Coverage for: Individual/Family | Plan Type: HMO

BlueCross BlueShield of New Mexico: Blue Community Gold HMOSM 205

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.bcbsnm.com/bb/ind/bb-ghsh30cnninmo-nm-2022.pdf or by calling 1-866-236-1702. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 1-855-756-4448 to request a copy.

| Important Questions | Answers | Why This Matters: |
|--|--|--|
| What is the overall deductible? | \$750 Individual / \$2,250 Family | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your deductible? | Yes. Preventive Health, services with a <u>copay</u> , and some <u>prescription drugs</u> are covered before you meet your <u>deductible</u> . | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> . |
| Are there other <u>deductibles</u> for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services. |
| What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ? | \$8,700 Individual / \$17,400 Family | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the out-of-pocket limit? | <u>Premiums</u> and health care this <u>plan</u> doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a <u>network provider</u> ? | Yes. See <u>bcbsnm.com/bluecomm</u> or call 1-866-236-1702 for a list of <u>participating providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the specialist you choose without a referral. |



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| | Common | | What You Will Pay | | Limitations, Exceptions, & Other |
|----|---|--|--|--|---|
| | Medical Event | Services You May Need | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | Important Information |
| or | | Primary care visit to treat an injury or illness | \$35/visit; <u>deductible</u> does not apply | Not Covered | Virtual visits: No Charge; deductible does not apply. See your benefit booklet* for details. |
| | If you visit a health care <u>provider's</u> office | Specialist visit | \$50/visit; <u>deductible</u> does not apply | Not Covered | None |
| | or clinic | Preventive care/screening/ immunization | No Charge; <u>deductible</u> does not apply | Not Covered | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
| | f you have a test | <u>Diagnostic test</u> (x-ray, blood work) | Freestanding Facility: \$10/lab, \$20/x-ray Hospital: \$20/lab, \$40/x-ray; deductible does not apply | Not Covered | Preauthorization may be required; see your benefit booklet* for details. No charge for Covid test, services and vaccine. |
| | | Imaging (CT/PET scans, MRIs) | Freestanding Facility: 20% coinsurance Hospital: 30% coinsurance | Not Covered | Preauthorization may be required; see your benefit booklet* for details. Gynecological or obstetrical ultrasounds do not require preauthorization. |

| Common | | What Yo | What You Will Pay | |
|--|--|--|---|---|
| Medical Event | Services You May Need | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | Preferred generic drugs (Tier 1) | Retail: Preferred - No Charge Participating - \$10/prescription Mail: No Charge; <u>deductible</u> does not apply | Not Covered | Limited to a 30-day supply at retail (or a 90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> limited to a |
| If you need drugs to treat your illness or condition More information about | Non-preferred generic drugs (Tier 2) | Retail: Preferred - \$10/prescription Participating - \$20/prescription Mail: \$30/prescription; deductible does not apply | Not Covered | 30-day supply. Payment of the difference between the cost of a brand name drug and a generic may also be required if a generic drug is available. Your cost share for a covered insulin |
| prescription drug coverage is available | Preferred brand drugs (Tier 3) | Preferred - 20% <u>coinsurance</u> Participating - 25% <u>coinsurance</u> | Not Covered | drug will not exceed \$25 per 30-day supply. |
| at www.bcbsnm.com/rx22 | Non-preferred brand drugs (Tier 4) | Preferred - 35% <u>coinsurance</u> Participating - 40% <u>coinsurance</u> | Not Covered | Certain <u>prescription drugs</u> for the treatment of mental illness, behavioral |
| | Preferred specialty drugs (Tier 5) | 45% coinsurance | Not Covered | health, or substance abuse disorders wi be covered at No Charge to you, when obtained from a participating pharmacy. |
| | Non-preferred specialty drugs (Tier 6) | 50% coinsurance | Not Covered | See your <u>plan's</u> covered drug list for details. |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | Freestanding Facility: \$600/visit plus 20% coinsurance Hospital: \$600/visit plus 30% coinsurance | Not Covered | Preauthorization may be required for non-emergency surgery. Outpatient Infusion Therapy: Facility \$1,000, Physician in home, office, or |
| | Physician/surgeon fees | 30% coinsurance | Not Covered | infusion suite \$100; see your benefit booklet* for details. |
| | Emergency room care | Facility: \$500/visit plus 30% coinsurance Physician: 30% coinsurance | Facility: \$500/visit plus 30% coinsurance Physician: 30% coinsurance | Facility <u>copay</u> waived if admitted. |
| If you need immediate medical attention | Emergency medical transportation | 30% coinsurance | 30% coinsurance | <u>Preauthorization</u> may be required for non-emergency transportation; see your benefit booklet* for details. |
| | Urgent care | \$50/visit; <u>deductible</u> does not apply | \$50/visit; deductible does not apply | None |
| If you have a hospital stay | Facility fee (e.g., hospital room) | \$850/visit plus 30% coinsurance | Not Covered | <u>Preauthorization</u> may be required, unless for emergency. |

