



## Things to know for members moving from a nursing facility back into the community:

- You must be in a nursing facility for 90 days to get help moving back into the community.
- When the 90 days have passed, you will tell your care coordinator at Blue Cross and Blue Shield of New Mexico and the nursing facility social worker at the facility you want to move back into the community. They will work together to help you.
- Your care coordinator at BCBSNM and the nursing facility social worker will schedule a meeting with you to learn about your needs. You can bring other people with you.
- Your care coordinator at BCBSNM and nursing facility social worker will talk to you about your income and eligibility for housing.
- You will work with your care team to create a discharge plan to address your needs.
- Your care coordinator will meet with you to complete an assessment. This assessment can help decide if you need someone to come into your home to help with everyday needs. Your care coordinator can request up to \$4,000 to assist you with things like household goods, security deposit or utilities.
- A meeting will be held to schedule a date for you to leave the facility and to make sure everything is in place.
- Your care coordinator will schedule a home visit three days after you go home to make sure you are doing well. Your care coordinator will stay in touch with you for 90 days to make sure you are still doing well, and you have everything you need.
- After 90 days, a community care coordinator will call you to help you with anything you need and make sure you are still doing well at home.

Call your care coordinator with any questions or concerns.

Such services are funded in part with the State of New Mexico.

To ask for auxiliary aids and services or materials in other formats and languages at no cost, please call 1-866-689-1523 (TTY/TDD: 711).

Blue Cross and Blue Shield of New Mexico complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability. See our full non-discrimination notice and contacts.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

Díí baa akó nínizin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiiik'eh, éí ná hóló, kojį' hódíłnih 1-855-710-6984 (TTY: 711).