | | | |
| (Up to a 90-day supply or 540 units, whichever is less) | | | 4 | | | |
| Specialty Pharmacy Drugs | 15% of covered charge up to a maximum copayment of \$125 per prescription | | | | | |
| *If you require a brand-name drug for which there is a generic equivalent, you will pay the difference in cost plus the generic drug copayment. You must use a participating pharmacy. | Charges payable under the drug plan are not subject to the medical plan deductible. | | Deductible and out-of-pocket limit provisions apply to charges payable under the drug plan. | | | |

**Prescription drugs and other items covered under the drug plan must be purchased at a pharmacy that participates in the Retail Pharmacy, Specialty Pharmacy or Mail-Order Program.

This document is a basic comparison of the non-Medicare TRIAD medical programs for 2023. It is not a complete overview and additional exclusions and limitations will apply. This document highlights the major differences among the programs in order to assist you with making a decision about which program best suits your and your family's health care needs. To obtain more details about each plan please refer to the Summary of Benefits provided for each Medical Program available on your benefits homepage http://int.lanl.gov/employees/benefits/.

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