 $[\]hbox{^*For more information about limitations and exceptions, see the $\underline{\tt plan}$ or policy document at $\underline{\tt www.bcbsnm.com/bb/ind/bb-ghsh30cnninmo-nm-2022.pdf}.$}$

| Common | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other |
|---------------------------------------|------------------------|---|--|--|
| Medical Event | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | Important Information |
| | Physician/surgeon fees | 30% coinsurance | Not Covered | <u>Preauthorization</u> may be required, unless for emergency. |
| If you need mental health, behavioral | Outpatient services | No Charge; <u>deductible</u> does not apply | Not Covered | Preauthorization may be required; see your benefit booklet* for details. |
| health, or substance abuse services | Inpatient services | No Charge; <u>deductible</u> does not apply | Not Covered | Preauthorization may be required; see your benefit booklet* for details. |

| Common | | What You Will Pay | | Limitations Evacations & Other |
|---|---|---|--|---|
| Medical Event | Services You May Need | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | Office visits | Primary care: \$35 Specialist: \$50; deductible does not apply | Not Covered | Copay applies to first prenatal visit (per pregnancy). Cost sharing does not apply for |
| If you are pregnant | Childbirth/delivery professional services | 30% coinsurance | Not Covered | preventive services. Depending on the type of services, a copayment, coinsurance, or deductible may apply. |
| | Childbirth/delivery facility services | \$850/visit plus 30% coinsurance | Not Covered | Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
| | Home health care | 30% coinsurance | Not Covered | 100 visits/year. <u>Preauthorization</u> may be required. |
| If you need help recovering or have | Rehabilitation services | Physical, occupational and speech therapies: \$35/visit; deductible does not apply All other Rehabilitation services: 30% coinsurance | Not Covered | Physical, occupational, and speech therapies in an office or outpatient setting, performed by <u>providers</u> acting within the scope of their license, including Chiropractors and Doctors of |
| other special health needs | Habilitation services | 30% coinsurance | Not Covered | Oriental Medicine. <u>Preauthorization</u> may be required. See your benefit booklet* for details. |
| | Skilled nursing care | 30% coinsurance | Not Covered | 60 days/year. <u>Preauthorization</u> may be required. |
| | Durable medical equipment | 30% coinsurance | Not Covered | Preauthorization may be required. |
| | Hospice services | 30% coinsurance | Not Covered | <u>Preauthorization</u> may be required. |
| | Children's eye exam | No Charge; <u>deductible</u> does not apply | Up to a \$30 reimbursement is available; deductible does not apply | One visit per year. Out-of-Network reimbursement will not exceed the retail cost. See your benefit booklet* (Pediatric Vision Care Benefits) for details. |
| If your child needs dental or eye care | Children's glasses | No Charge; <u>deductible</u> does not apply | Reimbursement is available; deductible does not apply | One pair of glasses per year. Reimbursement for frames, lenses, and lens options purchased Out-of-Network is available (not to exceed the retail cost). See your benefit booklet* (Pediatric Vision Care Benefits) for details. |

