



Preventive Care Services: Contraception



Preventive Care Coverage at No Cost to You

Effective Jan. 1, 2020

Your health plan may provide certain contraceptive coverage and preventive screenings, as a benefit of membership, at no cost to you when you use a pharmacy or doctor in your health plan's network. There is no co-pay, deductible or coinsurance, even if your deductible or out-of-pocket maximum has not been met. Coverage for contraceptives can vary depending on the type of plan you are enrolled in, as well as your prescription drug list. If you are using a contraceptive not listed under the Contraceptive Product Coverage, then co-payments, coinsurance or deductible may apply.

Screening Tests

- Hepatitis B screenings
- HIV screening
- Screenings for sexually transmitted infections (STIs) including chlamydia, gonorrhea, and syphilis

Contraception*

The following contraceptive items and services may be covered under the medical or pharmacy benefit without cost-sharing when provided by a pharmacy or doctor in your health plan's network. This list is not all inclusive. Additional products may be covered at no additional cost.

- One or more prescribed products within each of the categories approved by the FDA for use as a method of contraception
- FDA-approved contraceptives available over the counter (i.e. foam, sponge, female and male condoms)
- The morning after pill
- Injections such as IM DEPO-PROVERA and DEPO-SUBQ PROVERA 104 may be covered under the medical or pharmacy benefit
- Medical devices such as diaphragm, cervical cap and contraceptive implants may be covered under the pharmacy or medical benefit
- Female sterilization, including tubal ligation and tubal implant

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CONTRACEPTIVE PRODUCT COVERAGE*

CERVICAL CAPS

FEMCAP – cervical cap 22 mm, 26 mm, 30 mm[†]

DIAPHRAGMS

CAYA – diaphragm arc-spring[†]

OMNIFLEX DIAPHRAGM – diaphragms[†]

WIDE-SEAL SILICONE DIAPHRAGM KIT – diaphragm wide seal
60 mm, 65 mm, 70 mm, 75 mm, 80 mm, 85 mm, 90 mm, 95 mm[†]

EMERGENCY CONTRACEPTIVES

Aftera

Econtra EZ

Econtra One-Step

ELLA – ulipristal acetate tab 30 mg

levonorgestrel tab 1.5 mg (Plan B One-Step)

My Choice

My Way

New Day

Next Choice One Dose

Opcicon One-Step

Option 2

Preventeza

React

Take Action

FEMALE CONDOMS

FC FEMALE CONDOM – condoms - female

FC2 FEMALE CONDOM – condoms - female

IMPLANTABLES

NEXPLANON – etonogestrel subdermal implant 68 mg[†]

INJECTIONS

**medroxyprogesterone acetate IM suspension 150 mg/mL
(Depo-Provera Contraceptive)**

**medroxyprogesterone acetate IM suspension prefilled syringe
150 mg/mL (Depo-Provera Contraceptive)**

INTRAUTERINES

KYLEENA – levonorgestrel releasing IUD 17.5 mcg/day (19.5 mg total)[†]

LILETTA – levonorgestrel releasing IUD 19.5 mcg/day (52 mg total)[†]

MIRENA – levonorgestrel releasing IUD 20 mcg/day (52 mg total)[†]

PARAGARD – copper IUD[†]

SKYLA – levonorgestrel releasing IUD 14 mcg/day (13.5 mg total)[†]

ORAL CONTRACEPTIVES

ORAL COMBINED

Aurovela Fe 1/20

Azurette

Bekyree

Blisovi Fe 1/20

**desogestrel/ethinyl estradiol & ethinyl estradiol tab
0.15-0.02/0.01 mg (21/5) (Mircette)**

Junel Fe 1/20

Kariva

Kimidess

Larin Fe 1/20

Microgestin Fe 1/20

norethindrone & ethinyl estradiol-Fe chew tab 0.4 mg-35 mcg

**norethindrone acetate & ethinyl estradiol-Fe tab 1 mg-20 mcg
(Loestrin Fe 1/20)**

**norgestimate-ethinyl estradiol tab
0.18-35/0.215-35/0.25-35 mg-mcg (Ortho Tri Cyclen)**

Pimtrea

Simliya

Tarina Fe 1/20

Tarina Fe 1/20 EQ



CONTRACEPTIVE PRODUCT COVERAGE*

Tri-Estarylla
Tri Femynor
Tri-Linyah
Tri-Mili
Trinessa
Tri-Previfem
Tri-Sprintec
Tri-Vylibra
Viorele
Wymzya Fe

ORAL EXTENDED - CONTINUOUS

Amethia Lo
Camrese Lo
Introvale (91 day)
Jolessa (91 day)
levonorgestrel & ethinyl estradiol (91-day) tab 0.15-0.03 mg
levonorgestrel-ethinyl estradiol tab 0.1-0.02 mg (84) & ethinyl estradiol tab 0.01 mg (7) (LoSeasonique)
Quasense (91 day)
Setlakin (91 day)

ORAL PROGESTIN

Camila
Deblitane
Errin
Heather
Incassia
Jencycla

Jolivette
Lyza
Nora-BE
norethindrone tab 0.35 mg (Ortho Micronor)
Norlyda
Norlyroc
Sharobel
Tulana

PATCHES

XULANE – norelgestromin-ethinyl estradiol transdermal 150-35 mcg/24hr

RINGS

NUVARING – etonogestrel-ethinyl estradiol vaginal ring 0.120-0.015 mg/24hr

SPERMICIDES

ENCARE – nonoxynol-9 vaginal suppository 100 mg[†]
OPTIONS CONCEPTROL VAGINAL – nonoxynol-9 gel 4%[†]
OPTIONS GYNOL II VAGINAL – nonoxynol-9 gel 3%[†]
SHUR-SEAL – nonoxynol-9 gel 2%[†]
VCF VAGINAL CONTRACEPTIVE – nonoxynol-9 film 28%, foam 12.5%[†]
VCF Vaginal Contraceptive Gel-nonoxynol-9-gel 4%[†]

SPONGES

TODAY SPONGE – nonoxynol-9 vaginal sponge 1000 mg

Generic Drugs = **bold** Brand Drugs = CAPITAL LETTERS † = Covered under medical benefit

* Some of these products may be covered under your medical benefit if provided by a doctor in your health plan's network. Most generic drugs listed are followed by a reference brand drug in (parentheses). The brand name drug in parentheses is listed for reference and may not be covered under your benefit. This list is not all inclusive. Additional products may be covered at no additional cost.
* Prescription coverage for contraception may vary according to the terms and conditions of the plan and prescription drug list. A prescription may be required for coverage without cost-sharing under the pharmacy benefits for non-grandfathered plans. If your contraception product is not listed, check your prescription drug list or ask your doctor about therapeutic alternatives. Your doctor can also submit a coverage exception from BCBSNM (unless you have a benefit exclusion) for products not covered on your prescription drug list.
* Certain group health plans established or maintained by organizations that qualify as religious employers may be exempt. These services may be covered under a plan's Pharmacy benefits.