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other |
|-------------------------|----------------------------|---|--|--|
| | | Participating Provider (You will pay the least) | Non-Participating Provider (You will pay the most) | Important Information |
| | Children's dental check-up | Not Covered | Not Covered | Pediatric dental coverage can be purchased separately as a stand-alone policy. |

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult, routine dental)
- Infertility treatment (except for diagnosis and medically indicated treatments for physical conditions causing infertility)
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care (unless you are diabetic)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion care (only if the pregnancy is the result of rape or incest, or for a pregnancy which, as certified • Chiropractic care (20 visits/year) by a physician, places the woman in danger of death unless an abortion is performed)
- Acupuncture (20 visits/year)

- Bariatric surgery

- Hearing aids (limit 1 item per hearing impaired ear every 3 years) • Weight loss programs (only dietary evaluations,
- medically necessary prescription drugs and counseling for medical management of morbid obesity and obesity are covered)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-866-236-1702. You may also contact your state insurance department at 1-855-427-5674. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace or the New Mexico State-Based Exchange BeWellnm at www.BeWellnm.com. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Blue Cross and Blue Shield of New Mexico (BCBSNM) Appeals Unit at 1-866-236-1702. You may also contact the U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact the New Mexico Superintendent of Insurance toll-free at 1-855-427-5674 or visit www.osi.state.nm.us.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-236-1702.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-866-236-1702.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-866-236-1702.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-866-236-1702.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The plan's overall deductible | \$750 |
|-----------------------------------|-----------|
| Specialist copayment | \$50 |
| ■ Hospital (facility) copay/coins | \$850+30% |
| Other coinsurance | 30% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost | \$12,700 |
|--------------------|----------|

In this example, Peg would pay:

| Cost Sharing | | |
|----------------------------|---------|--|
| <u>Deductibles</u> | \$750 | |
| Copayments | \$1,100 | |
| Coinsurance | \$2,900 | |
| What isn't covered | | |
| Limits or exclusions | \$60 | |
| The total Peg would pay is | \$4,810 | |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$750 |
|---|-----------|
| Specialist copayment | \$50 |
| Hospital (facility) copay/coins | \$850+30% |
| Other coinsurance | 30% |

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

| Total Example Cost | \$5,600 |
|--------------------|---------|
| | |

In this example, Joe would pay:

| Cost Sharing | |
|----------------------------|---------|
| <u>Deductibles</u> | \$750 |
| Copayments | \$800 |
| Coinsurance | \$10 |
| What isn't covered | |
| Limits or exclusions | \$20 |
| The total Joe would pay is | \$1,580 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible | \$750 |
|-----------------------------------|-----------|
| Specialist copayment | \$50 |
| ■ Hospital (facility) copay/coins | \$850+30% |
| Other coinsurance | 30% |

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches) Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 |
|--------------------|---------|

In this example, Mia would pay:

| Cost Sharing | |
|----------------------------|---------|
| <u>Deductibles</u> | \$750 |
| Copayments | \$600 |
| Coinsurance | \$300 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$1,650 |

Health care coverage is important for everyone.

We provide free communication aids and services for anyone with a disability or who needs language assistance. We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability.

To receive language or communication assistance free of charge, please call us at 855-710-6984.

If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator

300 E. Randolph St. 35th Floor

Chicago, Illinois 60601

Phone:

855-664-7270 (voicemail)

TTY/TDD:

855-661-6965 855-661-6960

Fax: Email:

CivilRightsCoordinator@hcsc.net

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services 200 Independence Avenue SW

Room 509F, HHH Building 1019

Washington, DC 20201

Phone: TTY/TDD:

800-368-1019 800-537-7697

Complaint Portal: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf Complaint Forms: http://www.hhs.gov/ocr/office/file/index.html If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984.

| Español Spanish | Si usted o alguien a quien usted està ayudando tiene preguntas, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-710-6984. |
|--------------------------|--|
| العربية Arabic | إن كان لدبك أي لدى تُنخص تساعده أسئلة، فلدبك الحق في الحصول بلع المساعدة و لمعلومات الضرورية بلغتك من دون ية تكلفة التحدث مع مترجم فرري، اتصل بلع الرم 8984-710-855. |
| 繁體中文 Chinese | 如果您,或您正在協助的對象,對此有疑問,您有權利免費以您的母語獲得幫助和訊息。洽詢一位翻譯員,請撥電話 號碼 855-710-6984。 |
| Français French | Si vous, ou quelqu'un que vous êtes en train d'aider, avez des questions, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprête, appelez 855-710-6984. |
| Deutsch German | Falls Sie oder jemand, dem Sie helfen, Fragen haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-710-6984 an. |
| ગુજરાતી Gujarati | જો તમને અથવા તમે મદદ કરી રહ્યા ફોય એવી કોઈ બીજી વ્યક્તિને એસ.બી.એમ. કાયક્રમ બાબતે પૃક્ષો ફોય, તો તમને વેના ખયેર, તમારી ભાષામાં મદદ અને માફિતી મેળવવાનો ફક્ક છે. દુભાષિયા સાથે વાત કરવા માટે આ નંબર 855-710-6984 પર કૉલ કરો. |
| हिंदी Hindi | यिद आपके, या आप जिसकी सहायता कर रहे हैं उसके, प्रश्न हैं, तो आपके अपनी भाषा म निःशुल्क सहायता और जानकारी प्राप्त करन का अधिकार है। किसी अनवादक स बात करन क लिए 855-710-6984 पर कॉल करें।. |
| Italiano Italian | Se tu o qualcuno che stai aiutando avete domande, hai il diritto di ottenere aiuto e informazioni nella tua lingua gratuitamente. Per parlare con un interprete, puoi chiamare il numero 855-710-6984. |
| 한국어 Korean | 만약 귀하 또는 귀하가 돕는 사람이 질문이 있다면 귀하는 무료로 그려한 도움과 정보를 귀하의 언어로 받을 수 있는 권리가 있습니다. 통역사가 필요하시면 855-710-6984 로 전화하십시오. |
| Diné Navajo | T'áá ní, éí doodago la'da biká anánilwo'ígii, na'idíłkidgo, ts'ídá bee ná ahóóti'í' t'áá níík'e níká a'doolwoł dóó bína'ídíłkidigíí bee níł h odoonih. Ata'dahalne'igíí bich'j' hodiílnih kwe'é 855-710-6984. |
| فارسی Persian | اگر شما، یا کسی که شما به ی کمک می کنید، سؤالی داشته باشید، حق این را دارید که به زبان خود، به طور رایگان کمک و اطلاعات دریافت نمایید جهت گفتگر با یک مترجم شهافی، با شماره اتعمد حاصل نمایید 858-710-858 |
| Polski Polish | Jeśli Ty lub osoba, której pomagasz, macie jakiekolwiek pytania, macie prawo do uzyskania bezpłatnej informacji i pomocy we własnym języku. Aby porozmawiać z tłumaczem, zadzwoń pod numer 855-710-6984. |
| Русский Russian | Если у вас или человека, которому вы помогаете, возникли вопросы, у вас есть право на бесплатную помощь и информацию, предоставленную на вашем языке. Чтобы связаться с переводчиком, позвоните по телефону 855-710-6984. |
| Tagalog Tagalog | Kung ikaw, o ang isang taong iyong tinutulungan ay may mga tanong, may karapatan kang makakuha ng tulong at impormasyon sa iyong wika nang walang bayad. Upang makipag-usap sa isang tagasalin-wika, tumawag sa 855-710-6984. |
| اردو Urdu | اگیر آپ کی، یا تھے اپسے فرد کی جس کی آپ جدد گزریے ہیں، غوثی مربوال درپیش مے شر، آپ کی اپنی زبان میں مضعمدد اور معلومات حاصل کرنے کا حق مے۔ مترجم منے بات کرنے کے بہے، 884-710-858 ہے گال کریں۔ |
| Tiếng Việt Vietnamese | Nếu quỳ vị, hoặc người mà quỳ vị giúp đỡ, có câu hói, thi quỳ vị có quyền được giúp đỡ và nhận thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, gọi 855-710-6984. |